

# Tips and Tricks in Craniosynostosis and Skull Deformity Management



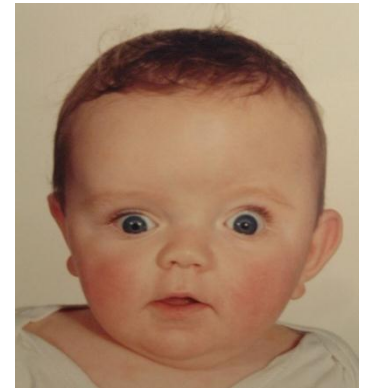
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Pediatric Neurosurgery  
Asklepios Children's Hospital  
St. Augustin / Bonn  
Germany



## Non syndromic – isolated – single suture

### Etiology

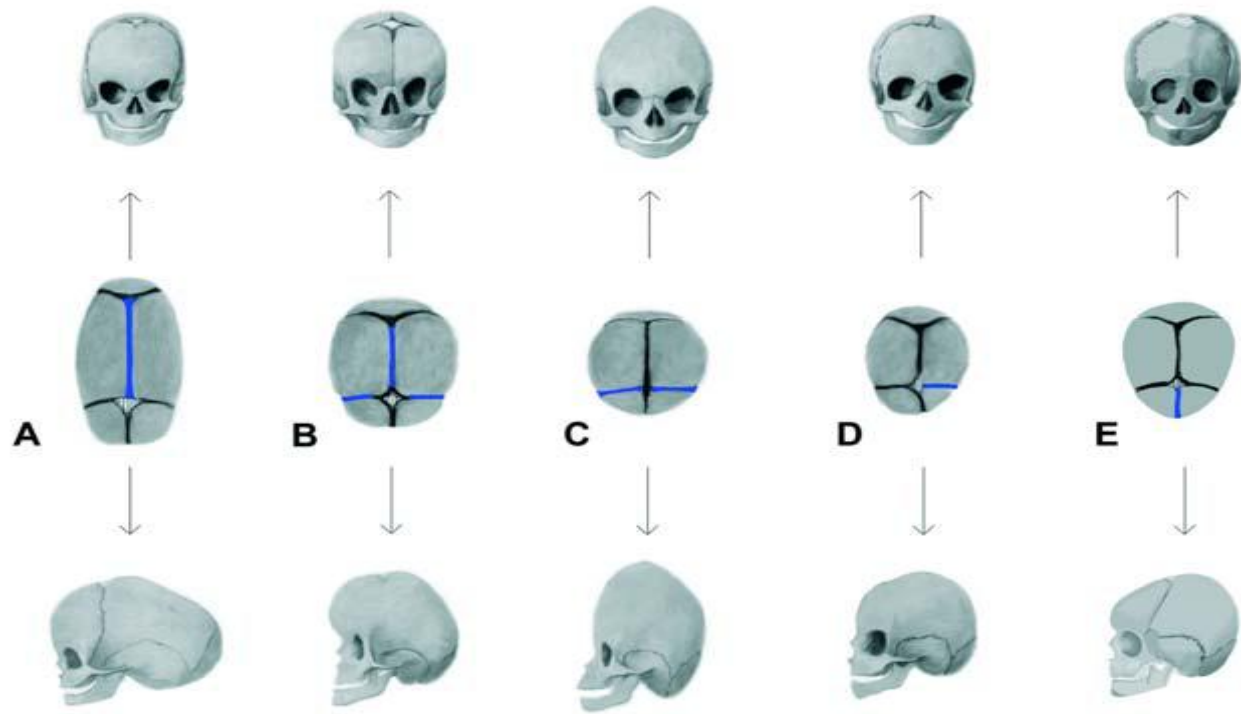
- epigenetic /environmental (pressure modulated)  
obstetric related, idiopathic
  - multiple pregnancy
  - oligohydramnion
  - malposition
- Genetic (syndromic)
  - chromosomal abnormalities
  - point mutations and microdeletions
    - FGFR (II) and TWIST genes
  - undiscovered

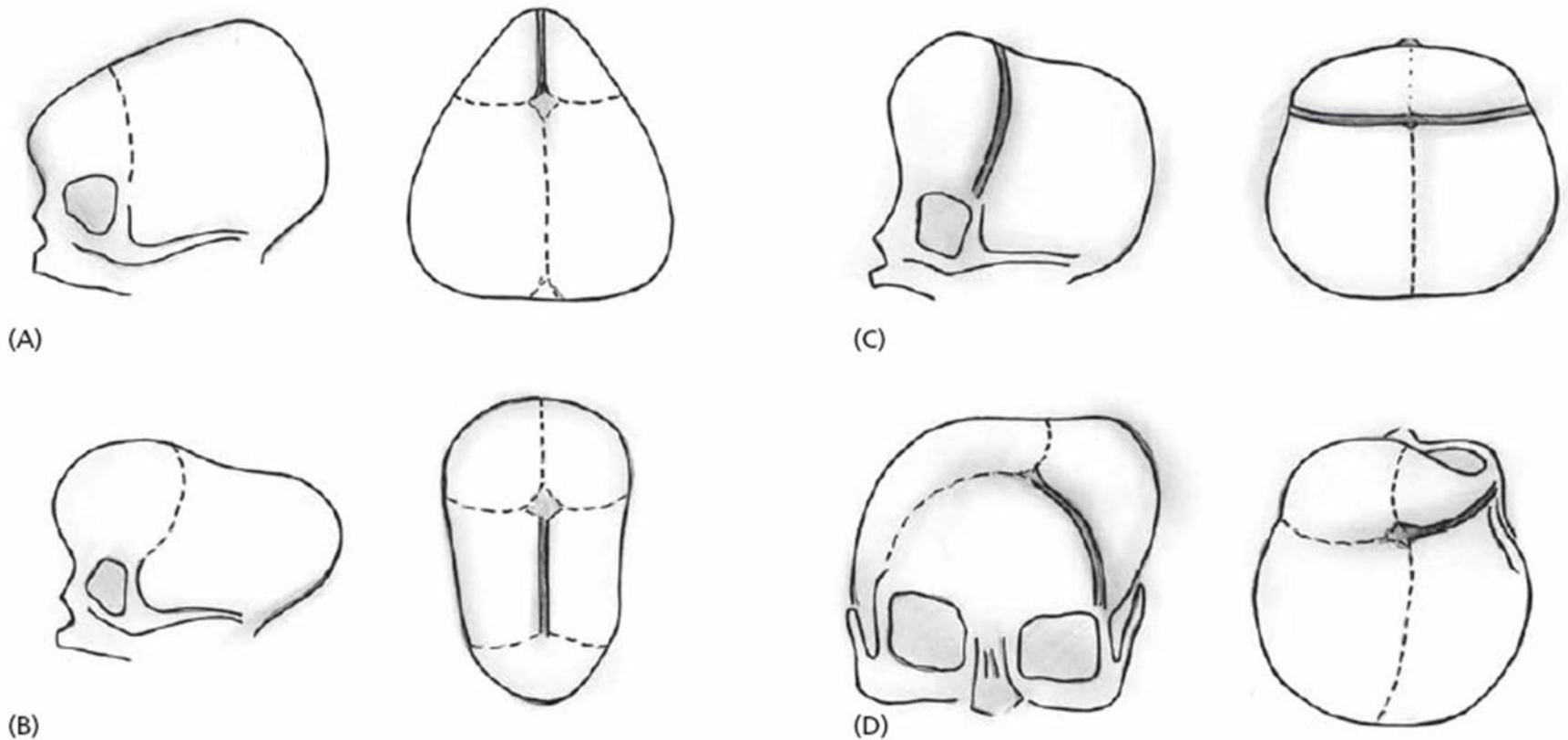


# Incidence

overall = 1:2.000-3.000

- syndromic 20-25%
- non-syndromic 75-80%
- metopic 14% **E** ↑
- sagittal 40% **A**
- coronal 20%
- UCS 12% **D**, BCS 8% **C**
- lambdoids 1%





**Figure 32.2** Single-suture craniosynostosis results in specific cranial deformities. (A) Trigonicephaly is the result of premature closure of the metopic suture and typical features are a frontal keel (↑), anterior displacement of the coronal sutures (↑↑), and compensatory bulging of the parietal squamae (↑↑↑). (B) Scaphocephaly is characterized by bitemporal or biparietal narrowing (↑), frontal (↑↑) and occipital (↑↑↑) compensatory bossing. The shape of the skull resembles the keel of a boat or a saddle. (C) Brachycephaly means short skull and is the result of bicoronal craniosynostosis. The frontal region is flattened (↑) and some cases show early compensatory oxycephalic deformity (↑↑). (D) Anterior plagiocephaly results from unilateral coronal synostosis and causes asymmetrical and rotational deformity of the fronto-orbital region with additional midface and skull deformities.

**Non syndromic – isolated – single suture**

**Actual questions** 

Are non-syndromic craniosynostoses really non-syndromic?

→ genetics?

Why does the trigonocephaly incidence increase?

→ environmental / epigenetic factors?

# Management

- *Radiation free* diagnostics
- Surgery
  - standard
  - minimally invasive (sagittal, UCS)
  - + additional helmet therapy (?)
- *Radiation free* follow up (8-10 yrs)
  - foto scan
  - clinical
  - ophthalmological

# Tips for presurgical management

## Diagnostics

in most cases clinical evaluation is sufficient

in difficult / complex cases and for objective follow up

→ non radiating techniques

photo / video / laser scans (3D)

transfontanellar sonography

MRI (hydrocephalus, Chiari and other brain malformations)

## Surgical indication

standard → all deformities

(according to deformity: cranioplasty w/wo fronto-orbital advancement)

minimally invasive w/wo endoscopic assistance

(sagittal, mild unilateral coronal or metopic, early ICP↑ in syndromic cases)

## Advantage of early surgery

→ skull base malleable, highest cerebral pulsation forces

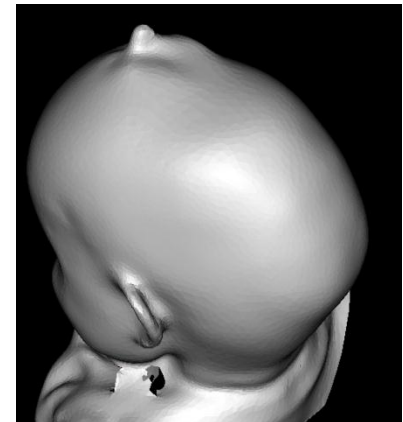
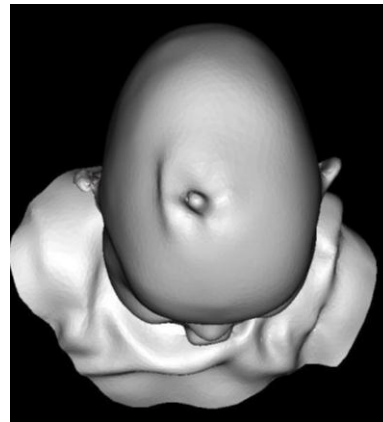
# diagnostics and follow up in cranial deformities

concept of “radiation-free diagnostics” in craniosynostosis

cranial suture sonography

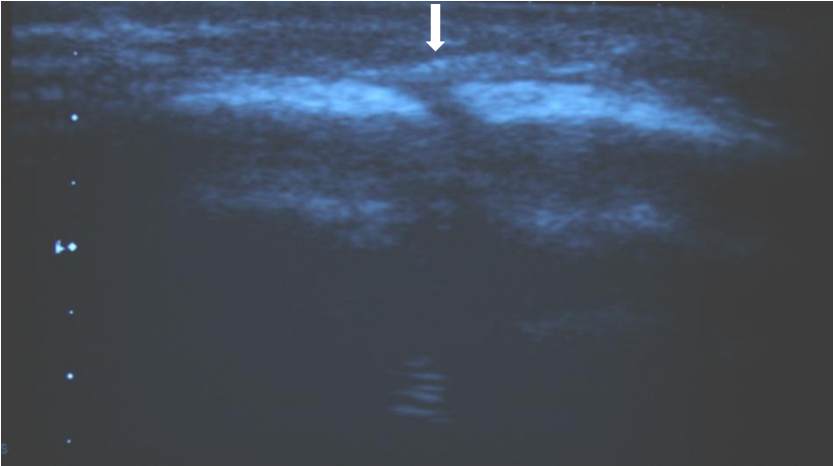
3D photo-laserscan pre / postoperative

brain sonography / MRI in syndromic patients

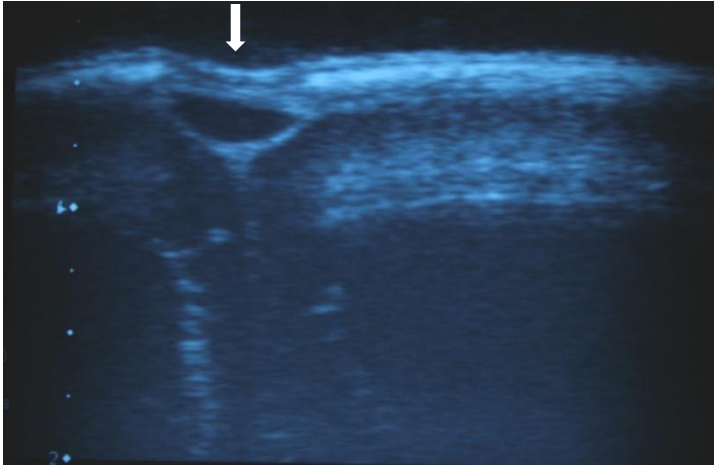




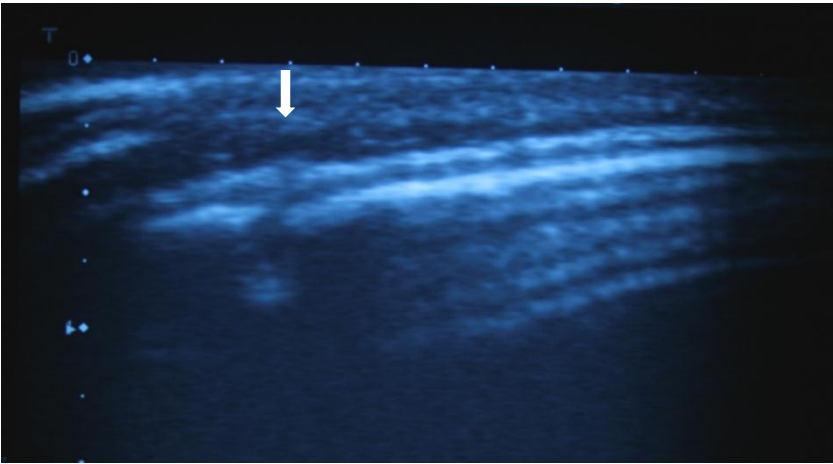
# cranial suture sonography



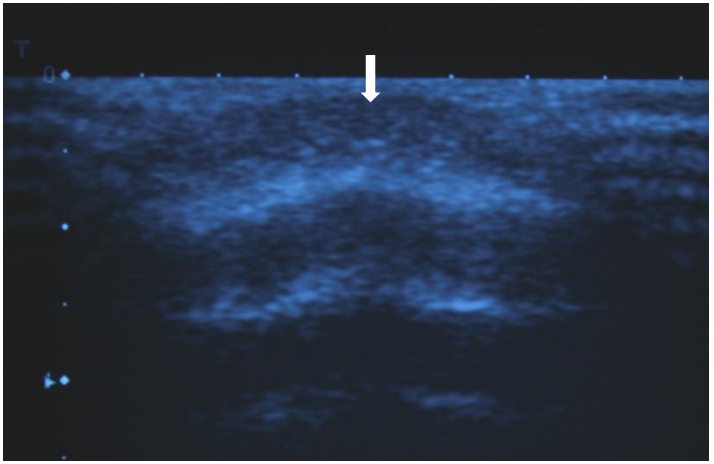
open lambdoid suture in positional plagiocephalus



open sagittal suture with sagittal sinus



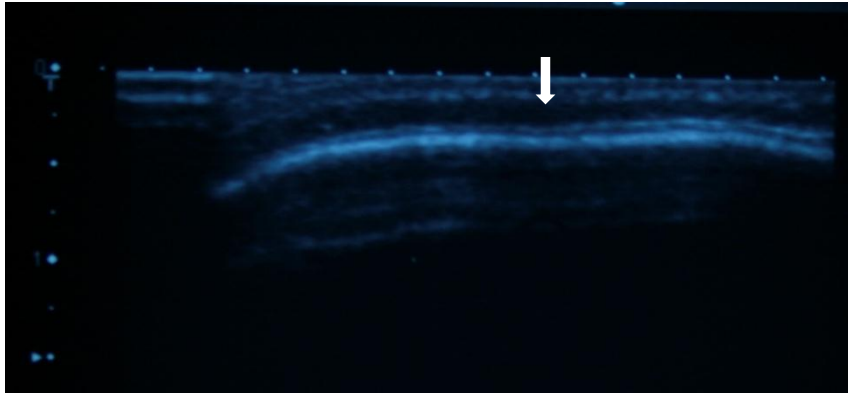
open coronal suture



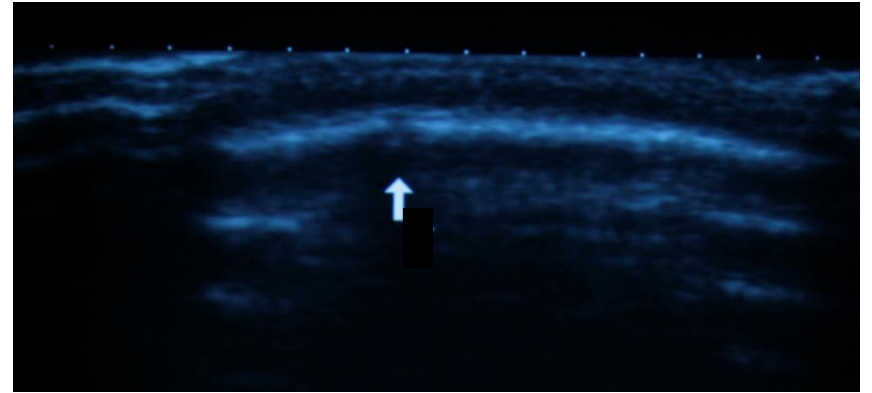
closed sagittal suture in premature sagittal synostosis

# cranial suture sonography

patient with unilateral coronal synostosis



closed coronal suture



open contralateral coronal suture

# 3D photoscan of craniofacial shape

## method

3D scan technique basing on combined photographic and video or laser scanning provides metric information

- head circumference and height
- cephalic index
- cranial volume

direct comparison between follow up scans

no radiation

no anesthesia / sedation

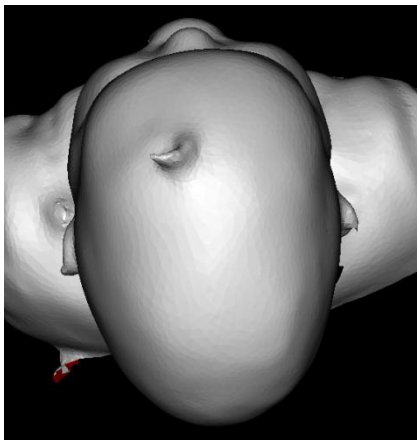
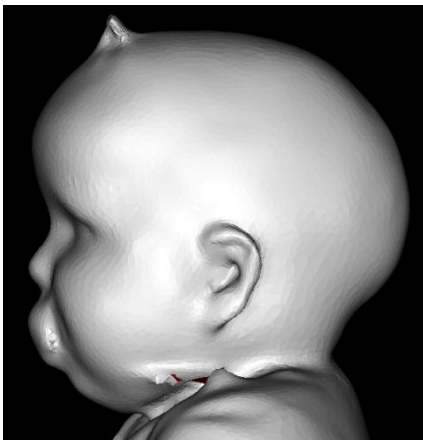
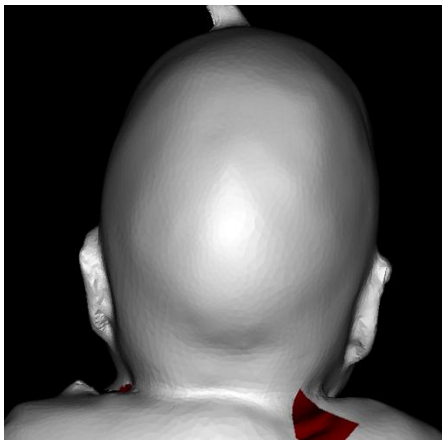
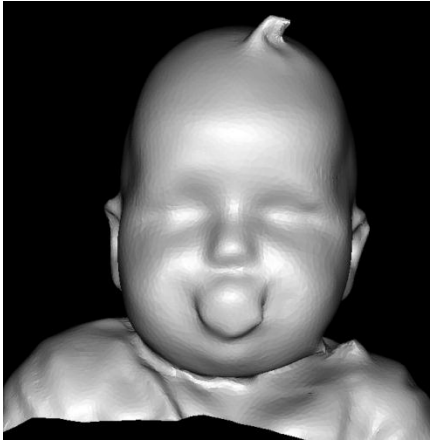
indications in skull deformities

- synostotic
- non-synostotic
- after skull defects

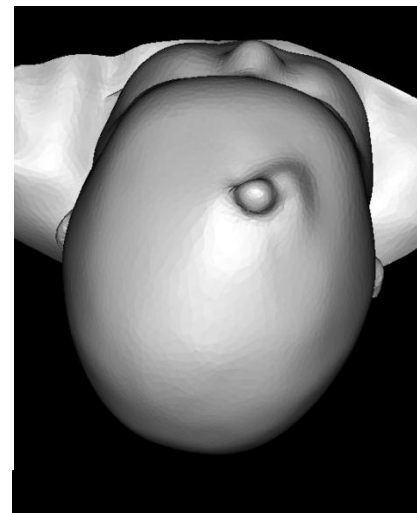
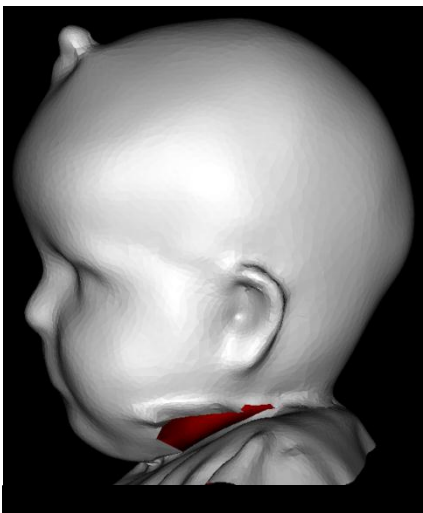
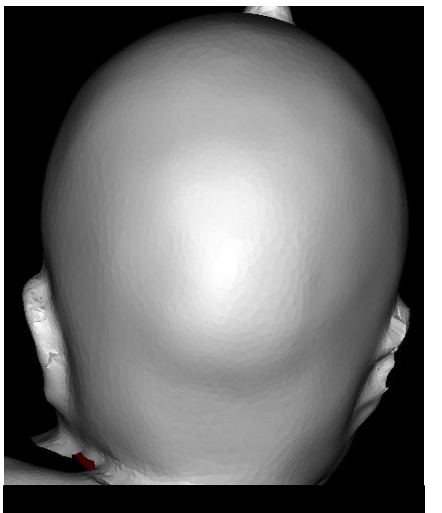
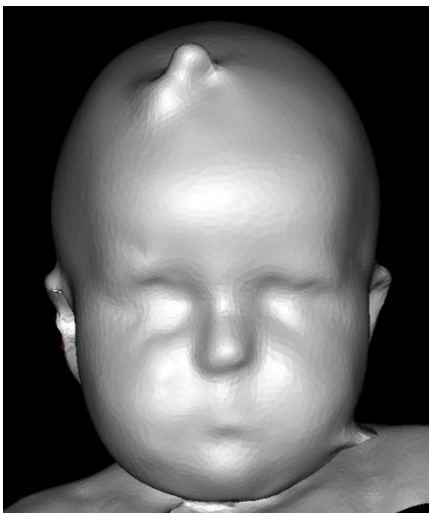
# Technical device for 3D photoscan of craniofacial shape



# sagittal synostosis



preoperative



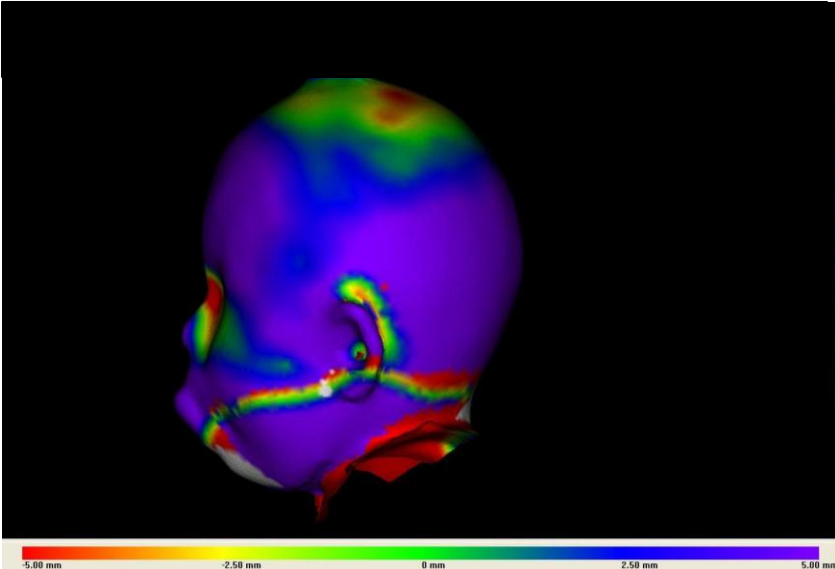
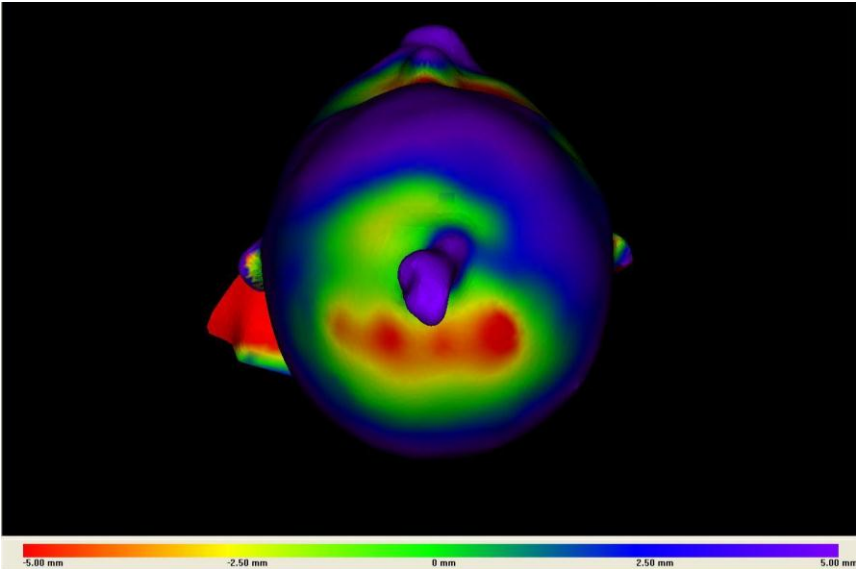
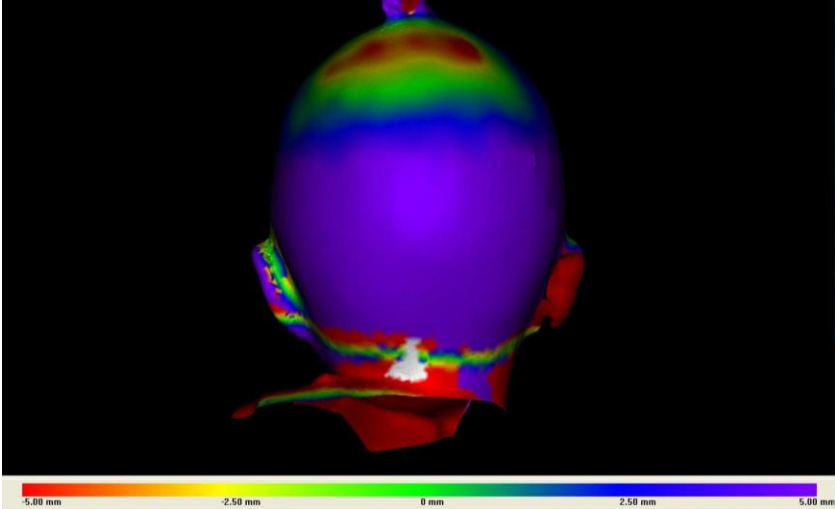
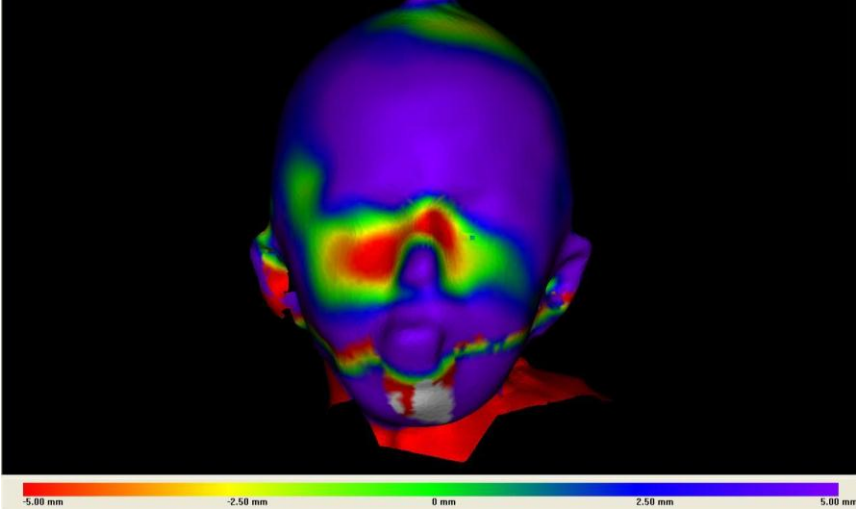
3 months postoperative

# bicoronal synosis

changes after 6 months

green:  
violet/blue:

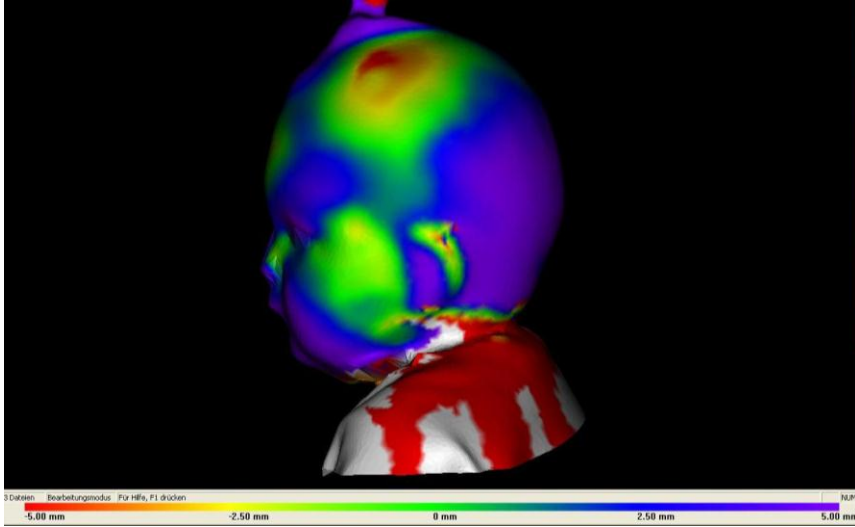
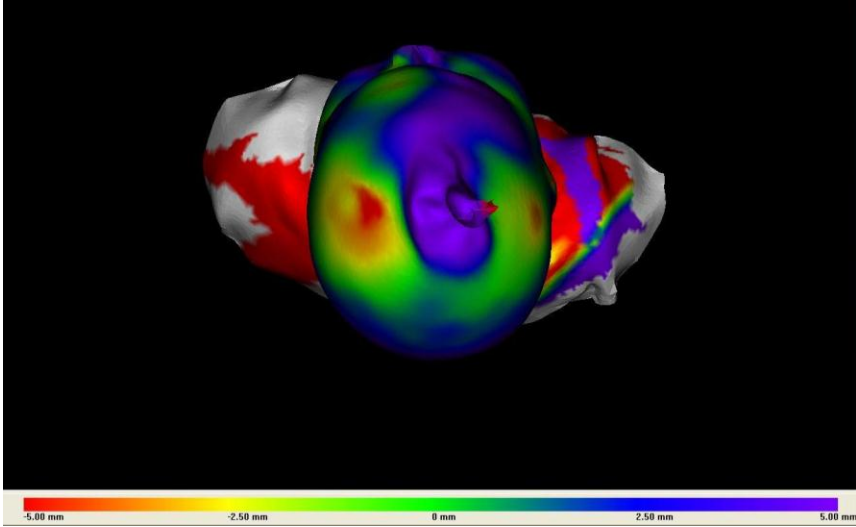
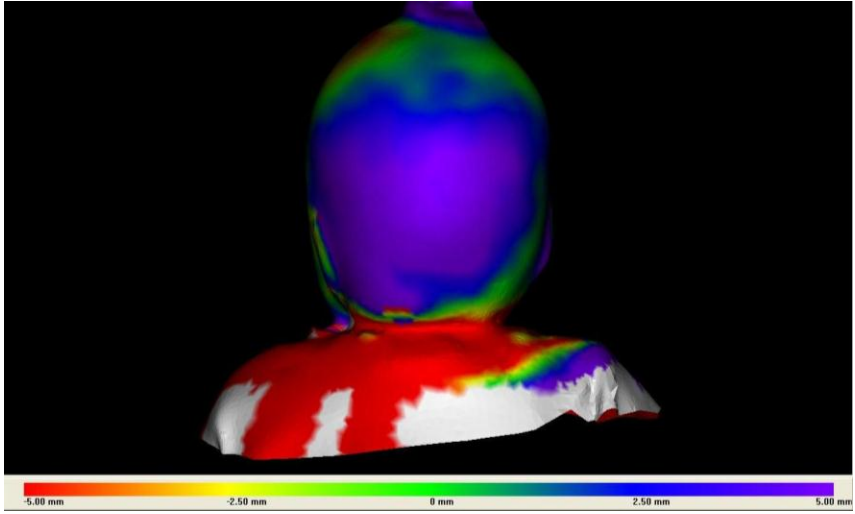
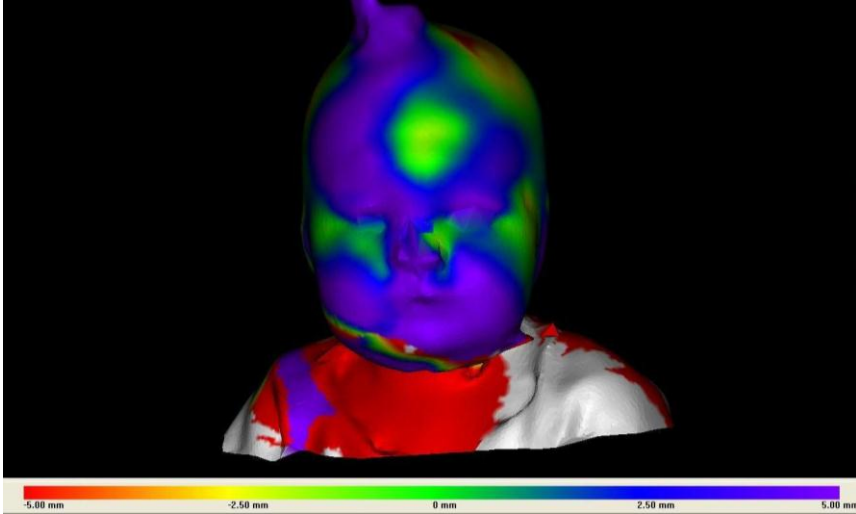
unchanged  
increased



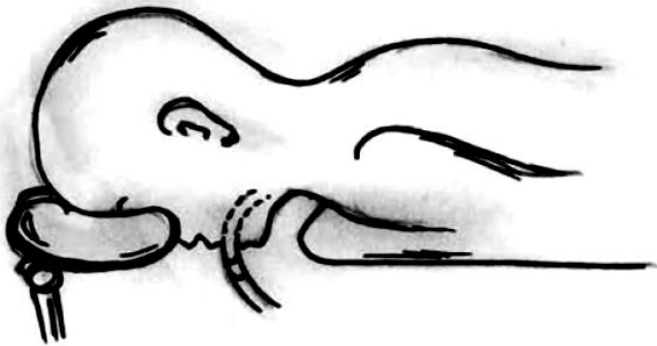
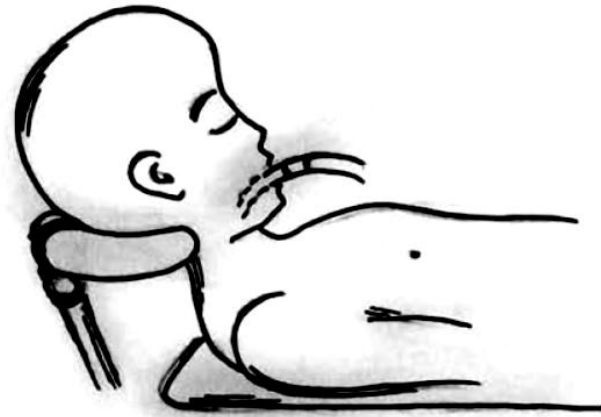
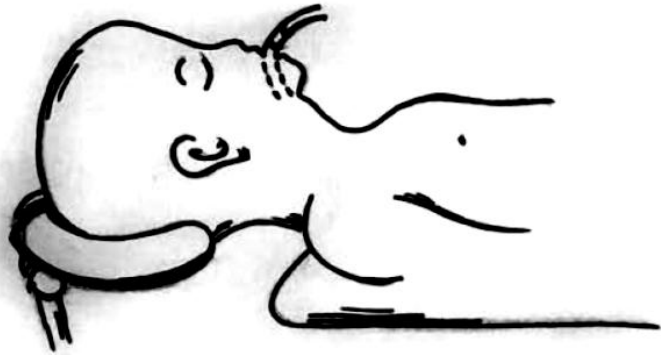
# metopic synostosis

changes after 6 months

green: unchanged  
violet/blue: increased



# Operative positioning in craniosynostosis surgery



**Figure 32.28** Positions in craniosynostosis surgery. (A) Supine position for frontal, frontoparietal and orbitofacial lesions. (B) Supine with head inclination for frontal and parietal and frontobasal lesions. (C) Prone position for parieto-occipital and suboccipital lesions. (D) Prone position with head reclinatio for total cranial vault exposure.



# Open standard surgery



sagittal synostosis post operative

## Technique

total cranial vault reconstruction

no standard bony cutting lines, depending on deformity and bone material  
fixation with PDS sutures

timing → around 6<sup>th</sup> month

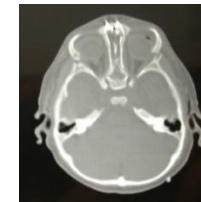
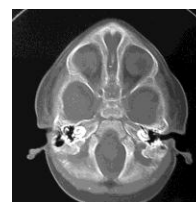
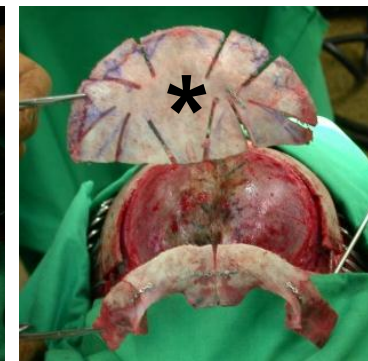
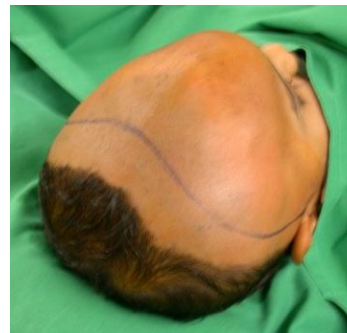
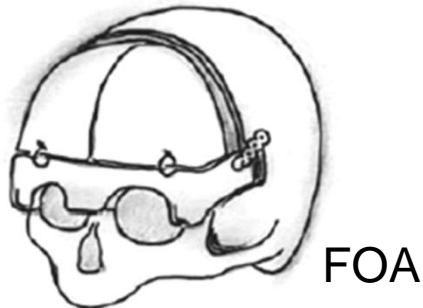
# Open standard surgery

## Technique

most standardized synostosis surgery  
classical fronto-orbital advancement with  
some hypercorrection (FOA)  
bifrontal reconstruction with reshaping\* or  
transposition-osteotomy  
rigid fixation (resorbable – non-resorbable)  
if non-resorbable  
→ explantation necessary after 3 months

timing → around 6<sup>th</sup> – 12<sup>th</sup> month

resorbable material sometimes causes  
local swelling and redness over < 1 year



metopic

# Open standard surgery

## Technique

most difficult single suture synostosis to treat  
classical fronto-orbital advancement with some hypercorrection (or one sided)  
bifrontal reconstruction with reshaping  
rigid fixation (resorbable / non-resorbable)  
if non-resorbable  
→ explantation necessary after 3 months

timing → around 6<sup>th</sup> month

resorbable material sometimes causes local swelling and redness over < 1 year

follow up for ENT- and occlusion problems



unicoronal

# Open standard surgery

## General remarks

only experienced team on both sides (surgeons and anesthetists)

always crossmatched blood + fresh frozen plasma available

anti-hemorrhagic measures (tranexamic acid)

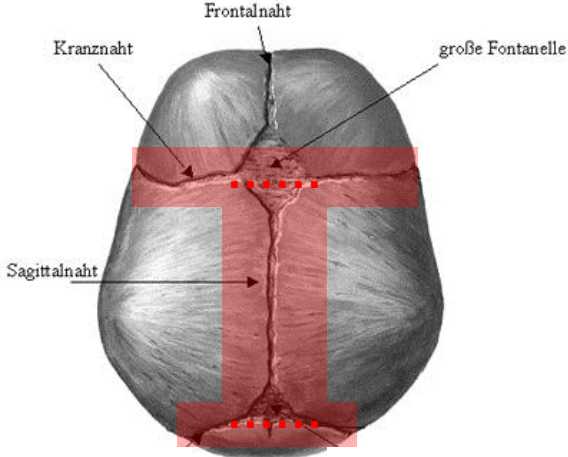
extubation in theater

ICU or IMC surveillance over night

avoid postoperative positional plagiocephaly in total cranial vault reconstruction

→ consequent occipital positioning (using pillows or towels) for at least 4-6 weeks

# Minimally invasive surgery (w / wo endoscopic assistance)



# Minimally invasive surgery

(w / wo endoscopic assistance)

best indication: early case of sagittal synostosis

→ early surgery week 8 -12

advantages

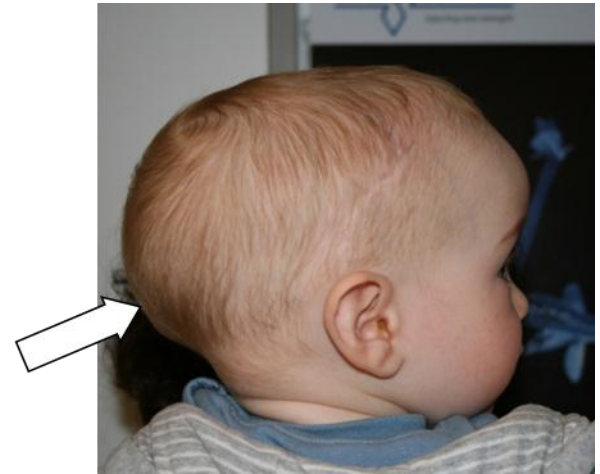
→ small skin incisions

→ malleable bone(skull base)

→ most rapid brain growth

adjuvant helmet therapy

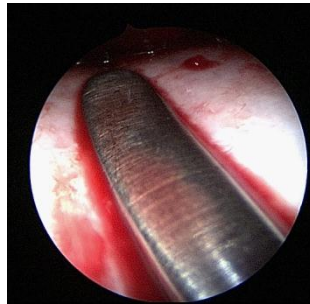
alternatively → active positioning (strictly occipital)  
to avoid occipital bossing



**also possible in mild unilateral coronal or metopic synostosis**



prone position with head reclined



# sagittal synostosis

pre OP



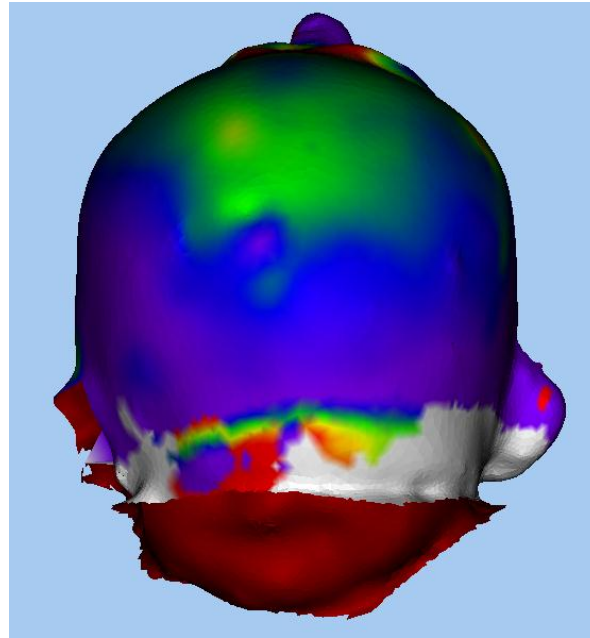
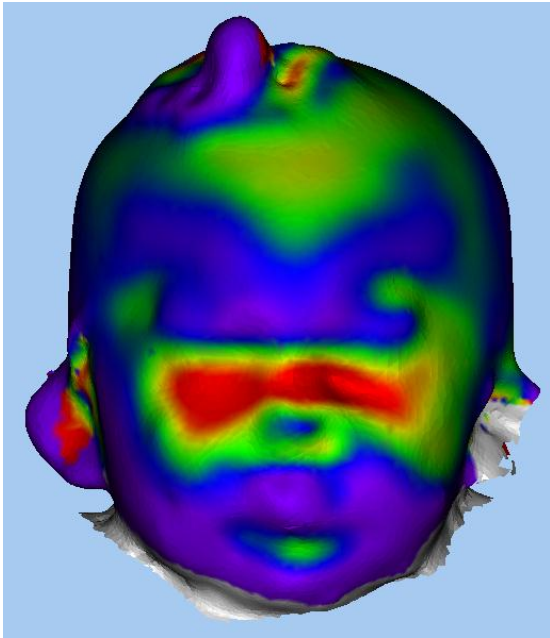
post OP (no helmet)





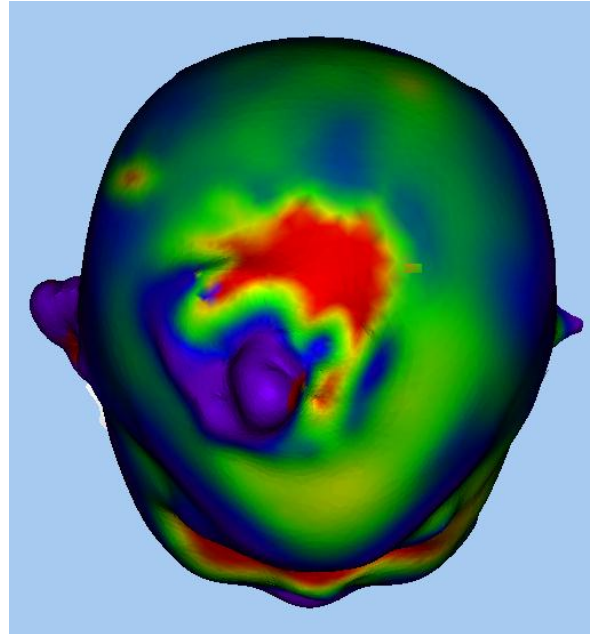
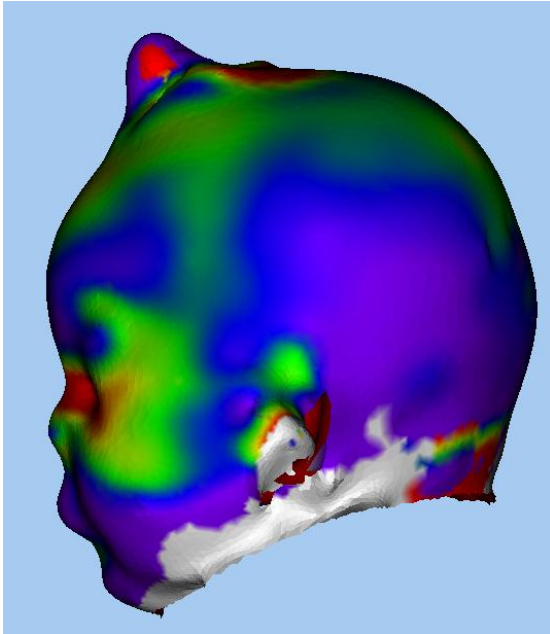
# metopic synostosis



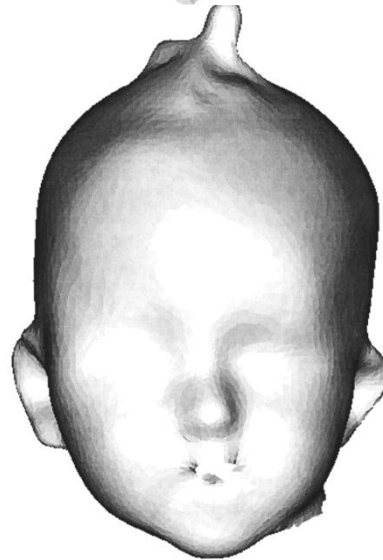
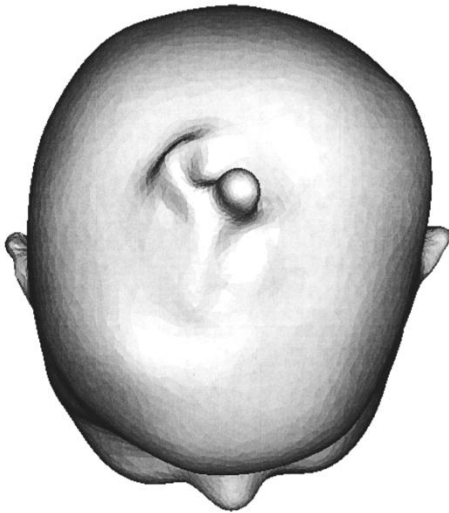
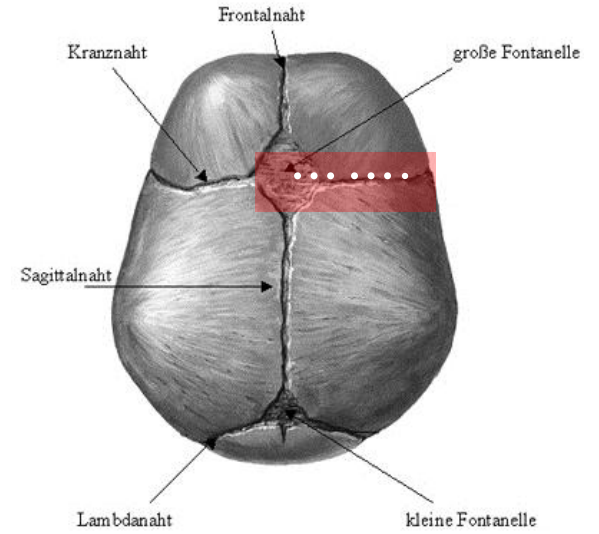
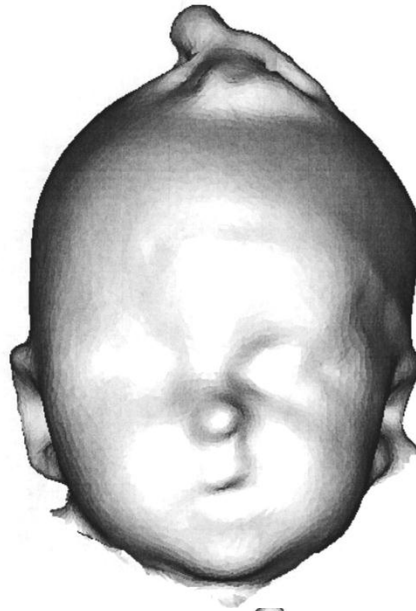
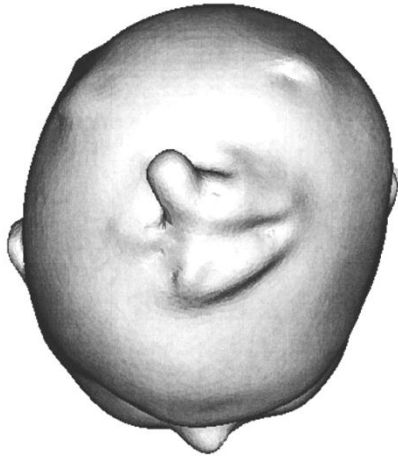


green:  
violet/blue:

unchanged  
increased



3 months follow up  
after minimally invasive surgery  
and helmet therapy  
in metopic synostosis



3 and 6 months follow up  
after minimally invasive surgery  
and helmet therapy  
in right sided coronal synostosis

# Minimally invasive surgery

## General remarks

only experienced team on both sides (surgeons and anesthetists)

always crossmatched blood + fresh frozen plasma available

anti-hemorrhagic measures (tranexamic acid)

extubation in theater

ICU or IMC surveillance over night

always Woodbridge tubes to avoid deviation during positioning

avoid postoperative positional plagiocephaly in minimal invasive suturectomy  
wo helmet therapy

→ consequent occipital positioning (using pillows or towels) for at least 4-6 weeks

## Differentiation between plagio in positional and synostosis cases

positional

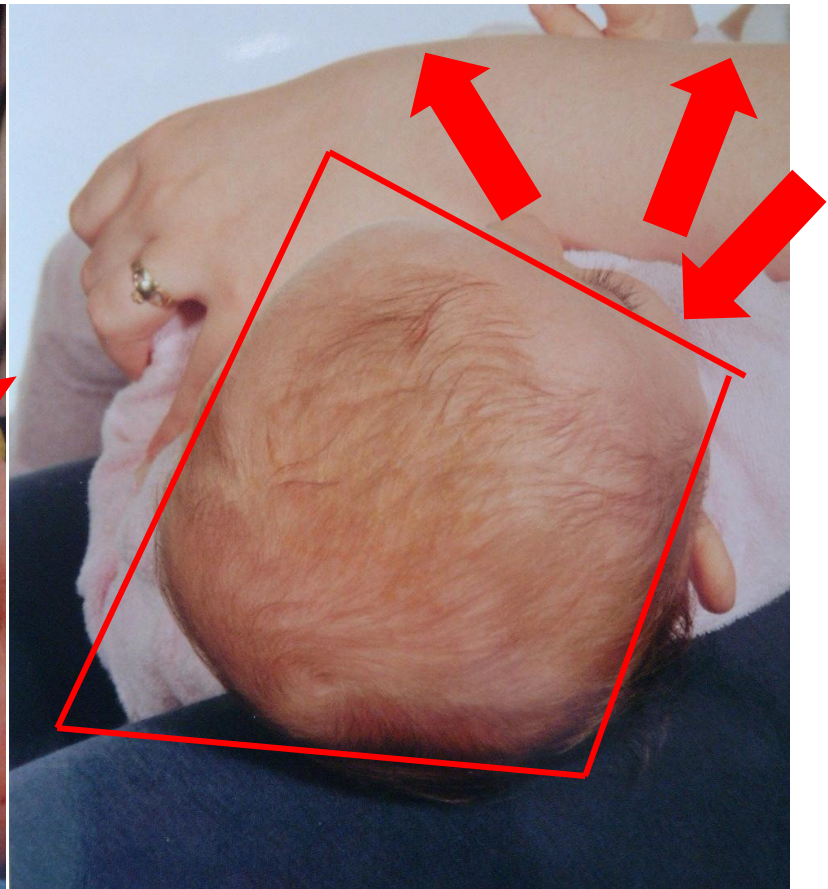
→ head shape = parallelogram

coronal unilateral or lamdoid synostosis

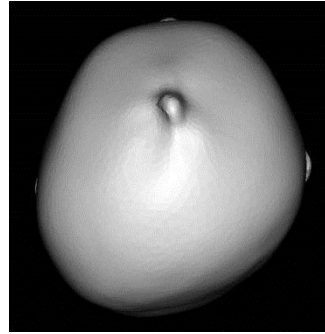
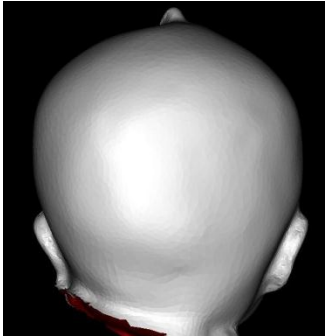
→ head shape = trapezium

positional plagio

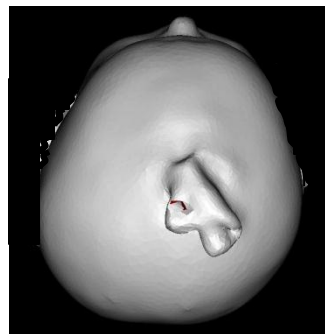
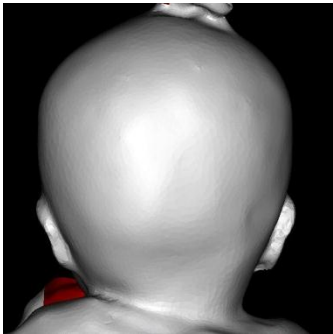
plagio in unicoronal synostosis



# positional plagiocephaly



pre helmet



post helmet

# Syndromic cases

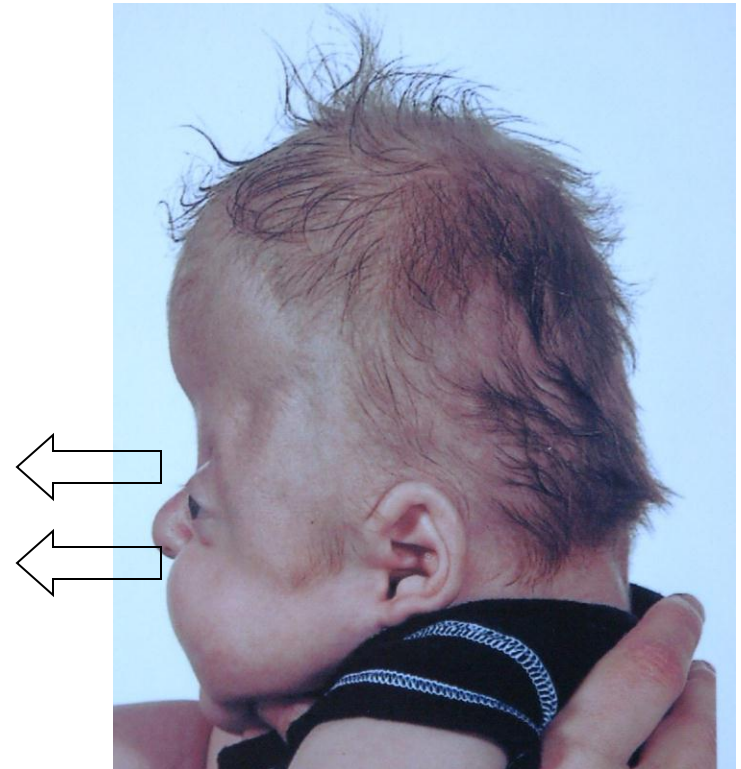
## cranial vault reconstruction

open total / partial  
morcellation  
transposition  
Rotation  
distraction

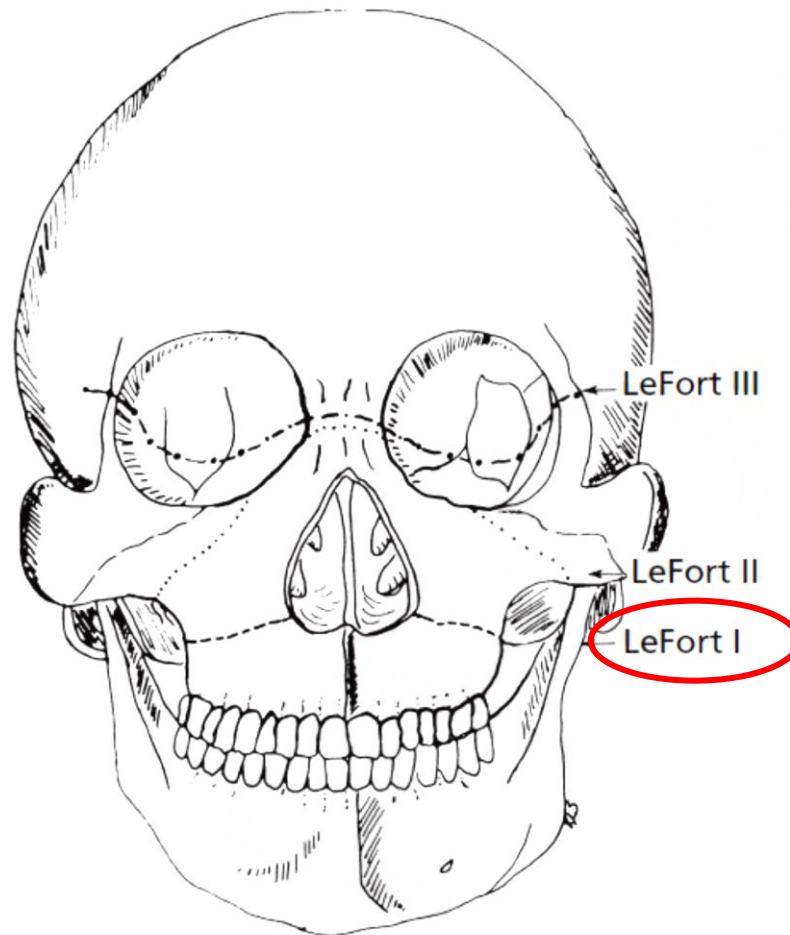
## facial reconstruction

fronto-orbital advancement (FOA)  
midfacial distraction\*  
monobloc-distraction  
occipital distraction

\* after dentation



# Midfacial distraction

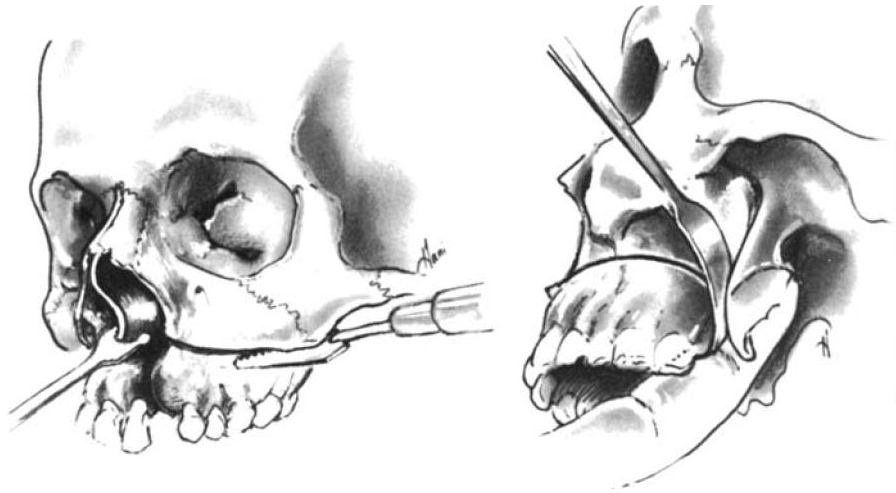


Le Fort osteotomy ( I, II, III )

→ preparation for midfacial distraction



# Midfacial distraction



Le Fort I



Le Fort II



Le Fort III

# technical remarks

*Ilizarov - principle* → distraction osteogenesis

additional neurosurgical treatment options

Gardner – decompression

CSF shunt

ETV

syndromic craniosynostoses

→ often multiple surgeries necessary

# Follow up

## General remarks

avoid radiation

subjective (surgeon, parents, pediatrician) and objective (measures, scans, fotos)

twice a year ophthalmologic control (papiledema, strabism, astigmatism)

clinical signs of ICP  $\uparrow$  (following secondary microcephaly or impaired venous drainage)

until 8 to 10 years of age !!!!!

In case of adjuvant helmet therapy  $\rightarrow$  control by surgeon, avoid skull growth restriction and pressure ulcers

Craniosynostoses are interdisciplinary cases – also during follow up !!!!

**Many thanks to all actual and recent coworkers, who contributed to the management and documentation of the presented cases:**

Markus Martini

Andreas Röhrig

Sergey Persits

Sandra Kunze

Christoph Wiegand

Holger Maas & Stefan Rottke

Roland Albers

Claudia Schmidt

Ehrenfried Schindler

...

and to all parents who gave their consent to use their childrens' material

... better to visit a  
neurosurgeon ...



Thank you !