Management of Sacral Tumors

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Background

Tumor surgery from oncologic point of view

- ✓ Paliative surgery = Intralesional surgery
- ✓ Curative surgery
 - ✓ a)Wide marginal resection Gross total resection
 - \checkmark b)Extra-marginal resection Total resection
 - = Radical surgery = Sacrectomy



- ✓ An oncologic surgery is possible in sacrum
- ✓ Challenges of preservation of roots and visceral structures
- ✓ Challenges of sacroiliac fixation

Problems of Radical Sacrum Surgery 1-Protection of the vascular structures



Problems of Radical Sacrum Surgery 2-Protection of the visceral structures



Problems of Radical Sacrum Surgery 3-Protection of the roots and plexus



✓ Preservation of the lumbar roots allows ambulation.
✓ Loss of bladder function
✓ Loss of bowel control
✓ Loss of sexual function Problems of Radical Sacrum Surgery 4-Excessive bleeding

Leaving substances on the bed of tumor
✓ Hemostatic gauze
✓ Fibrin glue
✓ Omentum flap

✓ Autotransfusion (Cell saver)

Problems of Radical Sacrum Surgery 5-Lumbosacral and sacroiliac stability

Lumbosacral junction

✓ Carries large loads

- \checkmark Loadbearing is shared by oblique force lines
- \checkmark Transition from mobile spine to rigid pelvis

✓ Sacrectomy above S1 destabilize sacrum and pelvic ring, and needs fixation

✓ Sacrectomy below S1 needs no fixation



Lumbo-sacro-iliac stabilization

Galvestone rods (L-rods) with wires (Allen & Ferguson, 1982)

Provides lumbo-pelvic fixation
 Recommended for scoliosis surgery
 Needs intact laminae
 Not rigid as screws



Allen BL Jr, Ferguson RL. The Galveston technique for L-rod instrumentation of the scoliotic spine. Spine 7:276-284, 1982

Harrington rods, transvers bar, wire Lumbo-sacro-iliac stabilization (Shikata technique, 1988)

✓ First stabilization system recommended after sacrectomy

- ✓ Combination of Harrington rods, wire and transvers bar
- \checkmark Iliac bones were brought together with a wire

✓L5 was lowered 2 cm and shifted anteriorly



J. Shikata, T. Yamamuro, Y. Kotoura, et al.

Total sacrectomy and reconstruction for primary tumors J Bone Joint Surg Am 70-A:122-125, 1988

Galvestone rods (L-rods) with lumbar pedicle screws (Gökaslan et al)

✓ They added lumbar pedicle screws instead of Harrington rods.

✓ Two "L" shaped Galveston rods from lumbar pedicles to iliac wings.

✓ One threaded rod connecting left and right ilia

 \checkmark Tibial allograft strut between the ilia



Z.L. Gökaslan, M.M. Romsdahi, S.S. Kroll, G.L.Walsh, T.A.Gillis, D.M.Wildrick, M.E.Leavens Total sacrectomy and Galveston L-rod reconstruction for malignant neoplasms: Technical note J Neurosurgery 87:781-787, 1997

Lumbo-sacro-iliac stabilization

Custom made system (Salehi et al)



Neural function preservation and early mobilization after resection of metastatic sacral tumors and lumbosacropelvic junction reconstruction - Report of three cases

S.A. Salehi, R.R. McCafferty, D. Karahalios, S.L. Ondra

J Neurosurgery: Spine 97/1: 2002

Surgical Team

✓ Spinal neurosurgeon
✓ Abdominal surgeon
✓ Plastic surgeon

Clinical Series

- Primary sacral tumors surgically treated at The University of Ege, Izmir, Turkey (1991 – 2003)
- 34 patients (14 males, 20 females)
- Mean age 42 yrs (range, SD 17 yrs)
- Median duration of symptoms = 20 months
 (7 days to 10 yrs)
- Median follow-up 42 months (range 1 month-12 yrs)

Pathology

Malignant Tumors	20	
✓ Chordoma		8
✓ Chondrosarcoma		3
✓ Osteosarcoma		2
✓ Liposarcoma		1
✓ Solitary plasmocytoma		2
✓ Ependymoma		3
✓ Malignant hemangioperycitoma		1
Benign Tumors	14	
✓ Giant cell tumor		6
✓ Giant schwannoma		6
✓ Aneurysmal bone cyst		1
✓ Hemangioma		1

Clinical Findings

Unilateral sciatic pain	15
Bilateral sciatic pain	6
Local pain only	10
No pain	2

NEUROLOGICAL FINDINGS

Monoparesis	4
Cauda equina syndrome	6
(distal paraparesis & sphincter problem)	
Sphincter problem	18
No findings	16

Surgery

✓ Sacrectomy
✓ Gross total resection
✓ Intralesional subtotal resection
✓ Intralesional partial resection
5

Adjunctive Therapy

 RT
 10

 RT + CT
 2

 None
 22

Surgery

✓ Sacrectomy – anterior-posterior
 ✓ Sacrectomy (distal) - posterior
 ✓ Posterior resection
 ✓ Posterior-anterior resection
 ✓ Anterior resection
 3

✓ Number of operations 2.3 ± 2.1

Sacrectomy

✓ Chordoma
 ✓ Chondrosarcoma
 ✓ Osteosarcoma

9 4

Sacrectomy - Indications

- Lesions above S2 (Sacroiliac joint)
 - Anterior-Posterior resection (Total Sacrectomy)
 - Two sequential approaches
 - (Stener & Günterberg, 1978)
 - Synchronous app
 - (Localio et al 1980)
- Lesions below S2 (Sacroiliac joint)

Posterior resection only (Distal Sacrectomy)

E.B. 18 y.o. Female, low-back pain, urinary incontinence for 2 years. 2 previous operations in other departments with partial resection only. Direct X-rays showing ossified mass covering almost all pelvis.

Previous histology was osteosarcoma.

MR images: tumor occupying most of the pelvis, sacrum and L5 vertebral body.

0 SCA y= +0.18cmFR

E B P

NO C

EBRU BHTRHNUGLU

1996/0

1.1

06 1

aNP



CT scans

Case 1



Case 1

We planned to excise two previous incisions.

State Inter

Case 1



1st operation: June 1996 Total sacrectomy + partial hemipelvectomy. Anterior and posterior approaches.

Duration: 17 hoursBlood loss: 3400 ml (11 unit blood transfusion)

L4 dura mater (Distally ligated)



Case 1

Rectum

L4 lower end-plate

R & L lumbosacral plexus

In order to cover the posterior skin defect,

Plastic surgery team has used a vascularized flap of the upper abdominal wall, turned it to the back with left rectus abdominalis muscle. Then they reconstructed umblicus anteriorly.

Case 1



Abdominal flap on posterior wound.

Case 1

Case 1



Healed flap 1 month postop

2nd surgery. 3 months later. Case 1 Pedicular screws in L2 and L3 Navicular screws through two plates with rods. Onlay iliac crest grafts taken from her father. Total sacrectomy + L5 spondylectomy + lumboiliac stabilization + allografts from dady.

Case 1

13 years follow-up. No recurrence. She can walk with sticks and aids.



42 y.o. Male, 3 years history of urinary urgency, constipation for 6 mths, rectoscopic exam revealed tumor obstructing rectum. Biopsy: low grade chondrosarcoma Case 2







Combined ventral – dorsal surgery First ventral surgery, "U" shaped incision, retroperitoneal dissection





Case 2
Ligation of both internal iliac arteries, median sacral artery



Then, dorsal surgery, Kravse incision, dissection of gluteal muscles, sciatic nerve, L5 partial laminectomy, ligation sacral dura with roots distal to L5 roots, L5-S1 discectomy, posterior osteotomy at the level of sacroiliac articulation.



Tumor from above



Tumor from ventral



Sacral canal



Lumbopelvic stabilization system

07

Two lateral bars (threaded) connecting both iliac wings Sagittal rods are connected to the transvers rods.

Lumbopelvic stabilization at the same session L3-L4 pedicular screws, two iliac bars, femoral allograft ventral and dorsal to iliac bars, supported with autografts and DBM

Mesh covering rectum, grafts posterior to the transvers bars.





28 y.o.Male. Chondrosarcoma, 2 previous surgeries.



















Sacrectomy: Complications

Duration of surgery Blood loss 6-22 hours (mean 13.4 ± 4.4) 2400-5250 ml (mean 4518 ± 1773)

Vascular injury		none
Early postoperative death (1st month)		3
Fat emboli	1	
Rectum perforation	2	
Motor deficits (foot drop)		3
Infection, wound problems		5
Dural tears, CSF fistulae		1

Sacrectomy Results

The mean follow-up 5,1 year $(\pm 2,7)$ (range 1 - 8 yrs)

Death on follow-up2(13 mths & 5 yrs survival)1Alive with recurrence1Alive with metastasis, w/o recurrence2Alive with no recurrence6 $(1 - 8 \text{ yrs}; \text{ mean survival } 4.8 \text{ year } \pm 3.1)$

Sacrum tumors may remain w/o symptoms for long periods, they reach big dimensions at the time of diagnosis. Significant blood loss during intralesional resection of big masses.

Bleeding Control by balloon occlusion of the aorta

- Intralesional surgery for giant sacral tumors necessitates good bleeding control
- Transient occlusion of aorta controls bleeding
- This method has been introduced in 2005 from China in 3 patients

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Surgical Excision of Sacral Tumors Assisted by Occluding the Abdominal Aorta with a Balloon Dilation Catheter: A Report of 3 Cases

Chuan Mi, MD, Hailin Lu, MD, and Hong Liu, MD

52 y.o. Female patient. Local pain on sacrum, difficulty in sitting, huge mass on buttocks. No sphincter disturbance. Constipation and urinary urgency due to mass effect



Diagnosis and Surgical Planning

Pre-op true-cut biopsy: Chordoma Surgical planning: We recommended total sacrectomy. She refused it

due to possible sphincter disturbance. Then an intralesional resection is planned.



Surgery: 1st stage

- In the morning of surgery, patient is transferred to interventional radiology unit.
- ➢ Femoral artery is catheterised under local anesthesia.
- A 20F balloon dilatation catheter (Boston Scientific) is placed in abdominal aorta distal to bifurcation of renal arteries.



Inflated balloon in infrarenal aorta. Contrast injection into the aorta lumen after inflation confirmed total occlusion



Surgery: 2nd stage

Then the patient is transferred to operating theater. Under general anesthesia she was turned to prone position. Huge mass tends to protrude from the skin.





Femoral catheter on right side.



C-arm fluoro confirms the site of catheter.



Surgery: 3rd stage

After incision, and just before resection, balloon was inflated under AP fluoroscopy with 15 ml saline containing 5% omnipaque and istal aorta was occluded. Intralesional resection is performed and approximately 80-90% of the tumor was removed in 40 minutes. Total loss of blood was 800 ml.



Surgical Management Important Considerations

- Just before occlusion 5000 U heparine injection
- Blood pressure increases after occlusion / cooperation with anesthesia !
- After resection IV protamine



Conclusions

- 1-Radical surgery of the sacrum is possible with a colloborative team work. It is however a long and bloody operation.
- 2-The problems such as wound infection and stabilization needs to be solved.
- 3-Although the surgery of sacral tumors remains to be a challenge for the surgeon and oncologist, it is possible to perform a radical surgery with low mortality and acceptable morbidity
- 4-Key points in the management of primary sacral tumors are tumor biology, existing neurological damage and stabilization problems.
- 5-Extensive surgery -sacrectomy- should be preferred in selected primary sacral tumors.

Thank you