

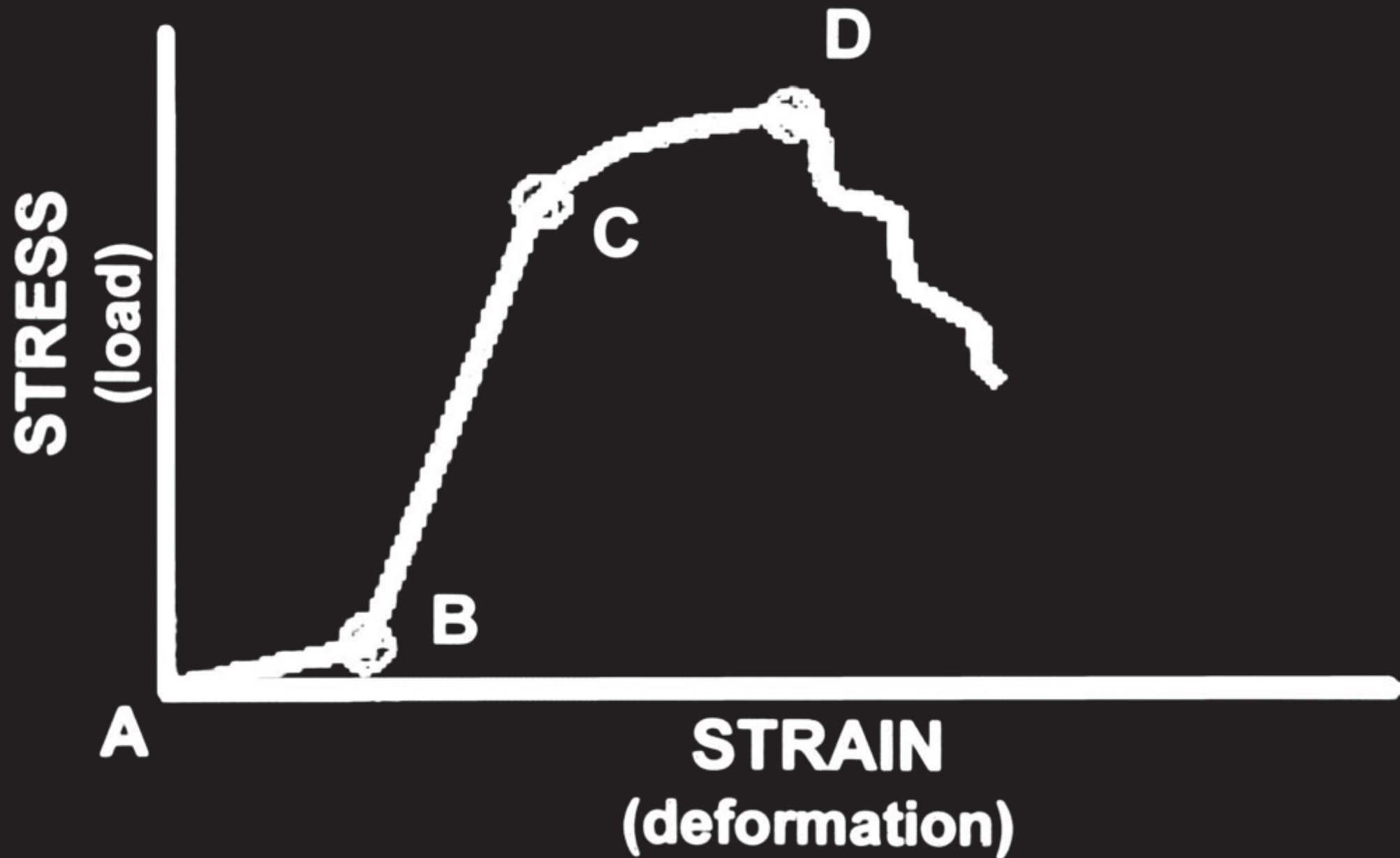
# Cervical Deformity

Ed Benzel



**DePuy**  
**OrthoMEMS**  
**AxioMed**





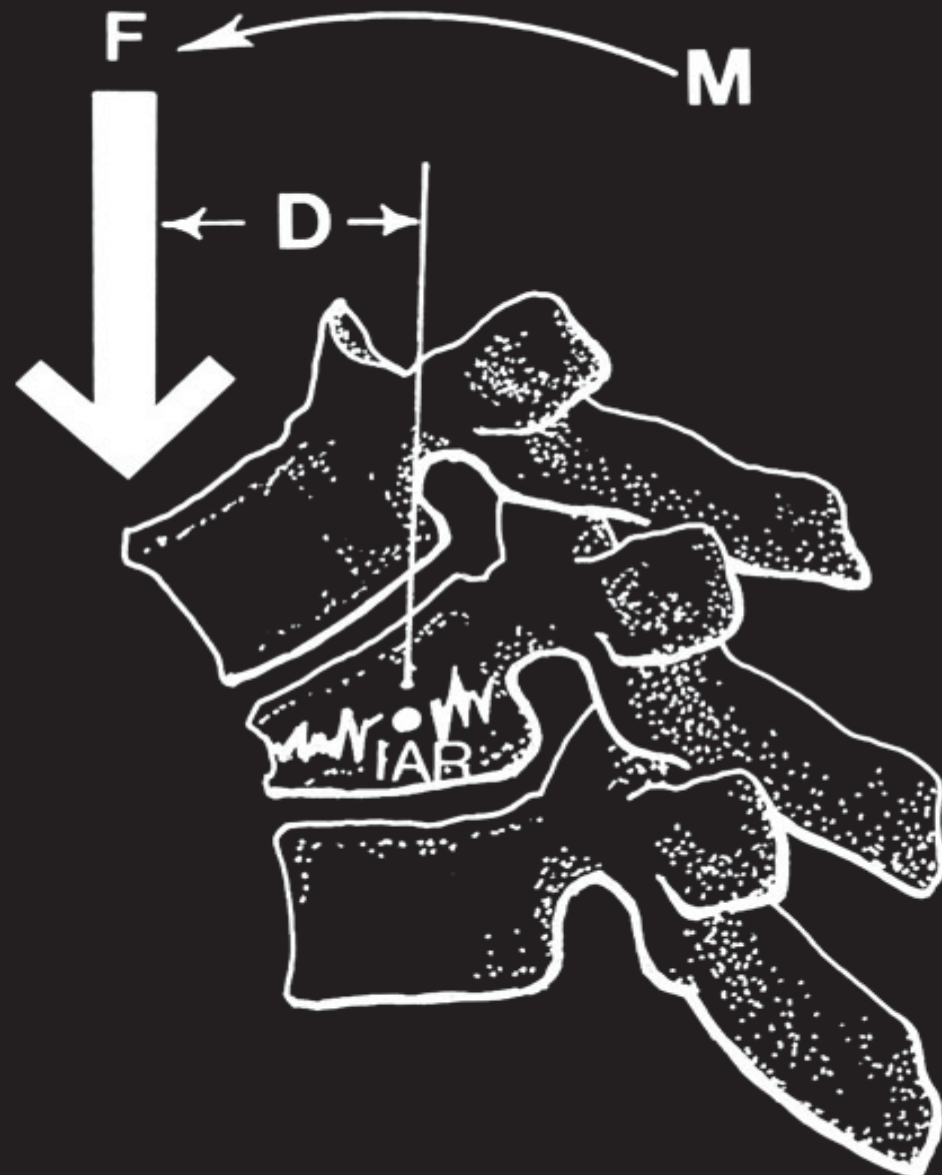
# BIOMECHANICS OF SPINAL COLUMN FAILURE





$$M = F \times D$$

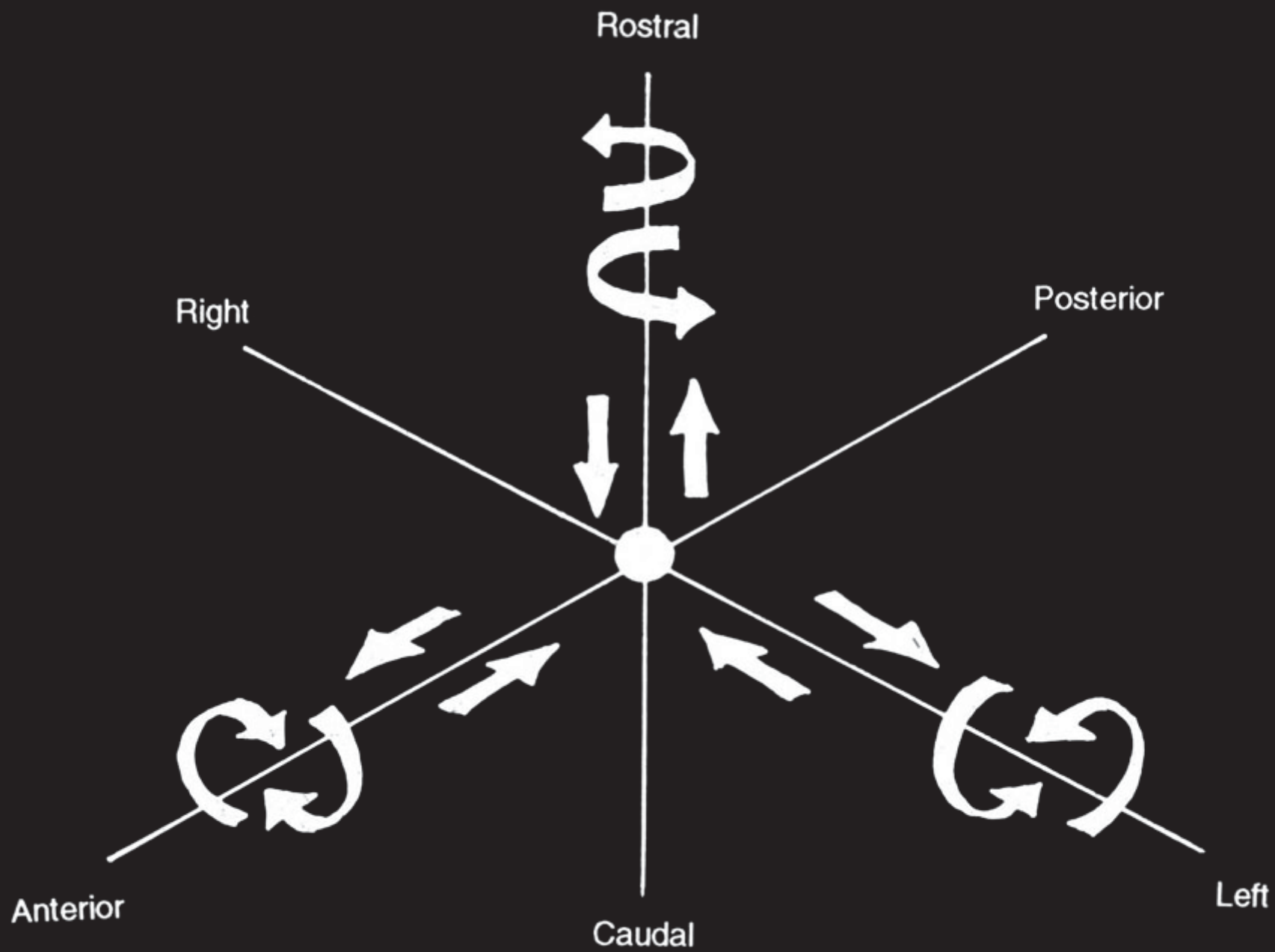




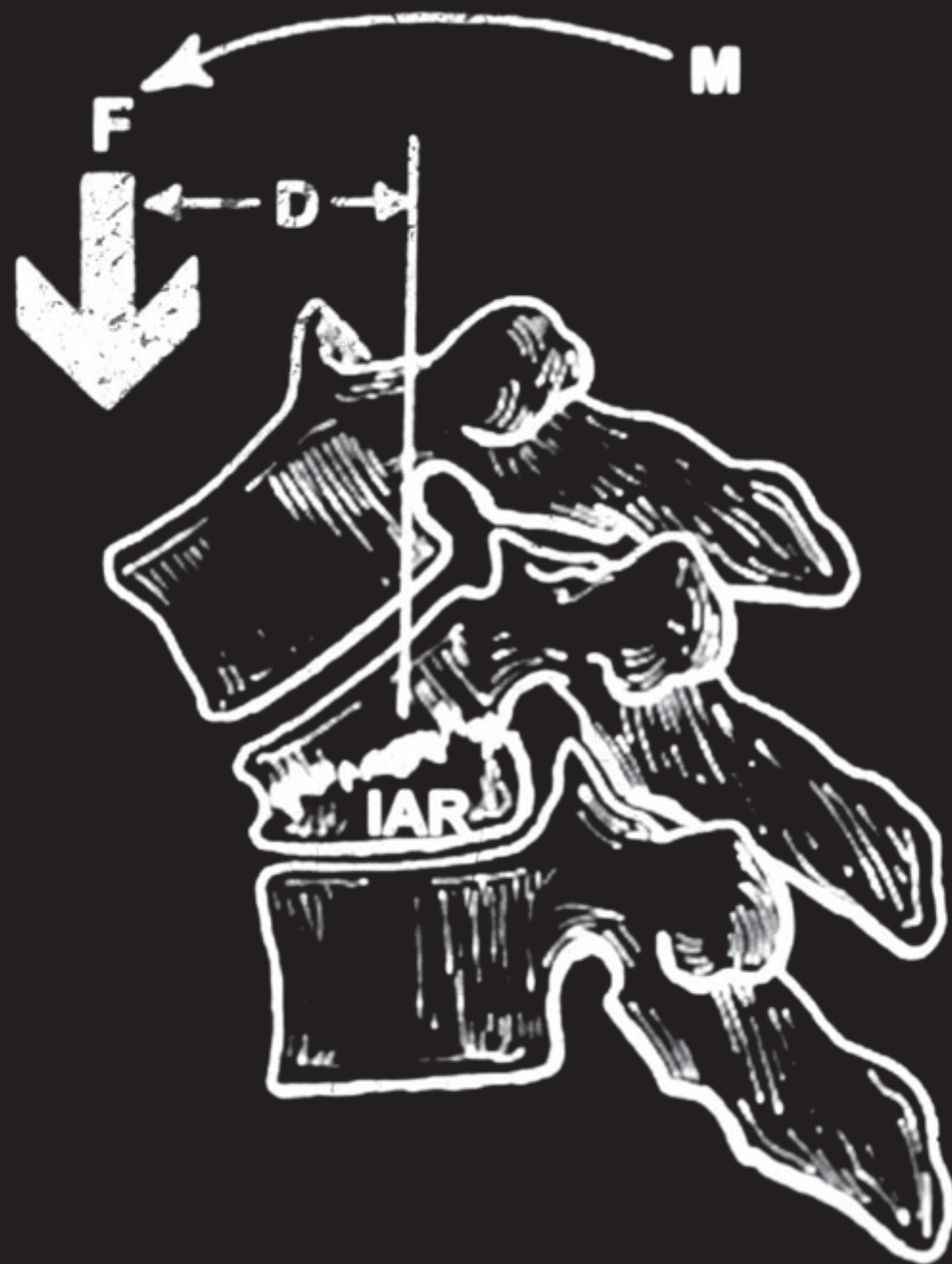


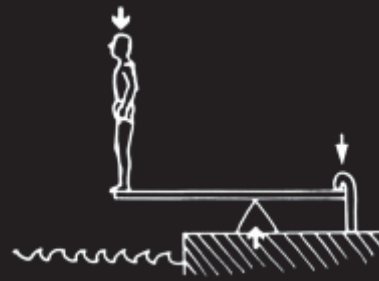
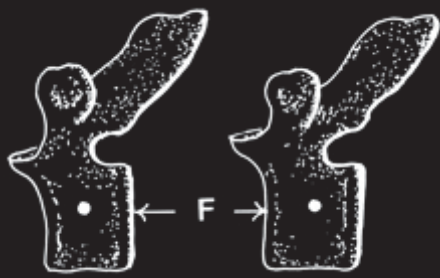
# BIOMECHANICS OF SPINE INSTRUMENTATION





**M = F X D**





# SIX DEFORMATION RESISTANCE MECHANISMS

**Distraction**

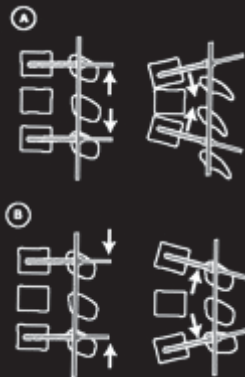
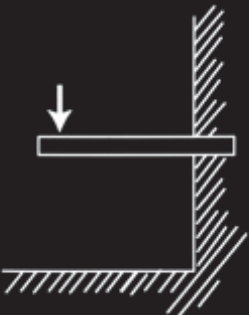
**Three-Point Bending**

**Tension-Band Fixation**

**Fixed Moment Arm Cantilever Beam Fixation**

**Non-Fixed Moment Arm Cantilever Beam Fixation**

**Applied Moment Arm Cantilever Beam Fixation**



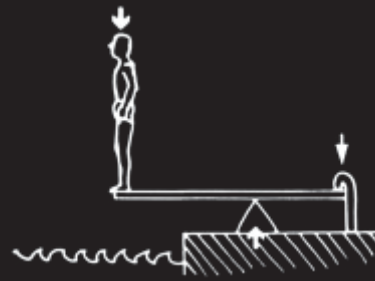
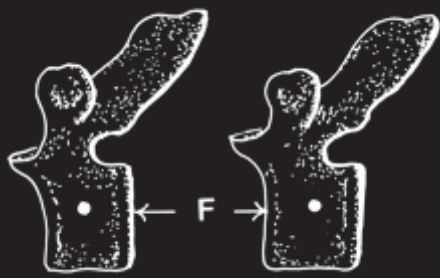


# PRINCIPLES

**Use as Many Mechanisms as Possible  
to  
Resist Deformation**

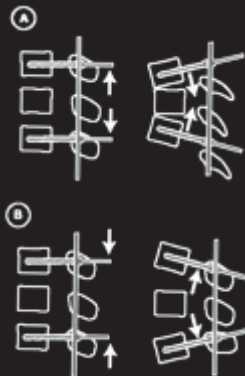
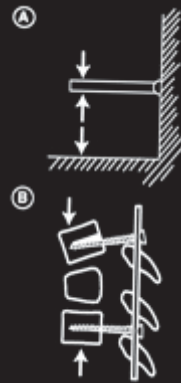
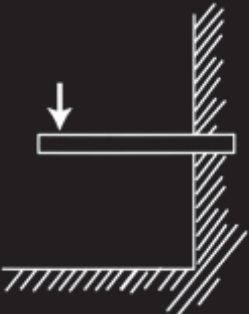
**Implants Function Uniquely  
Under Different Loading Conditions**



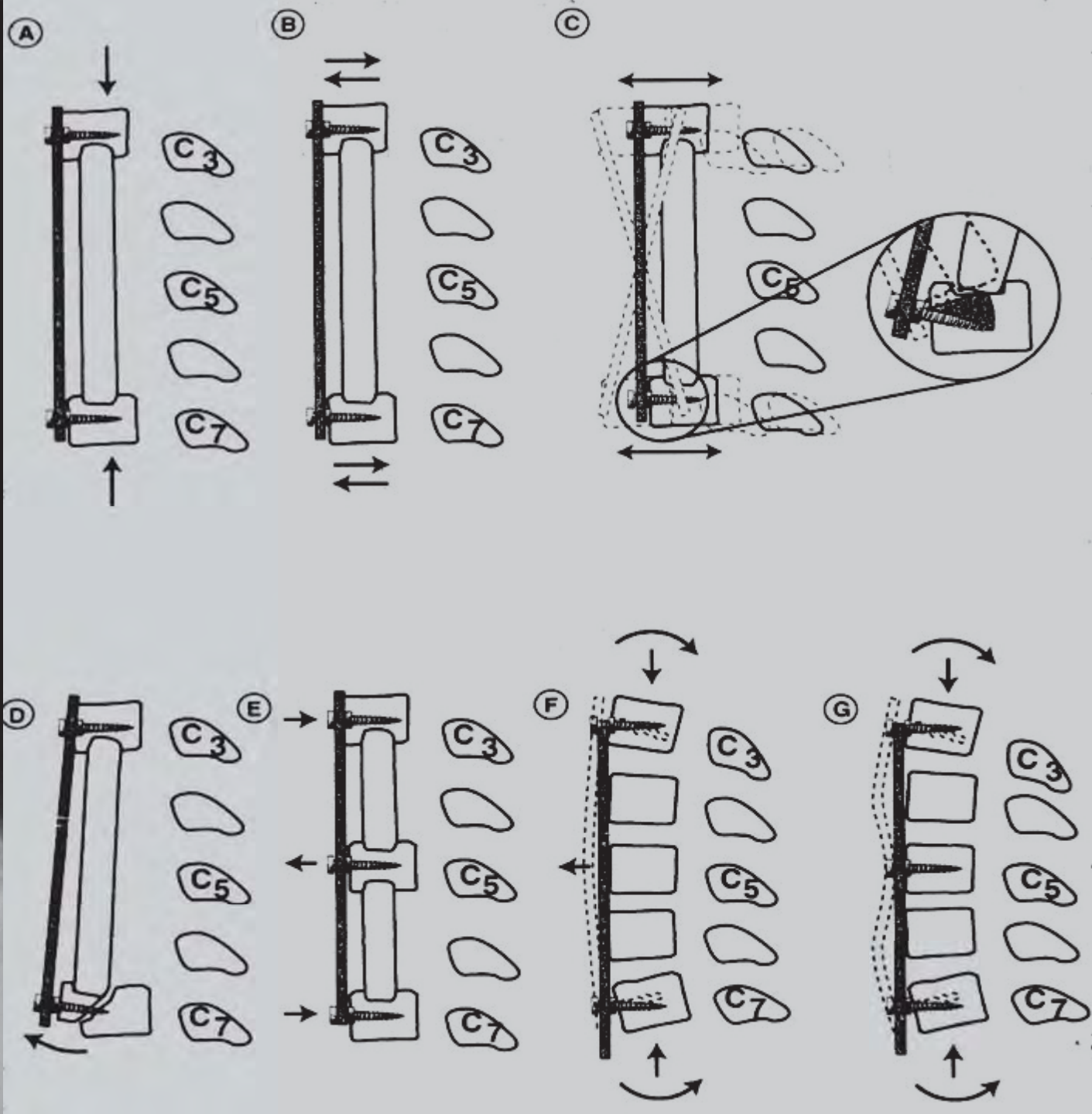


# DEFORMATION RESISTANCE MECHANISMS

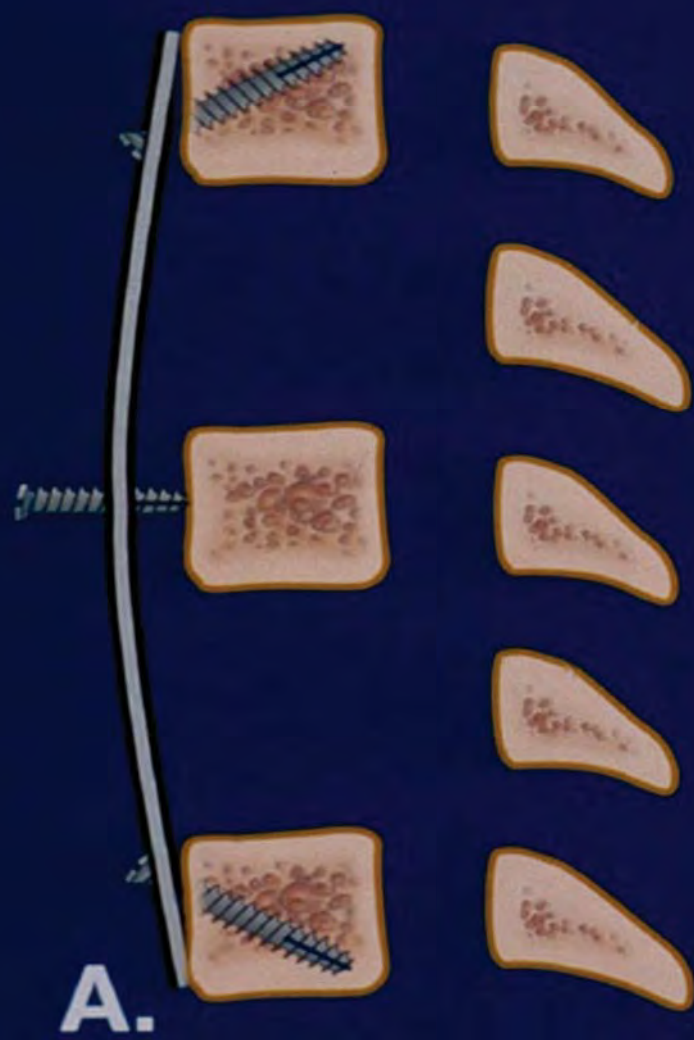
**Distraction**  
**Tension-Band Fixation**  
**Three-Point Bending**  
**Cantilevers**













**Understand Limitations**

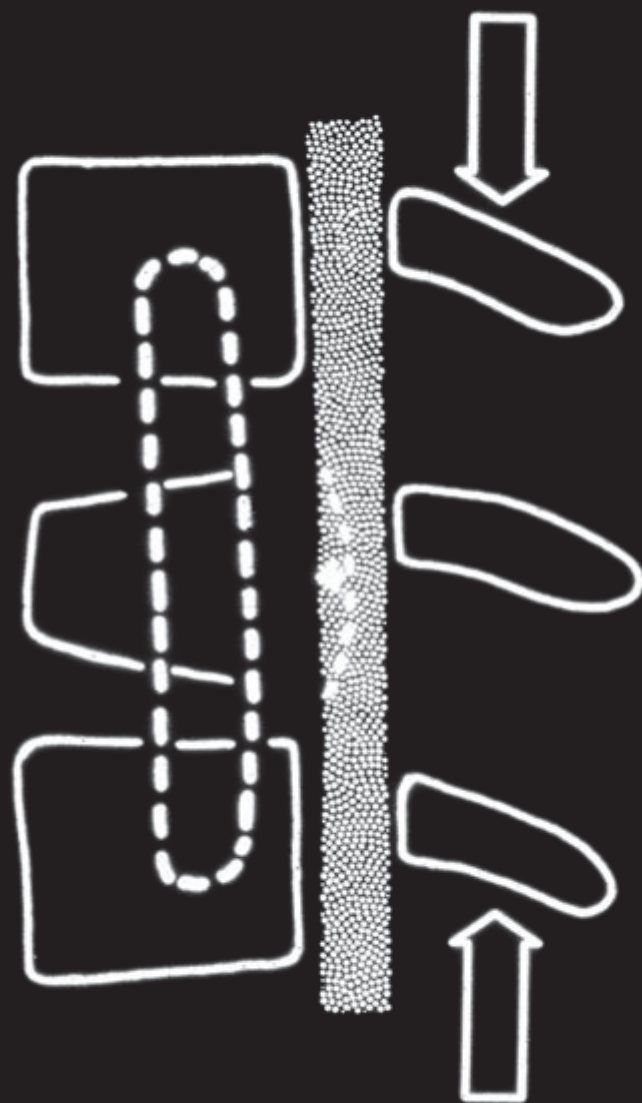
**of**

**Strategy**







**A****B**

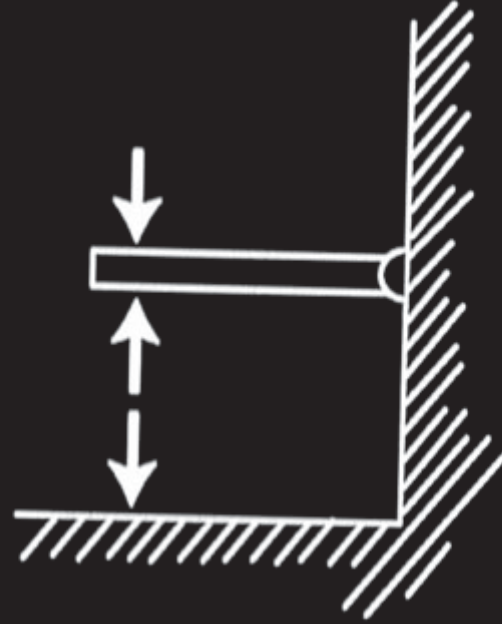
A



B



Ⓐ



Ⓑ









# Dynamic Fixation





# Wolff's Law

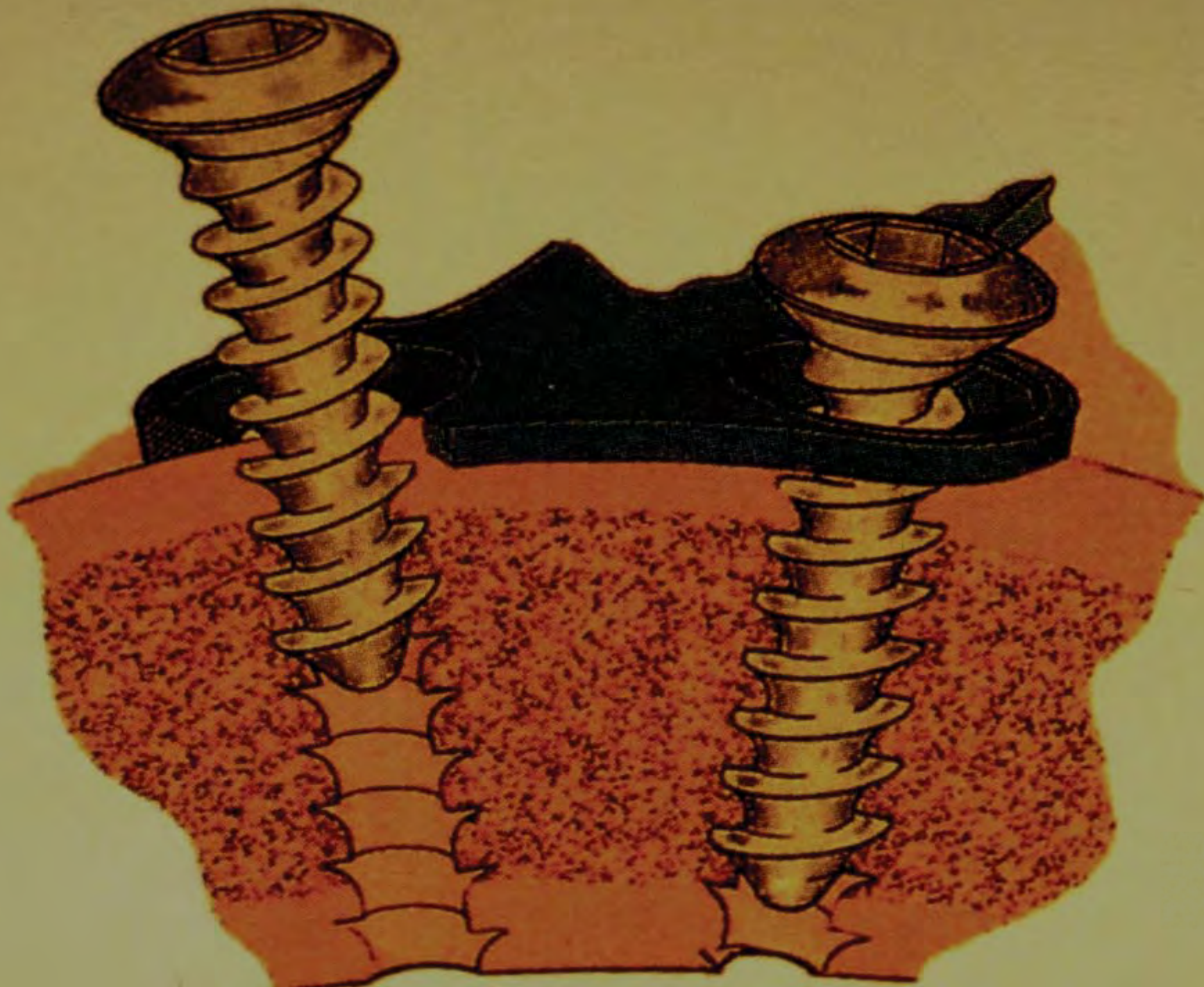
**Every change in the form and function of a bone, or of function alone, is followed by specific definitive change in its internal architecture and equally definitive secondary changes in its external configuration, in accordance with mathematical laws.**

**“Structure is nothing else than the physical expression of function... under pathologic conditions the structure and form of the parts change according to the abnormal conditions of force transmission”**











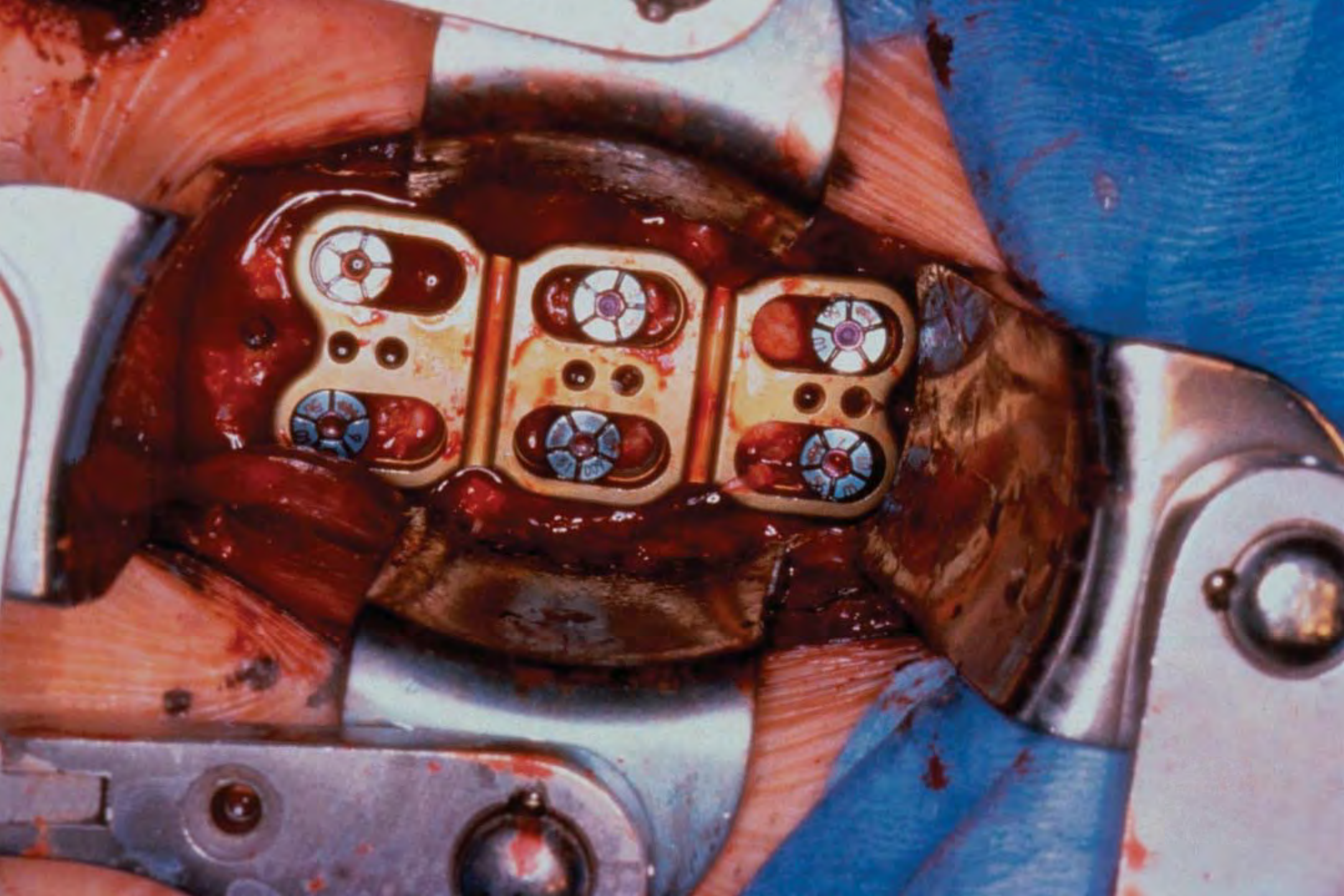




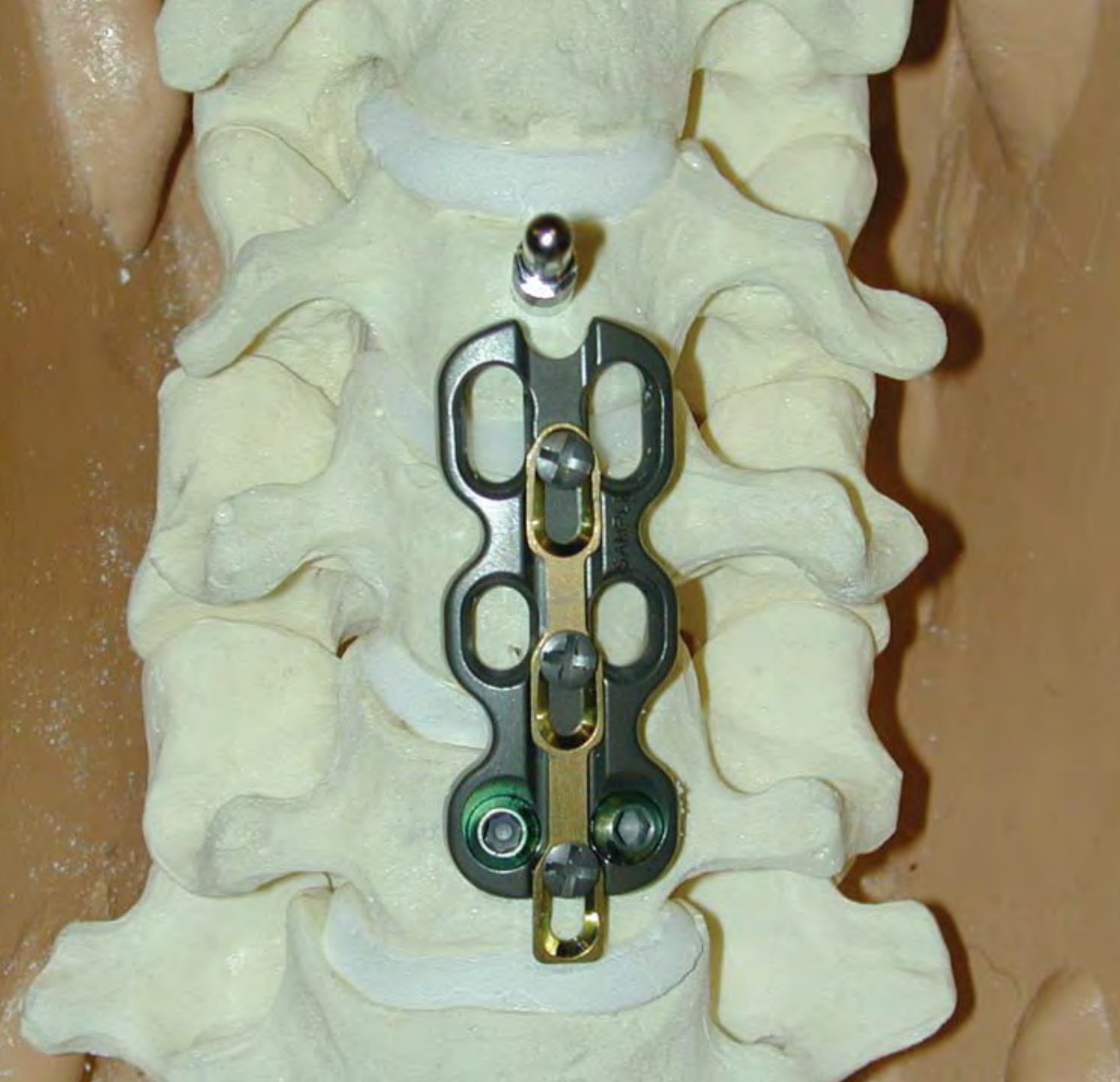








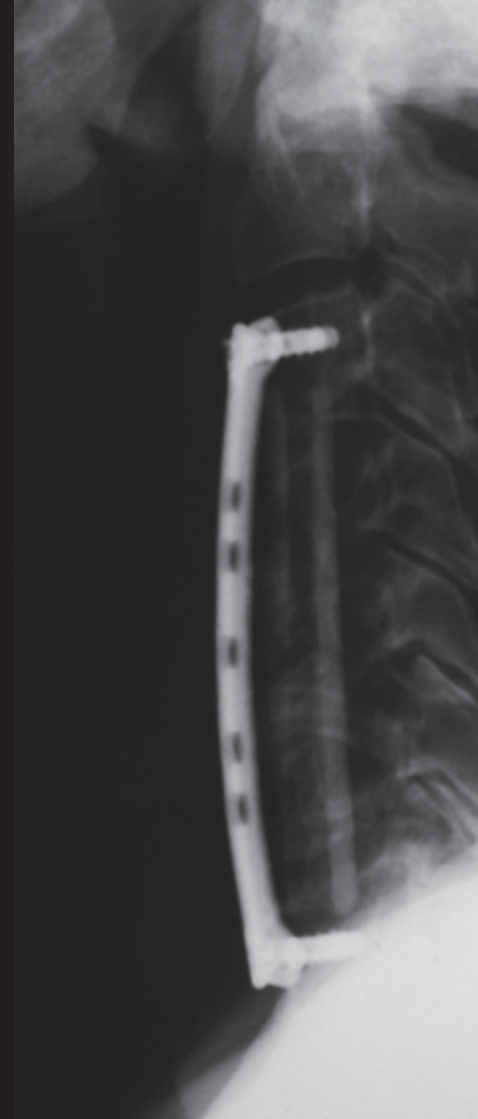




# LOADING THE BONE GRAFT

Significant Loading and Unloading  
in  
Flexion  
and  
Extension

Buffered by Dynamic Implant



DiAngelo and Foley





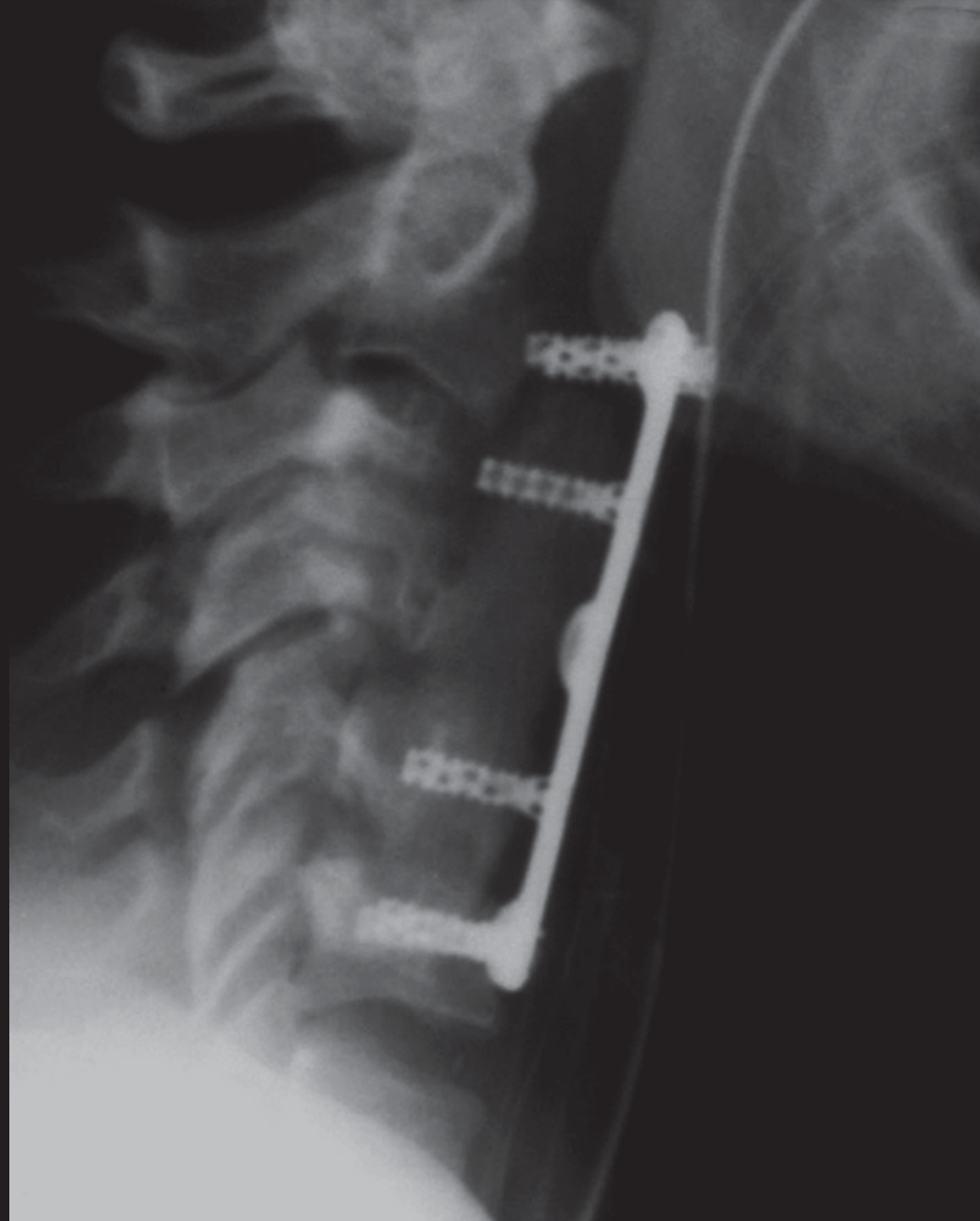
# CONSTRUCT / SURGEON FAILURE

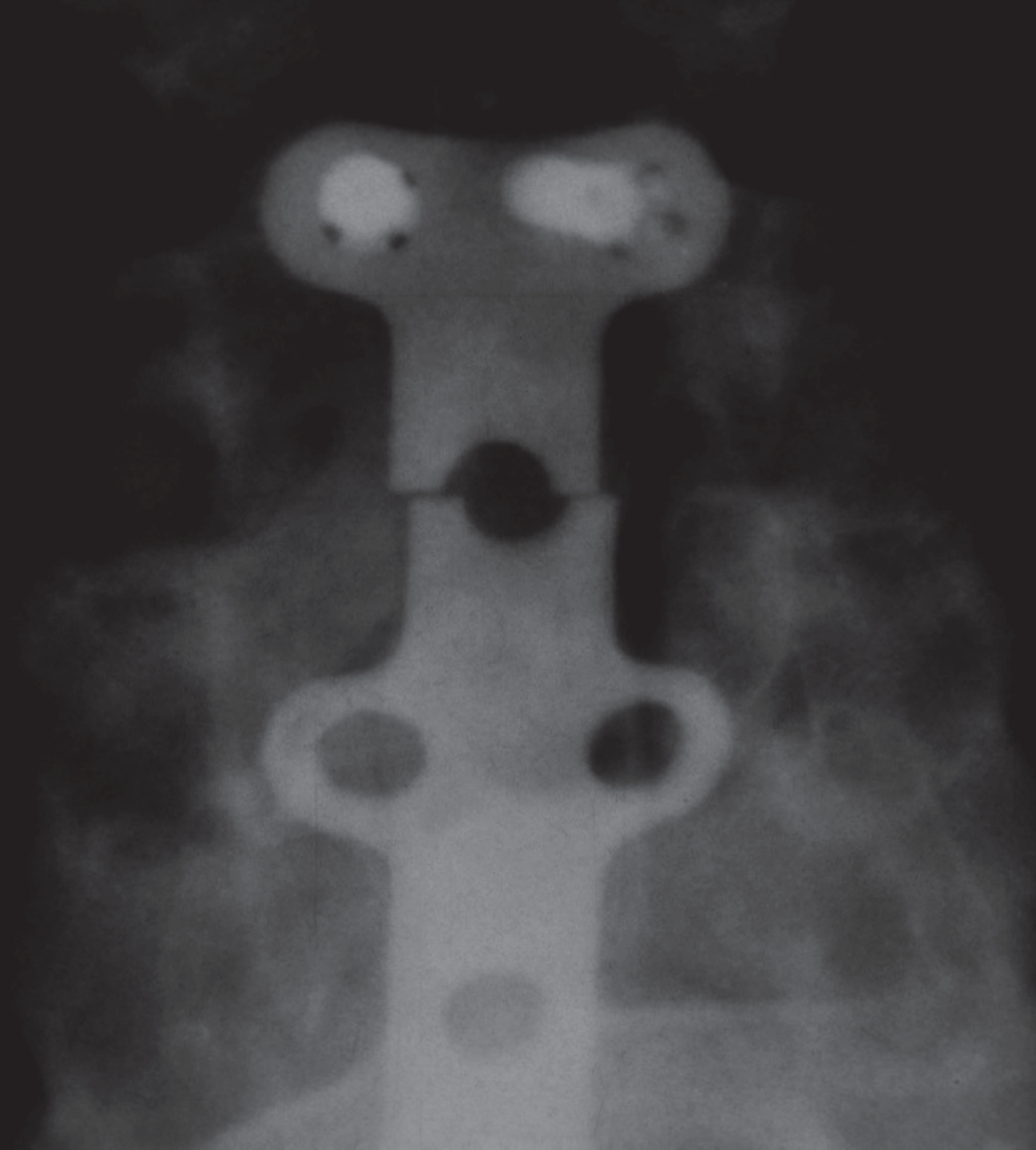


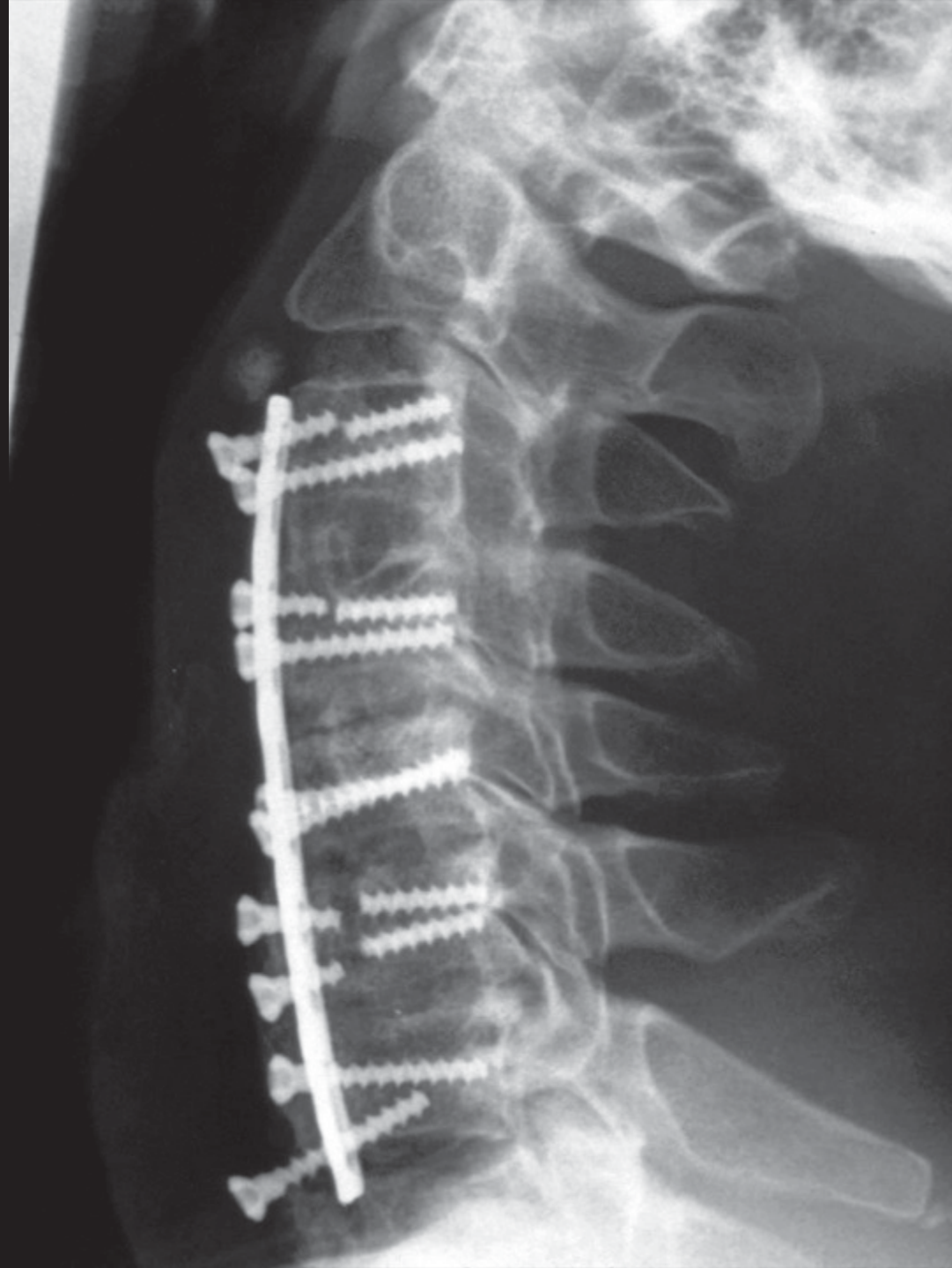
# MODES OF CONSTRAINED CONSTRUCT / SURGEON FAILURE

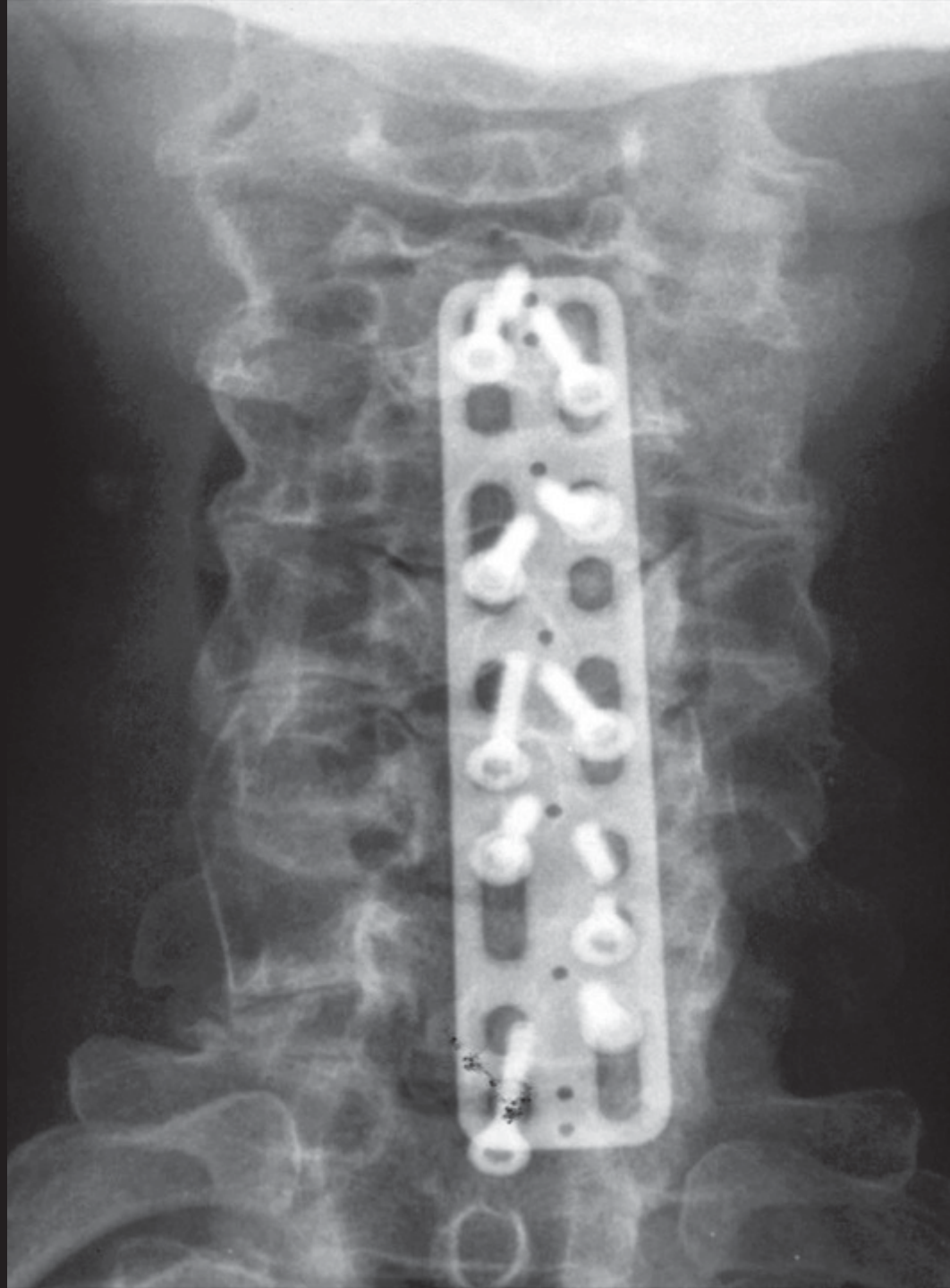
Construct Dislodgement  
Implant Fracture  
Stress Shielding



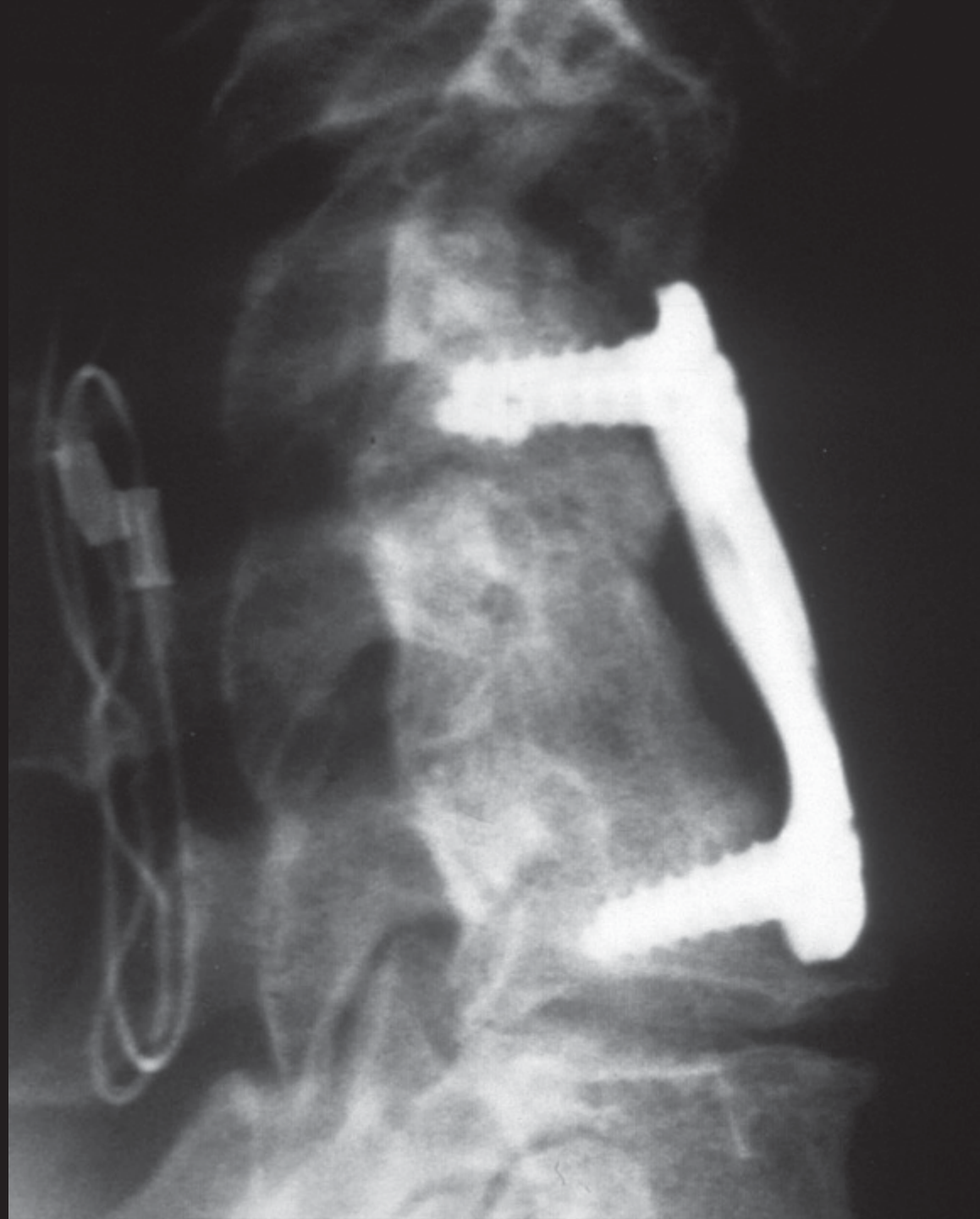








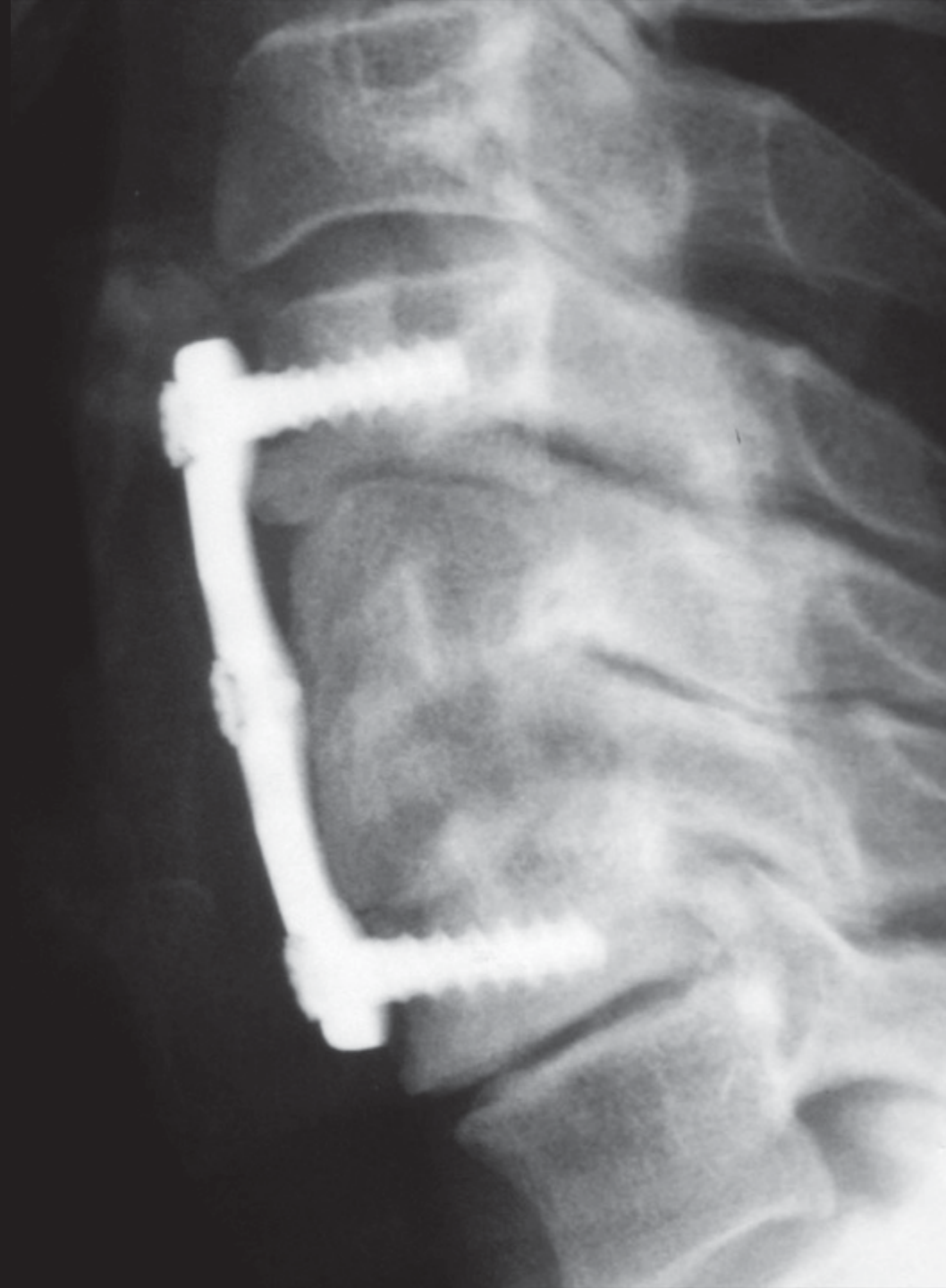


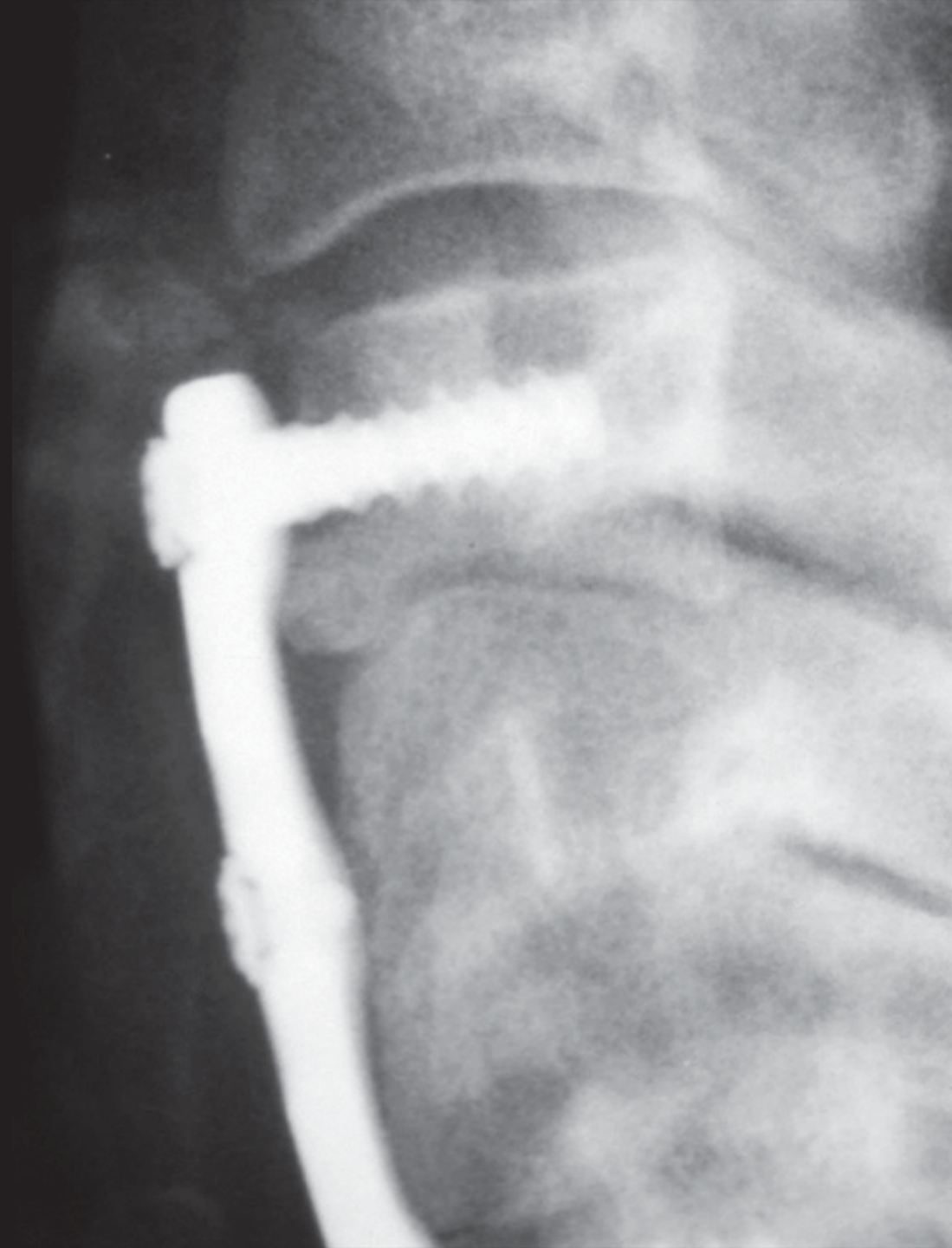


# LOAD SHARING versus LOAD BEARING



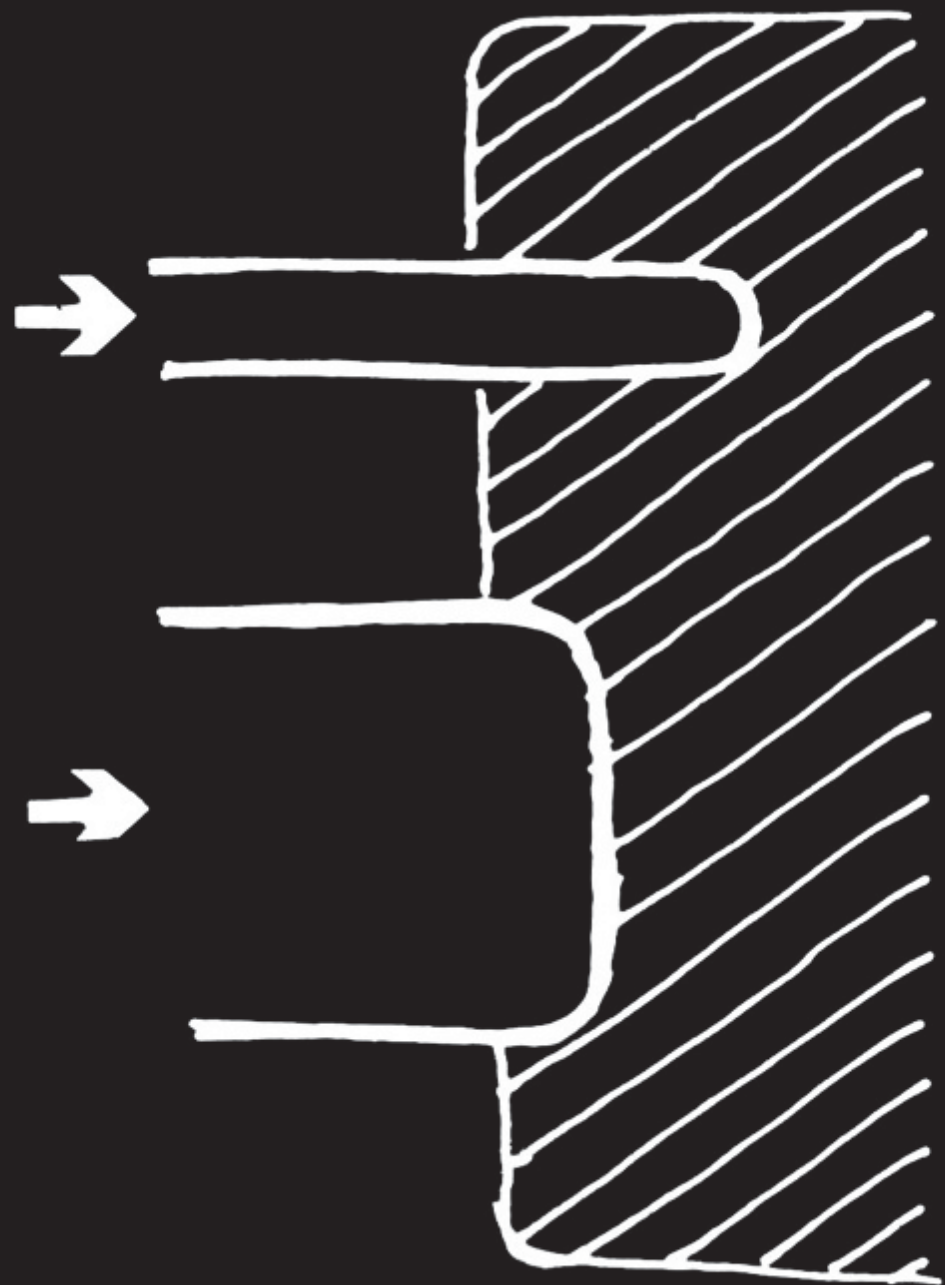




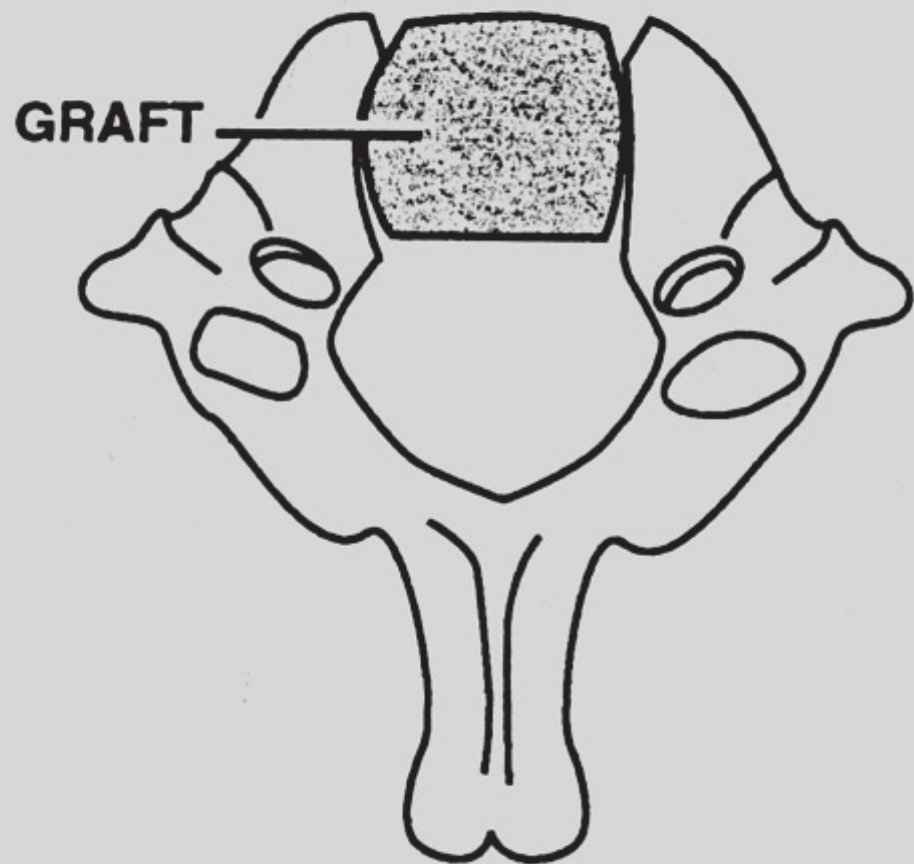


# THE BIOMECHANICS OF FAILURE

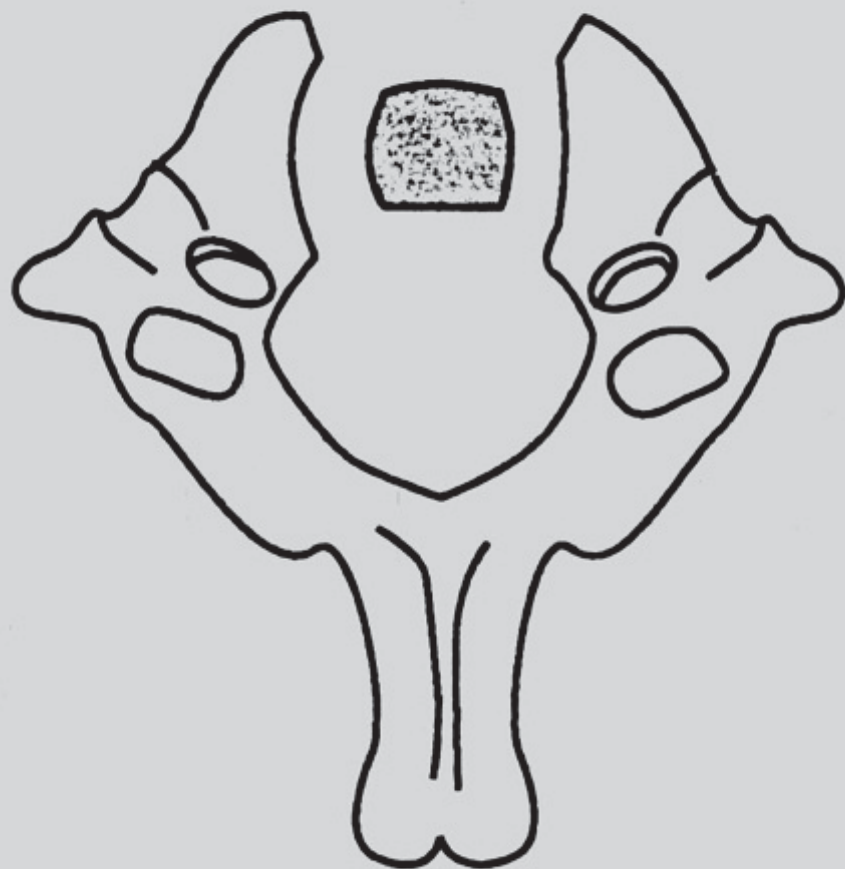




**A**

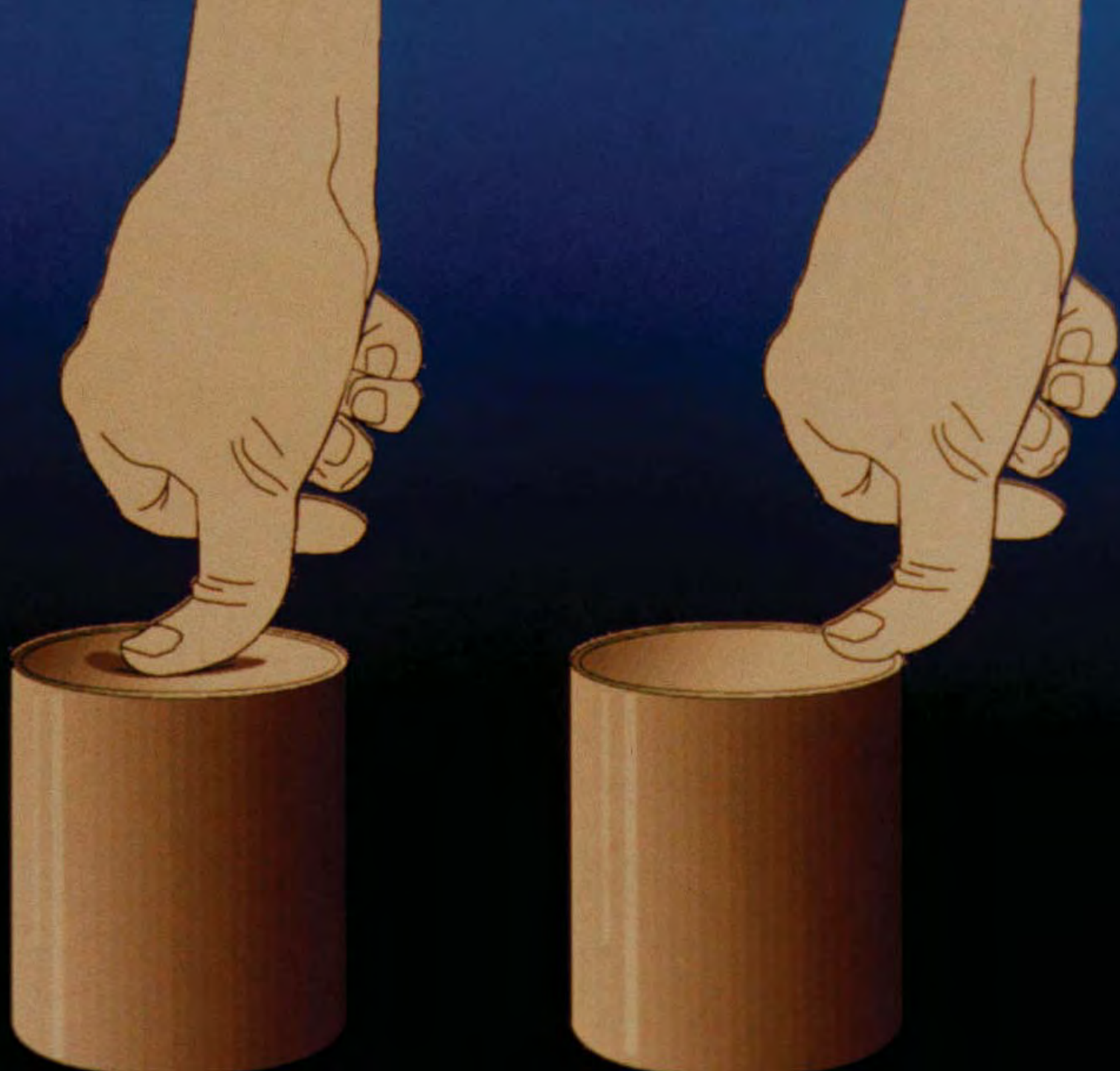


**B**



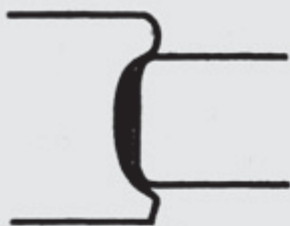




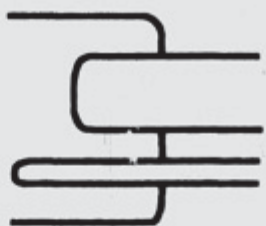




A



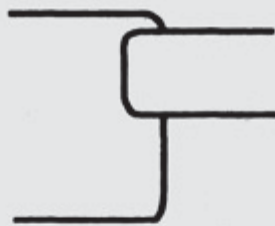
B



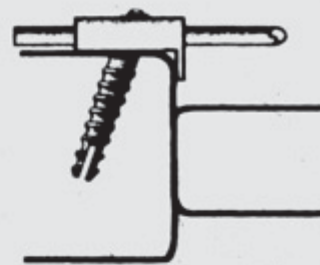
C

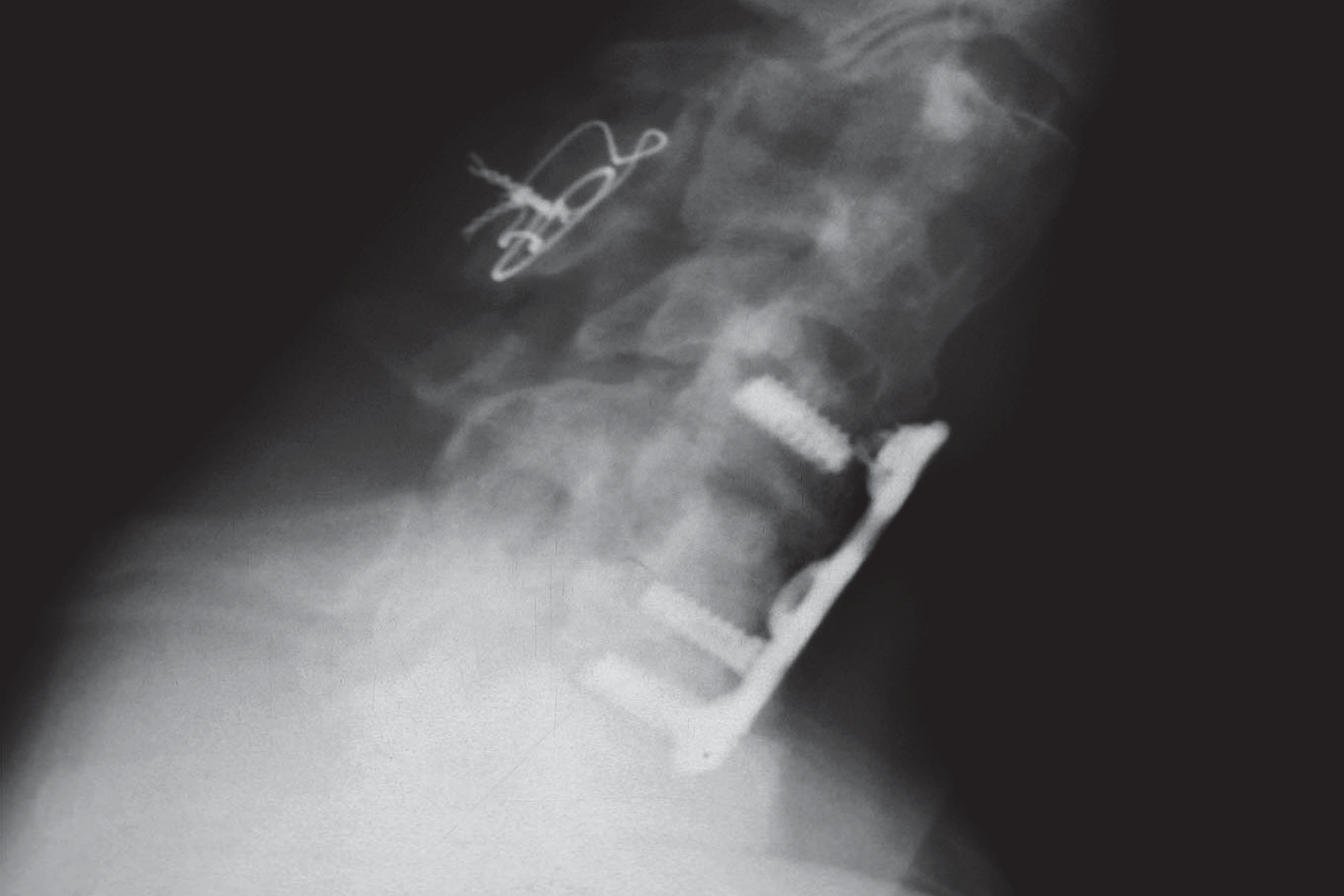


D

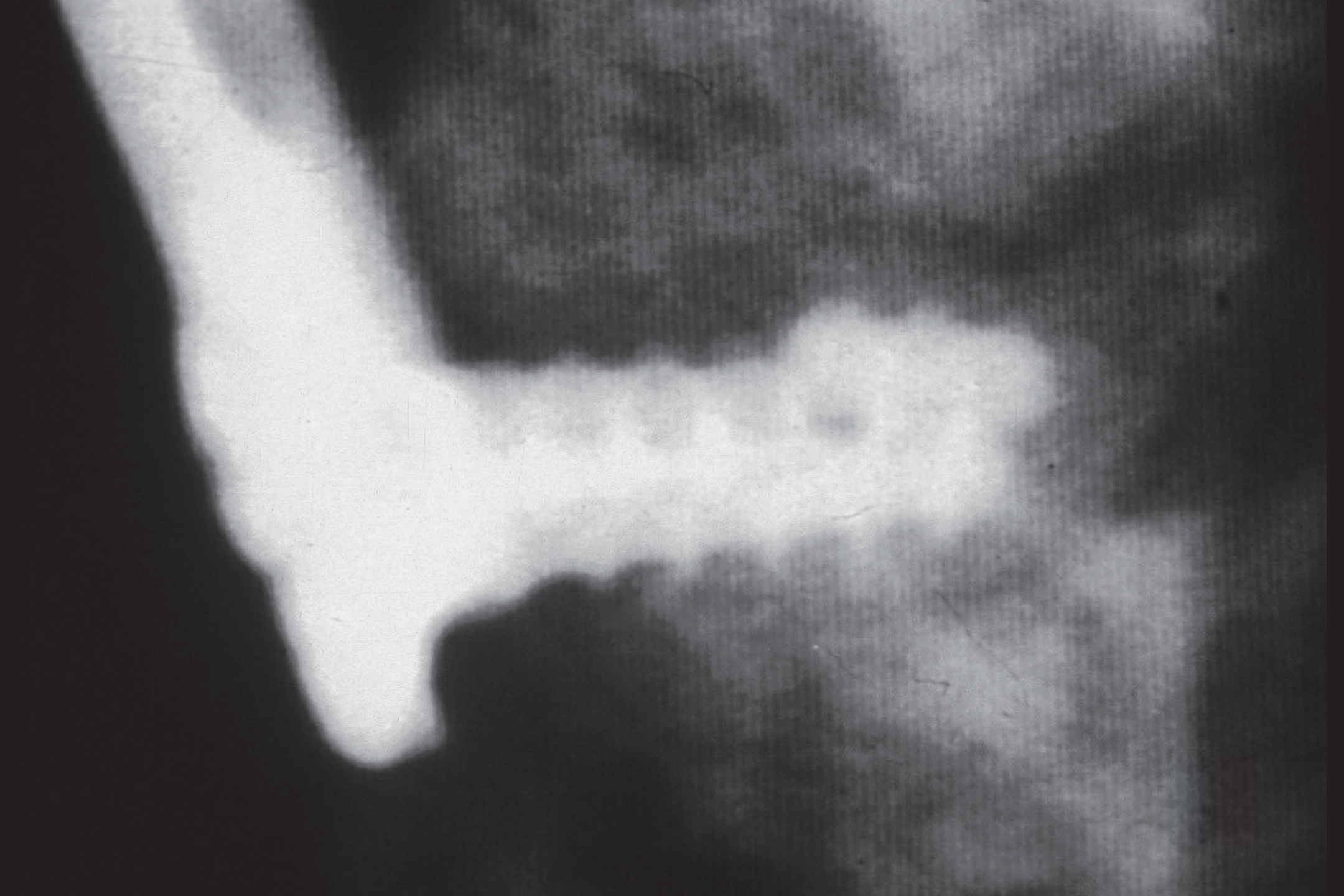


E





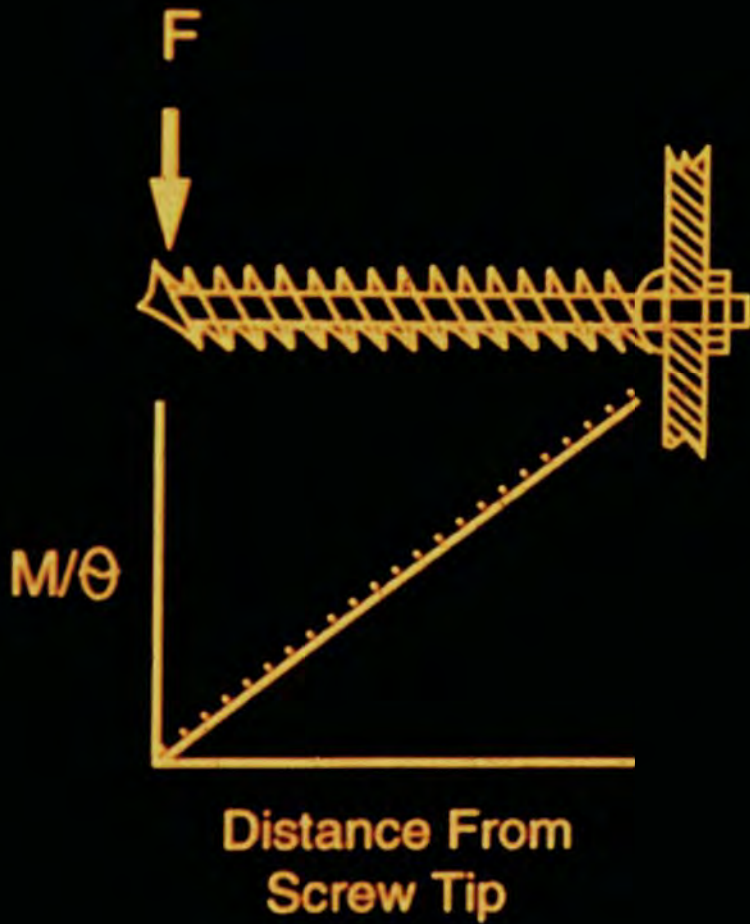




$$Z \sim D^3$$



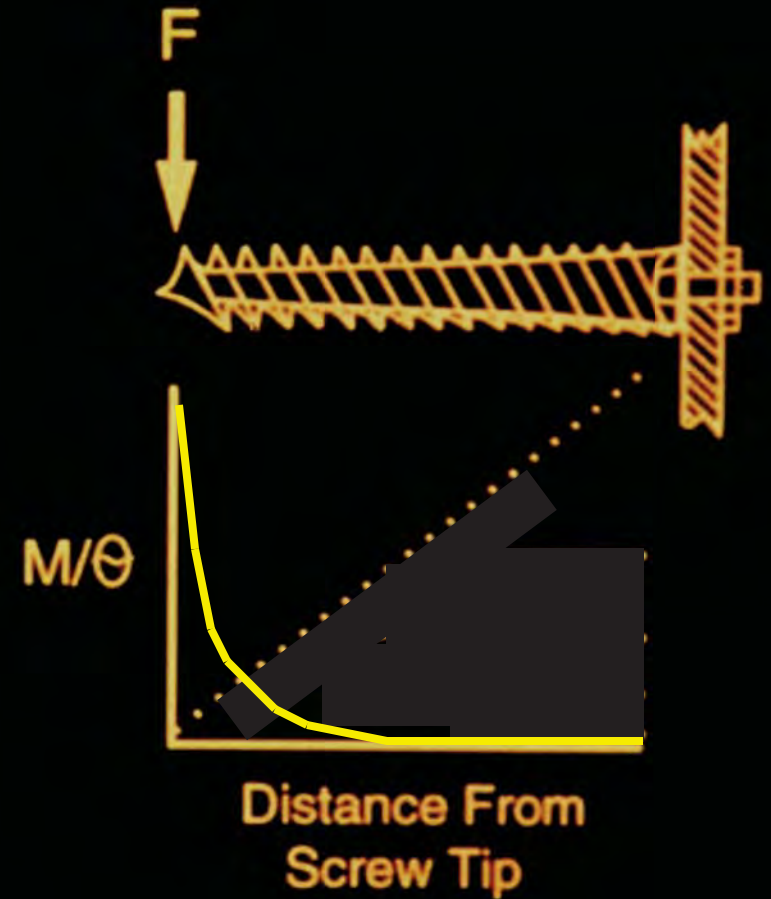
$$\theta = \frac{M}{Z}$$

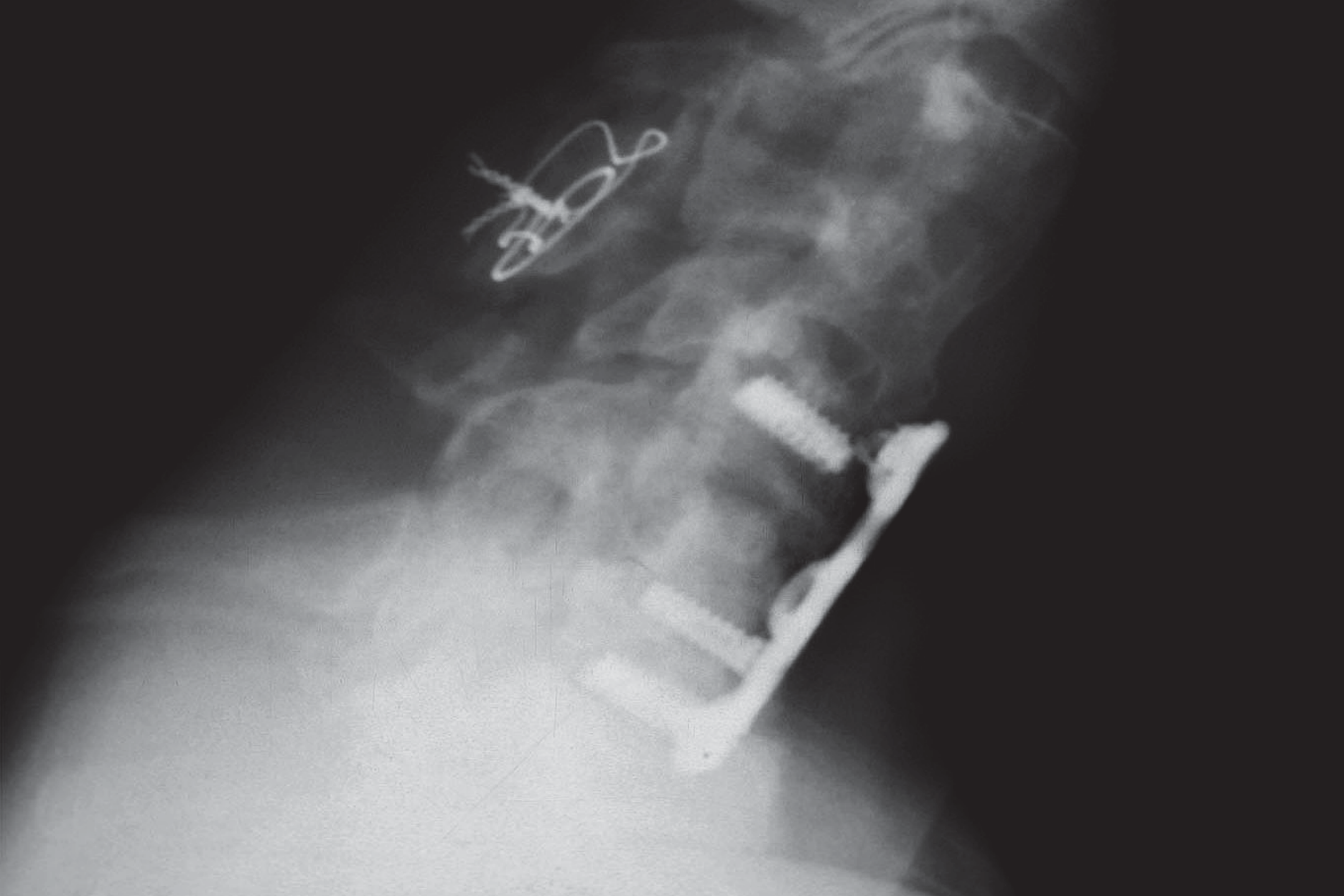


$$\theta = \frac{M}{Z}$$

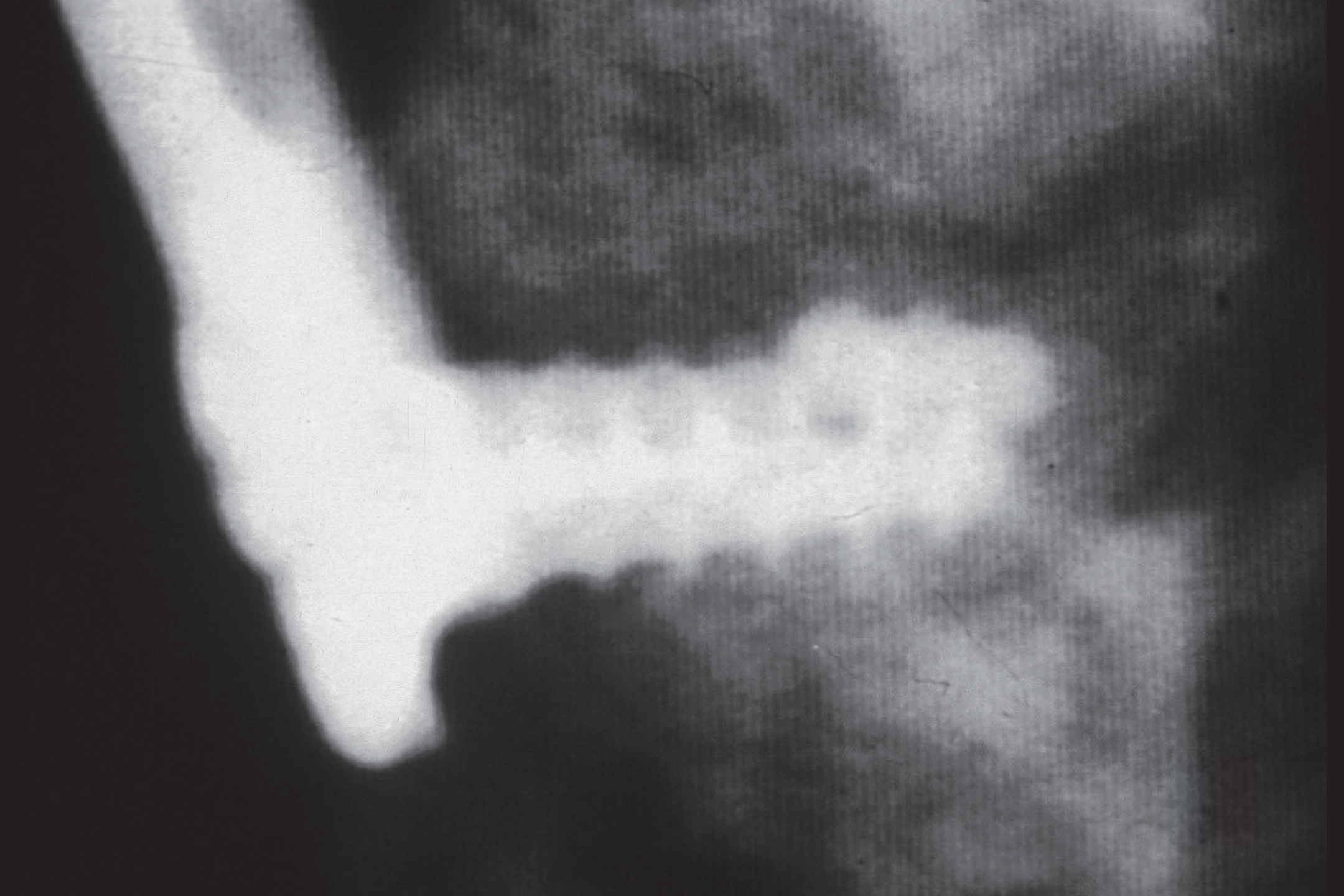
$$M = \dots$$

$$\theta = \text{---}$$

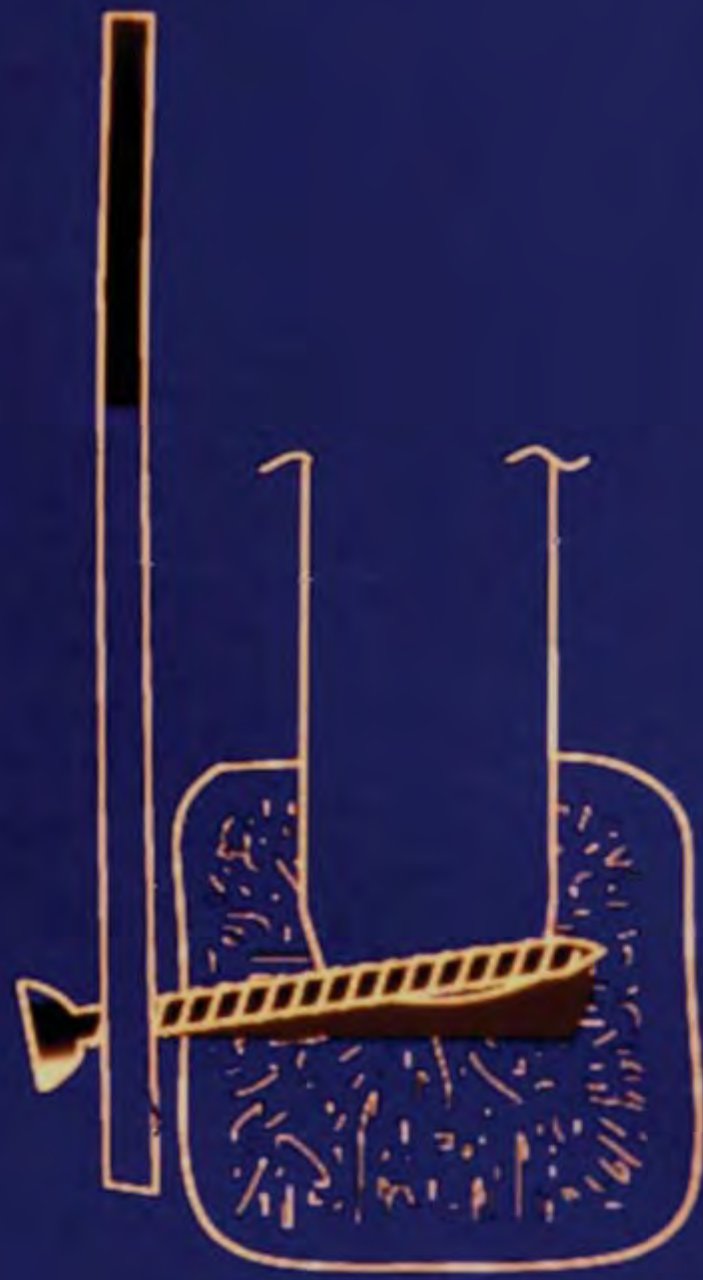




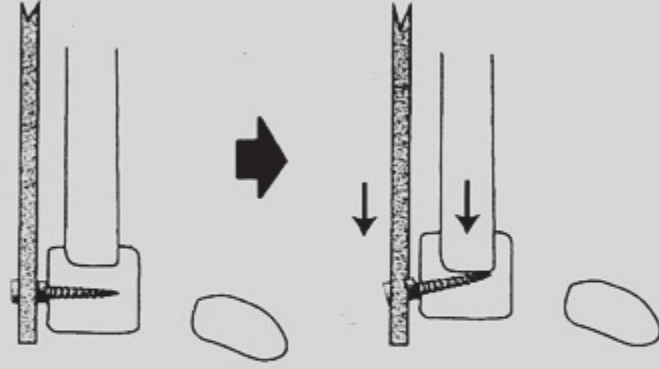




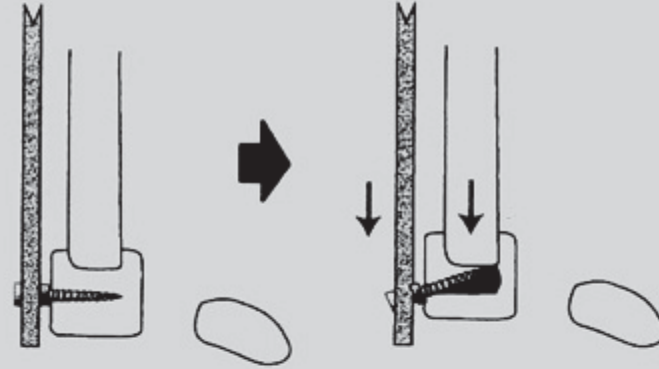




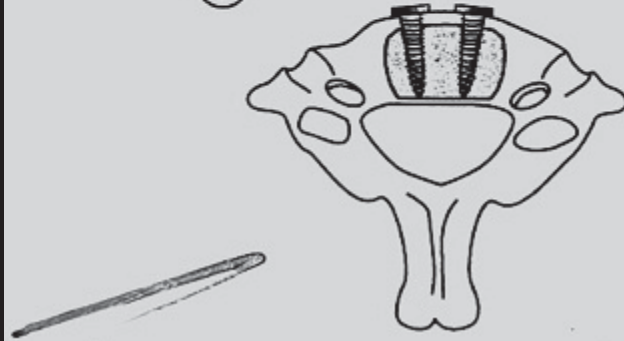
(A)



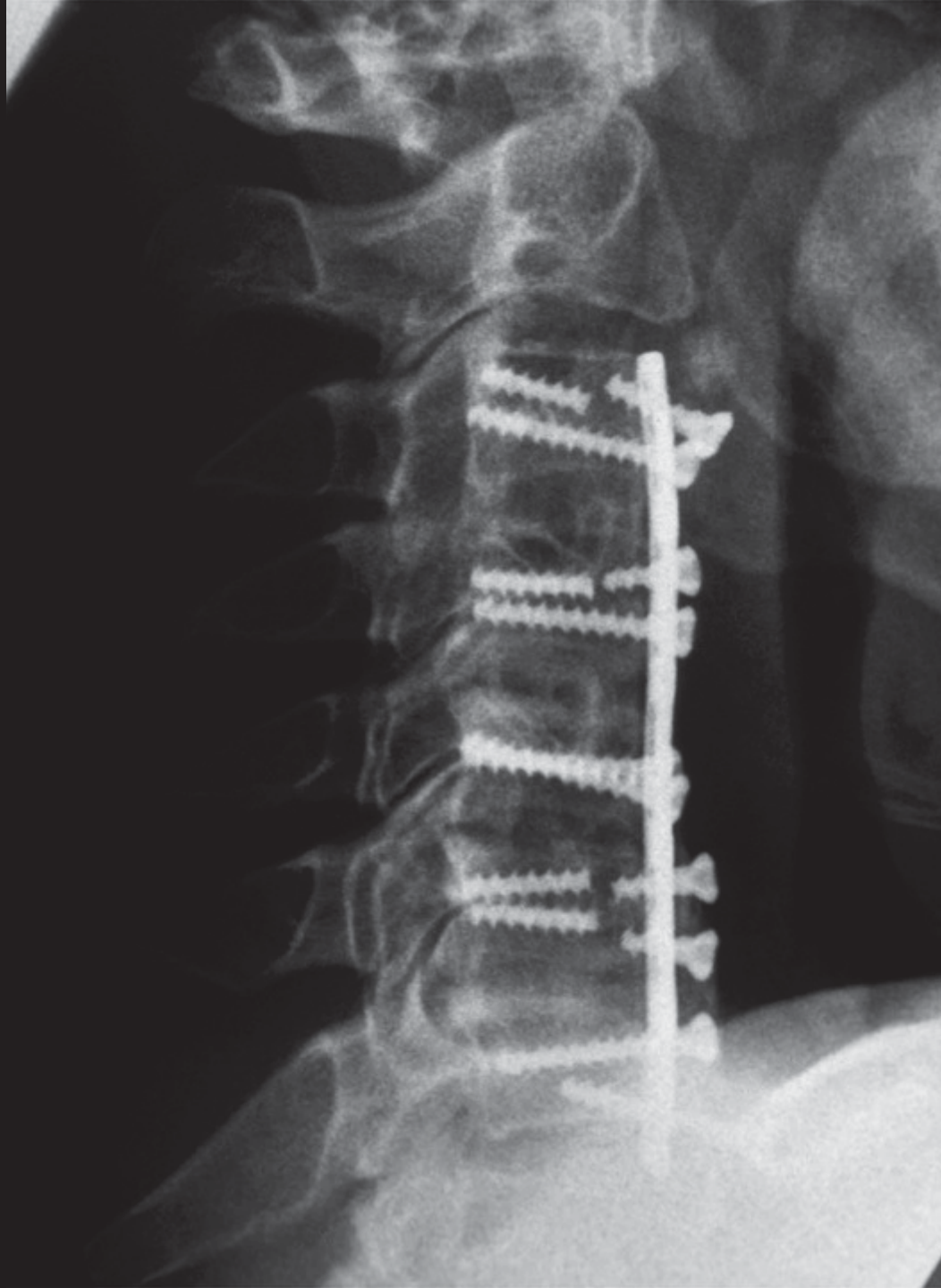
(B)

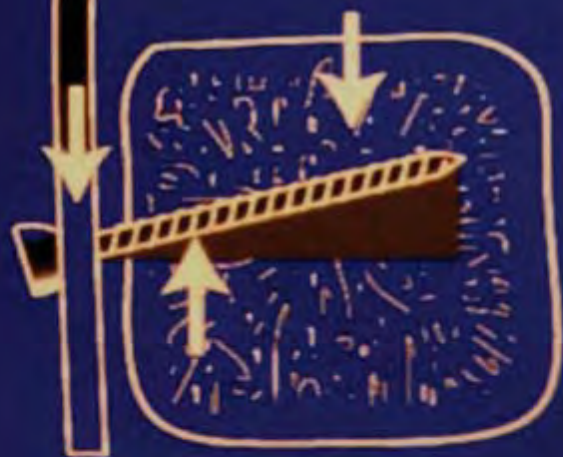


(C)







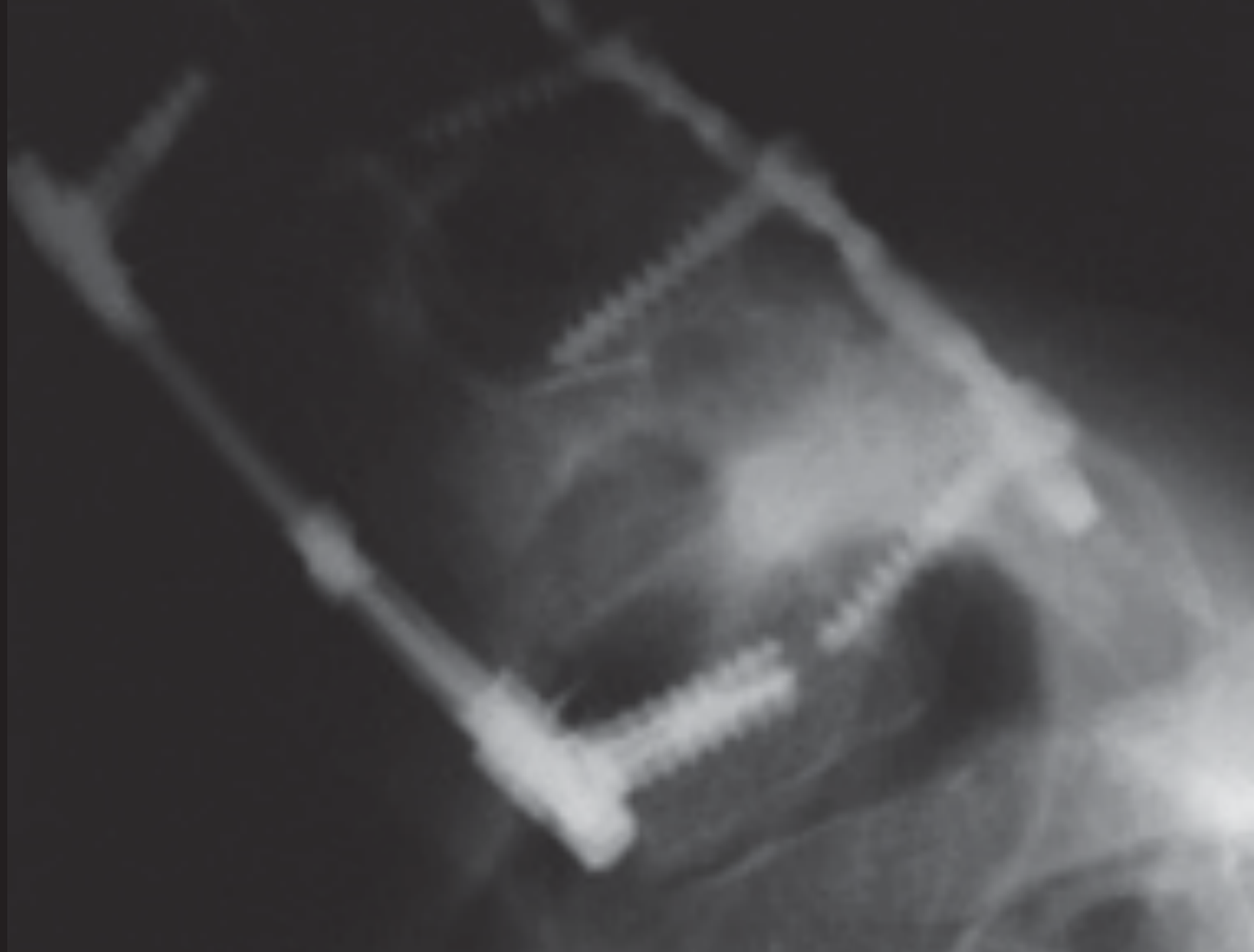


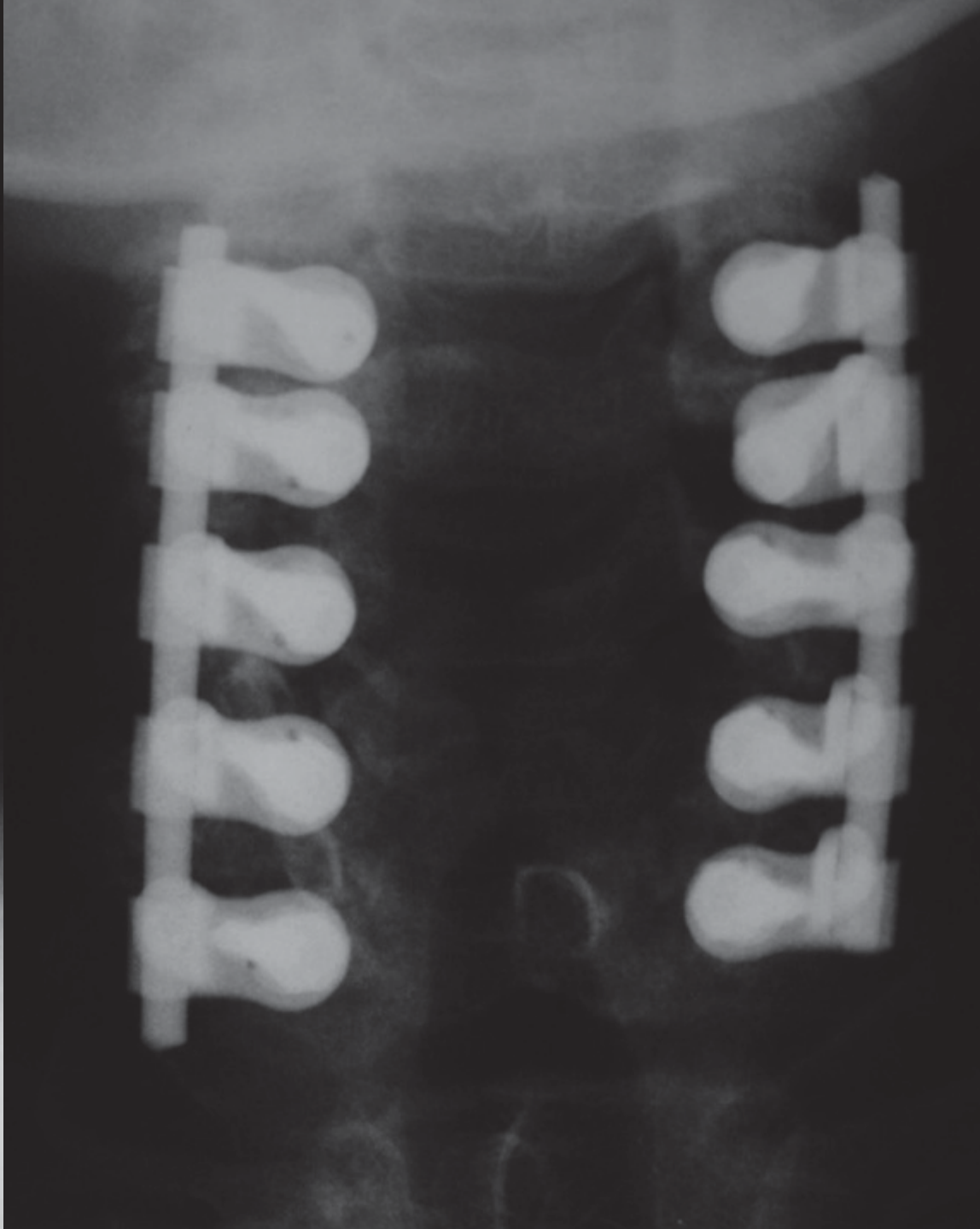
M

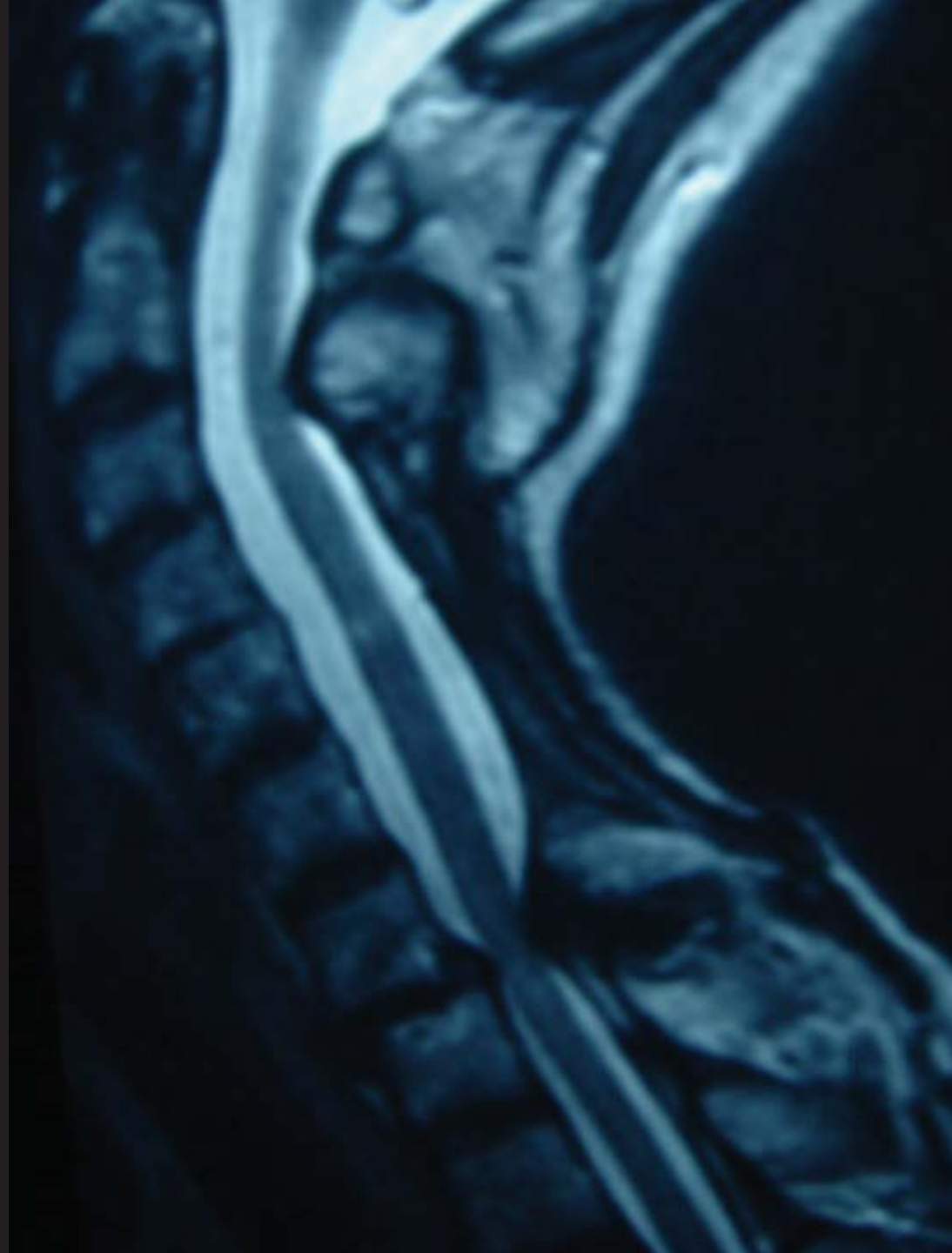




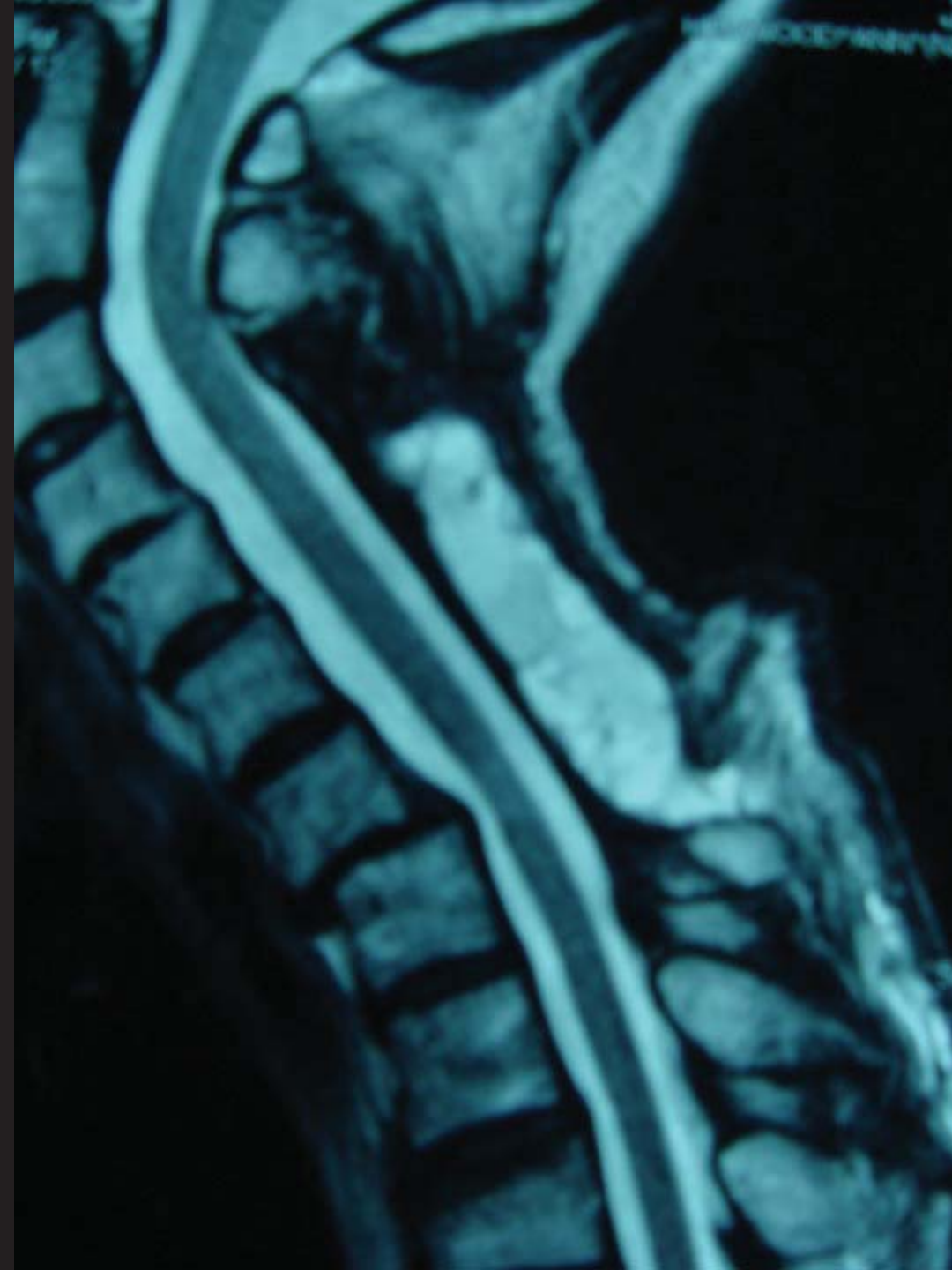














# **Orientation of C7 – T1 Disc Interspace or Pathology**



0211D

P 1 2 3 4 5 6 7 8 9 10 11 12

MORTON, ROBERT  
226618

M 55 125 lb

Mode: Multi  
PSD: VE

St: Iap  
FC VB

TR: 2000.0  
TE: 30.0 16

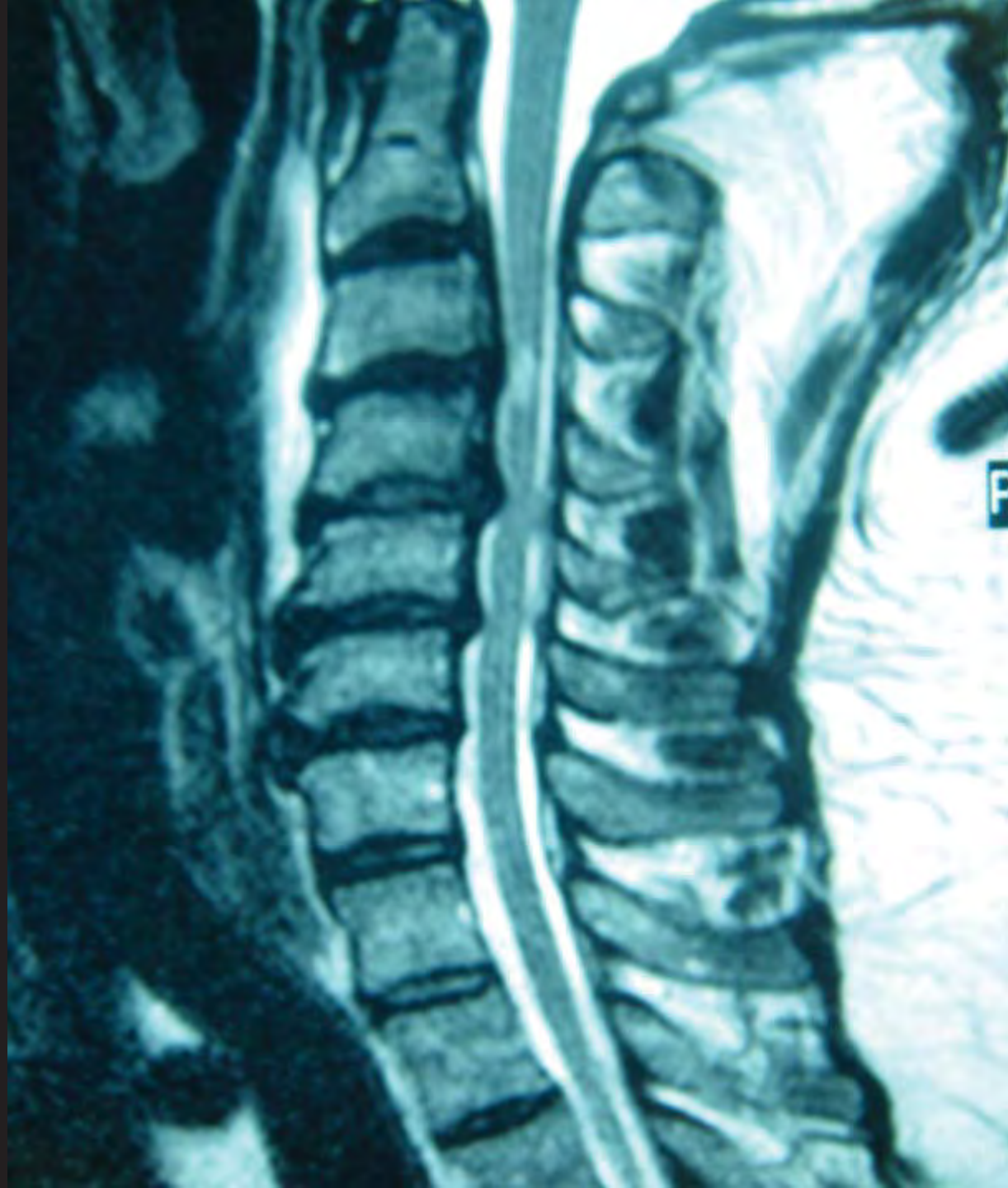
256x192/2.0

FOV: 24 cm  
Thk: 4.0 mm  
Imgs: 16/12  
AP NEC

9 3'92

T61







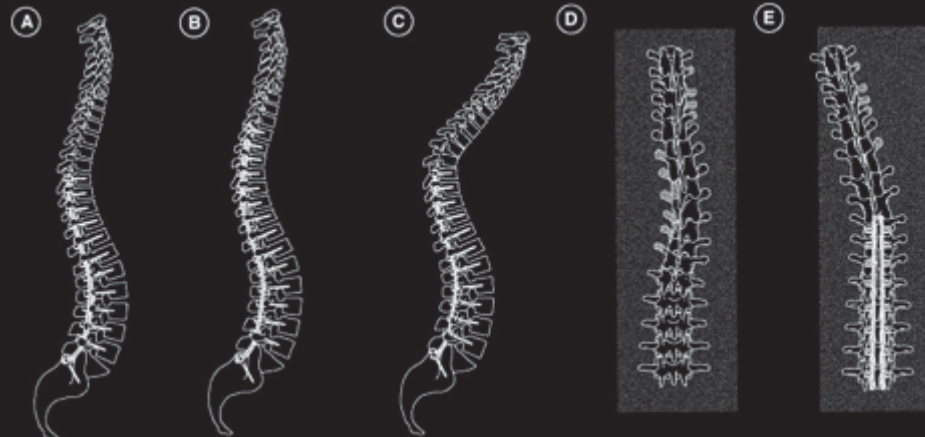
# Where to End??

Good

Bad

- C5, C6 (from R)
- T1, T2 (from R)
- T3-5 (from C)
- T10-11 (from R or C)
- L1 (± from R)
- L5, S1, I (from R)

- C7 (± from R)
- T1 (from C)
- T 6-8 (from R or C)
- T12, L1 (from R or C)
- L3-4 (from R)
- L5 (from C if deg or def)



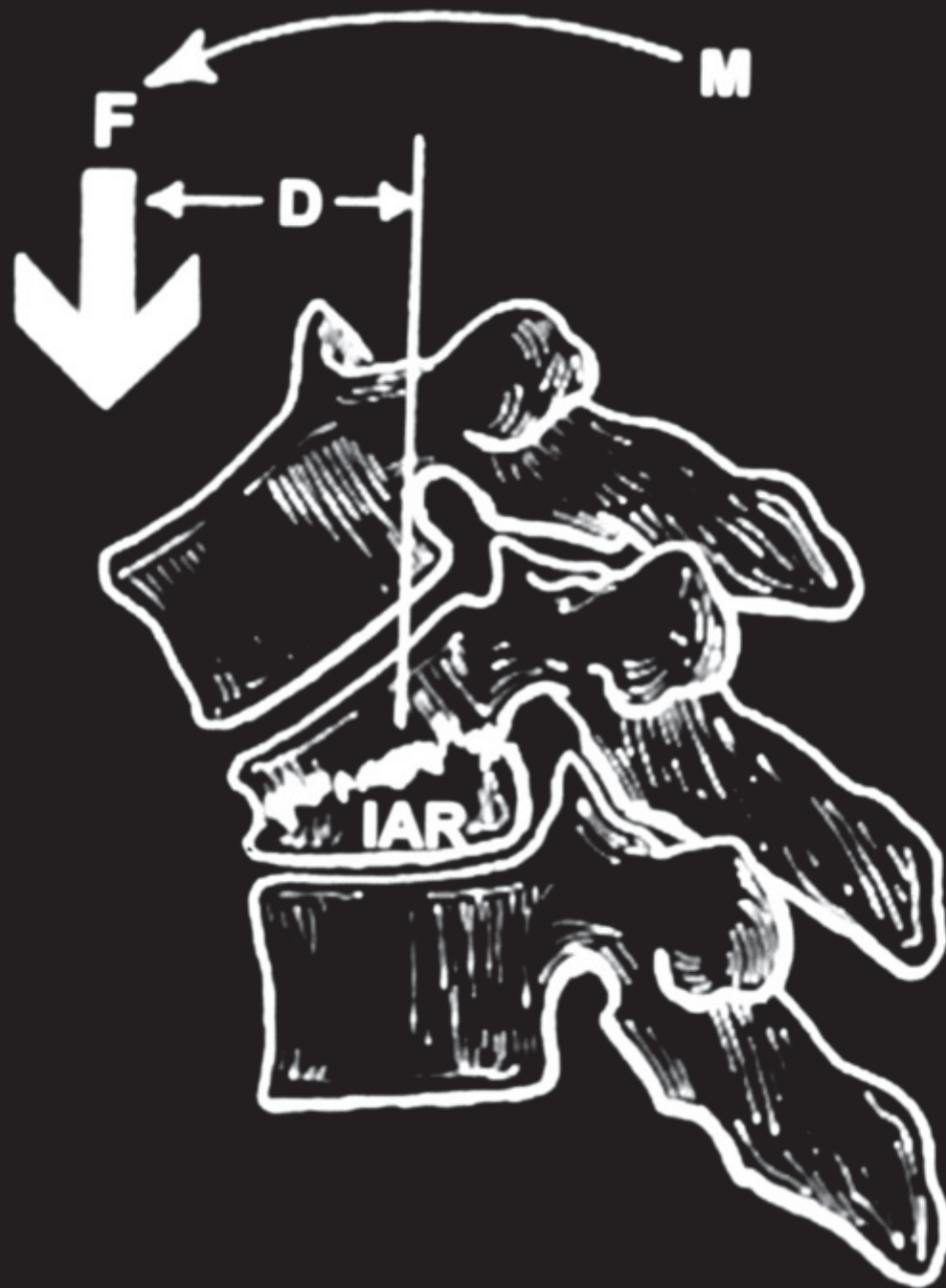


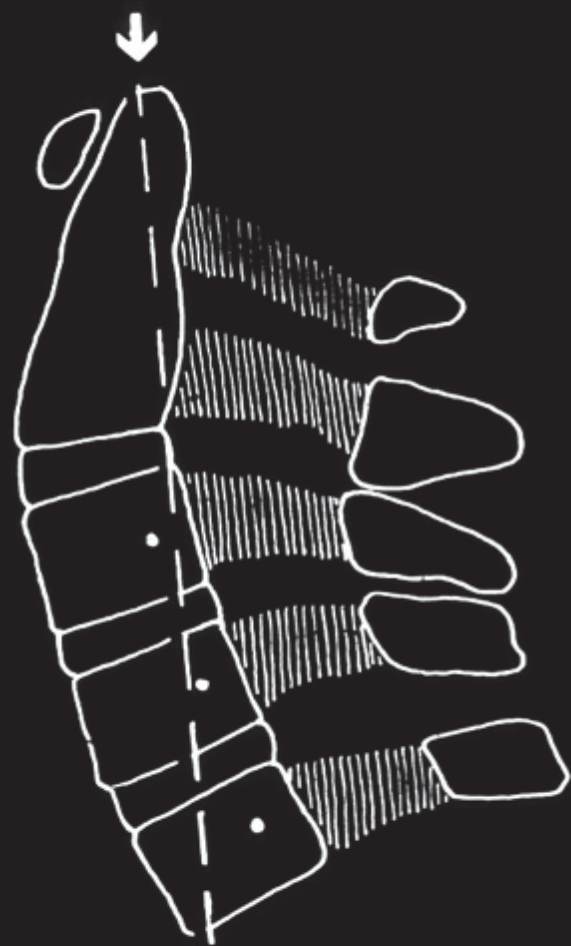
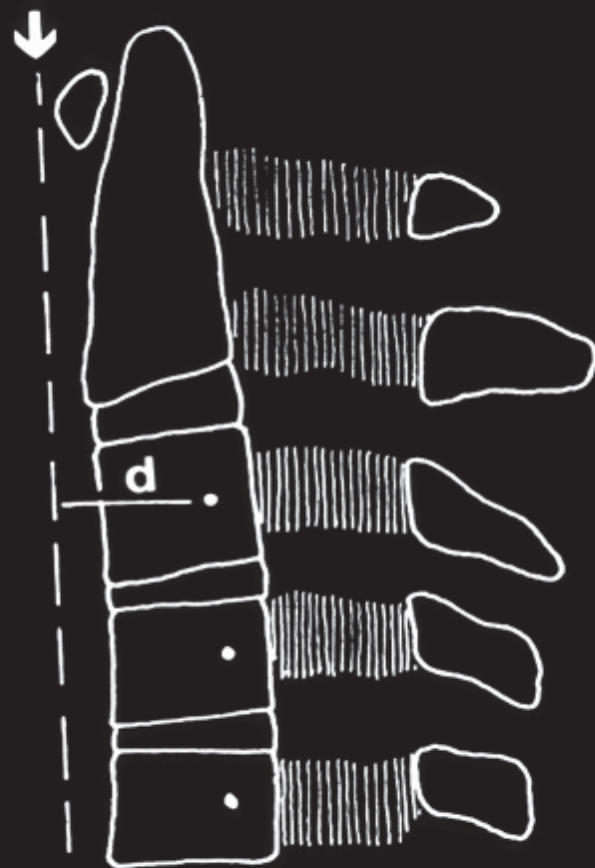
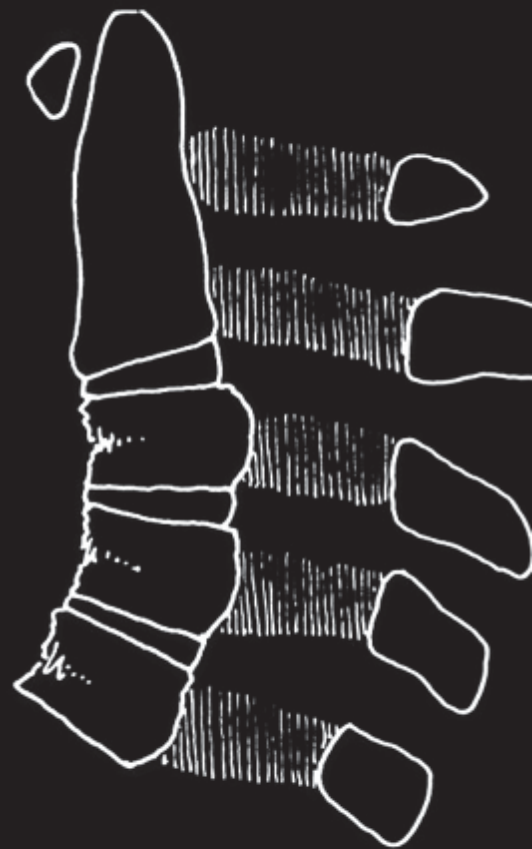


# Cervical Spondylosis

Myelopathy  
Deformity





**A****B****C**



**ENCROACHMENT  
TETHERING**

**REPETITIVE TRAUMA**





# **SURGICAL STRATEGIES**



# Focus on Deformity

Why?

Neck Pain  
Myelopathy

Decrease End Fusion Degenerative Changes

Improve Short-Term Success

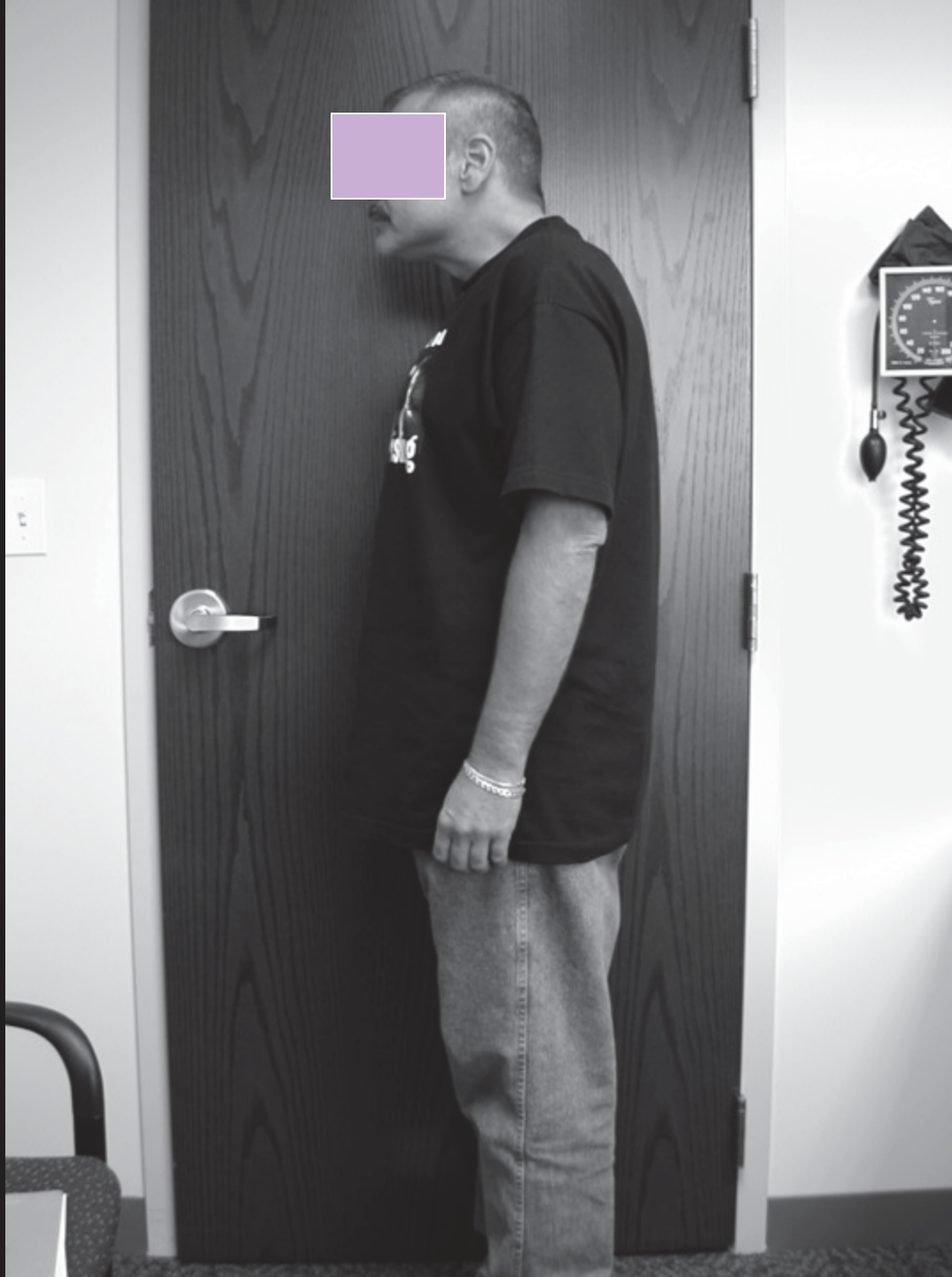
Improve Long-Term Success



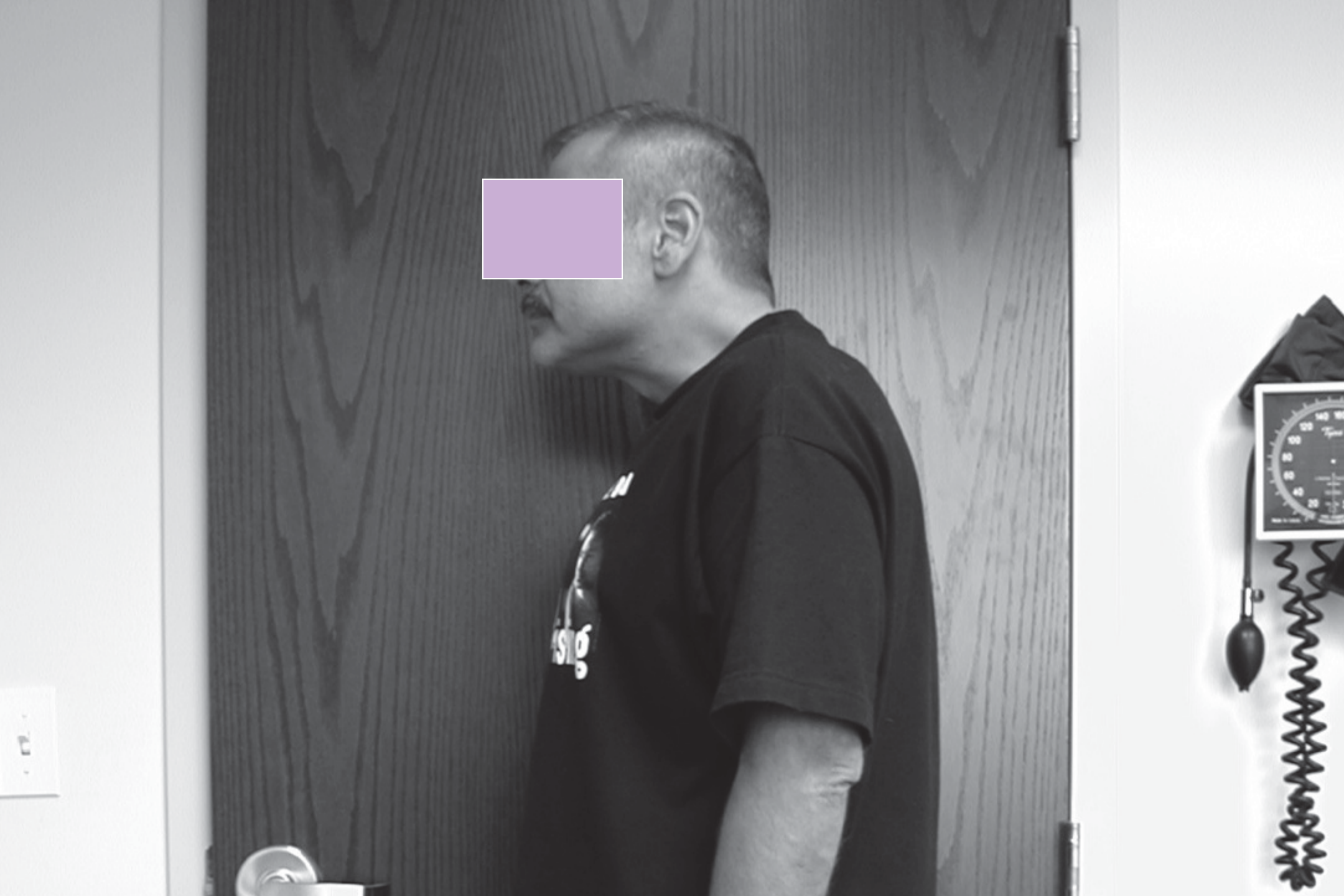


# Kyphosis Trapezius Sign









# Intra-Operative Deformity Correction

Ventral  
vs  
Dorsal



**Its all about the  
leverage!!!**



**Dorsally, leverage is  
VEEEEERRRRYYYY  
difficult to  
achieve!!!**



# Polyaxial Screws





**Exception**

**Capital Flexion**

**and**

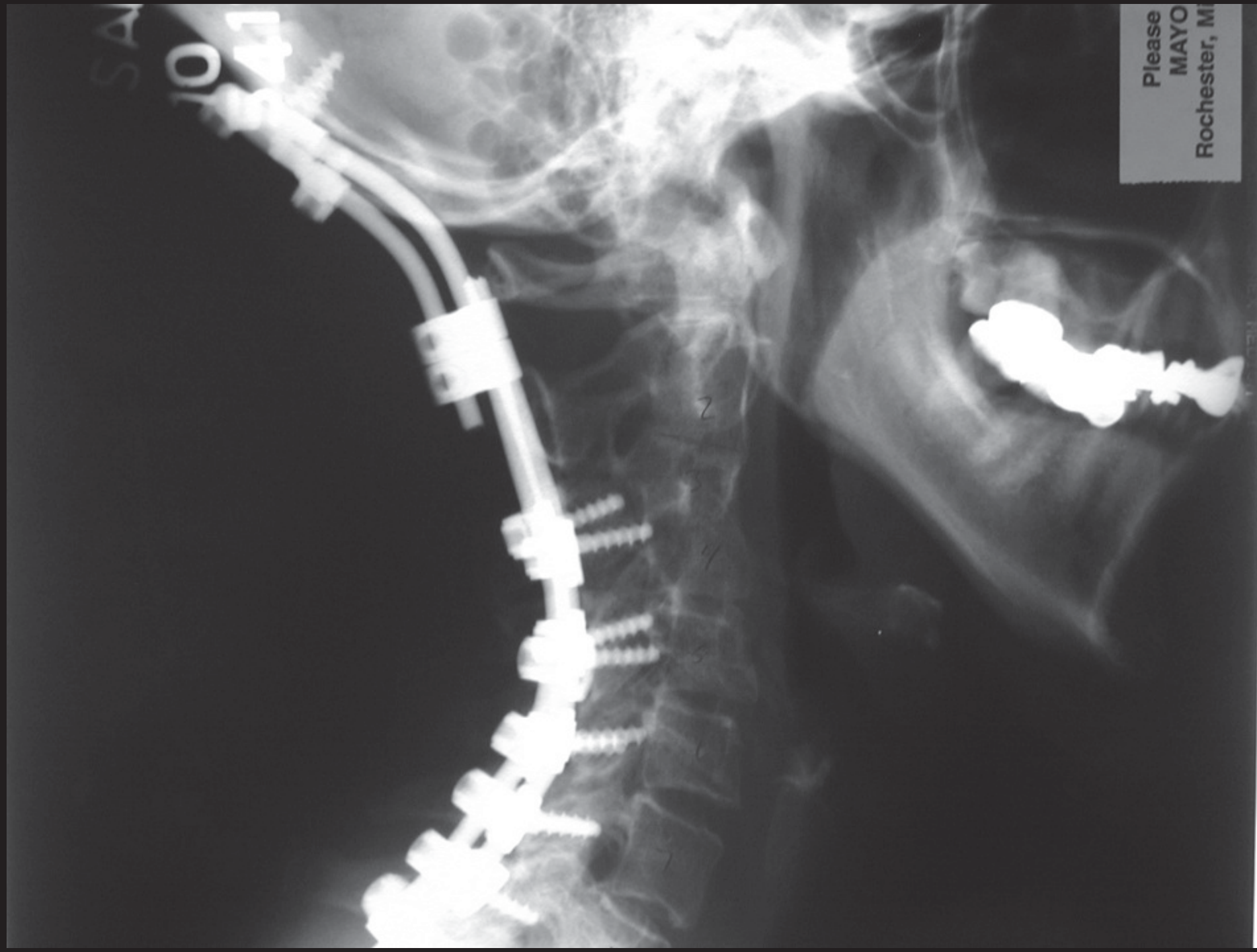
**Extension**

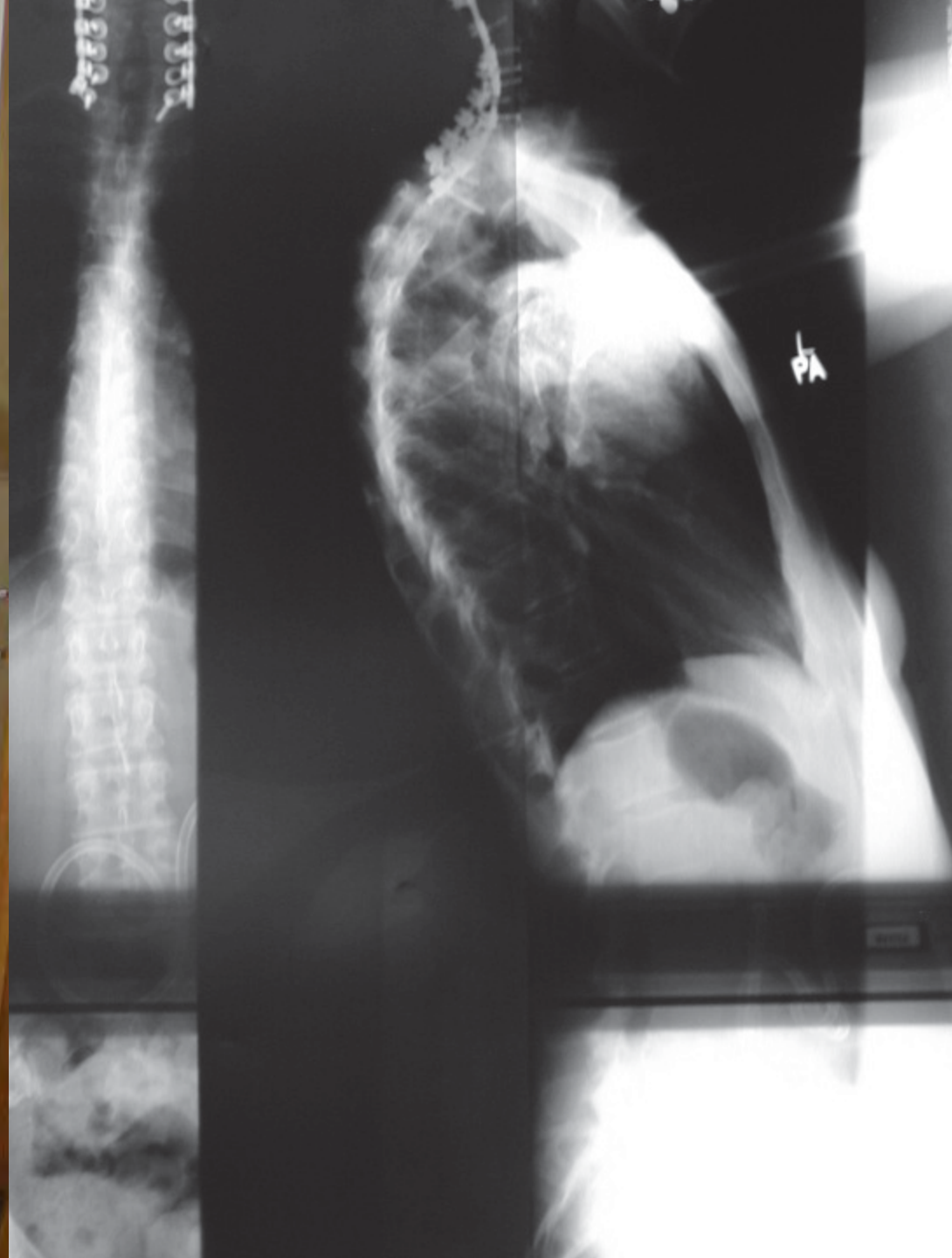




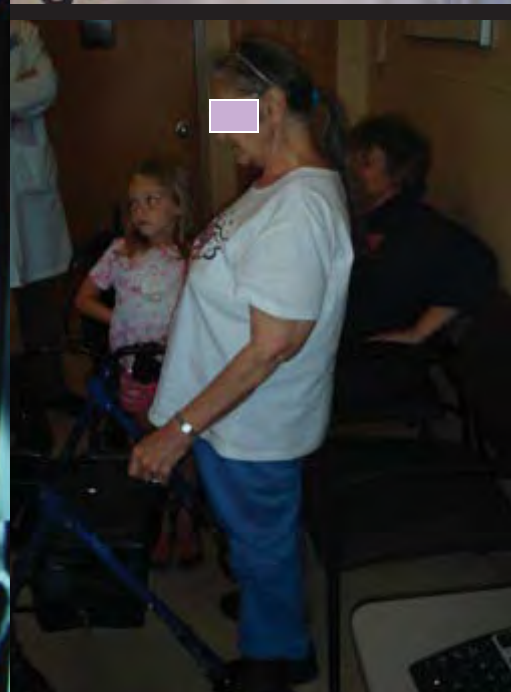
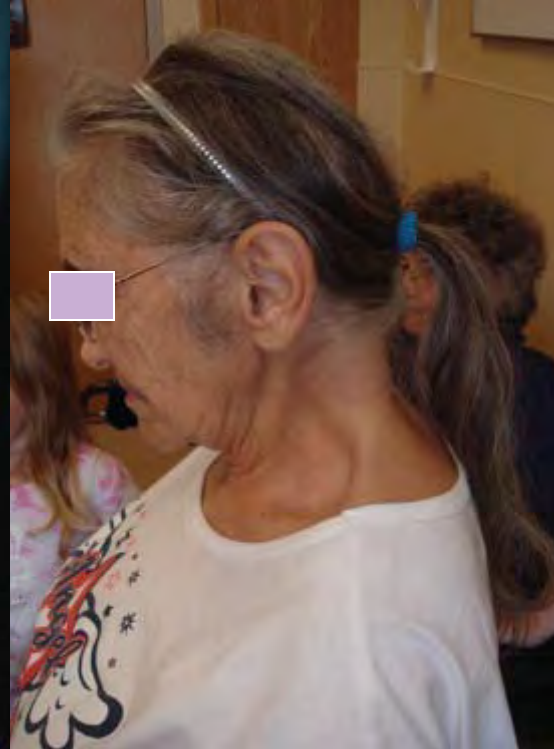
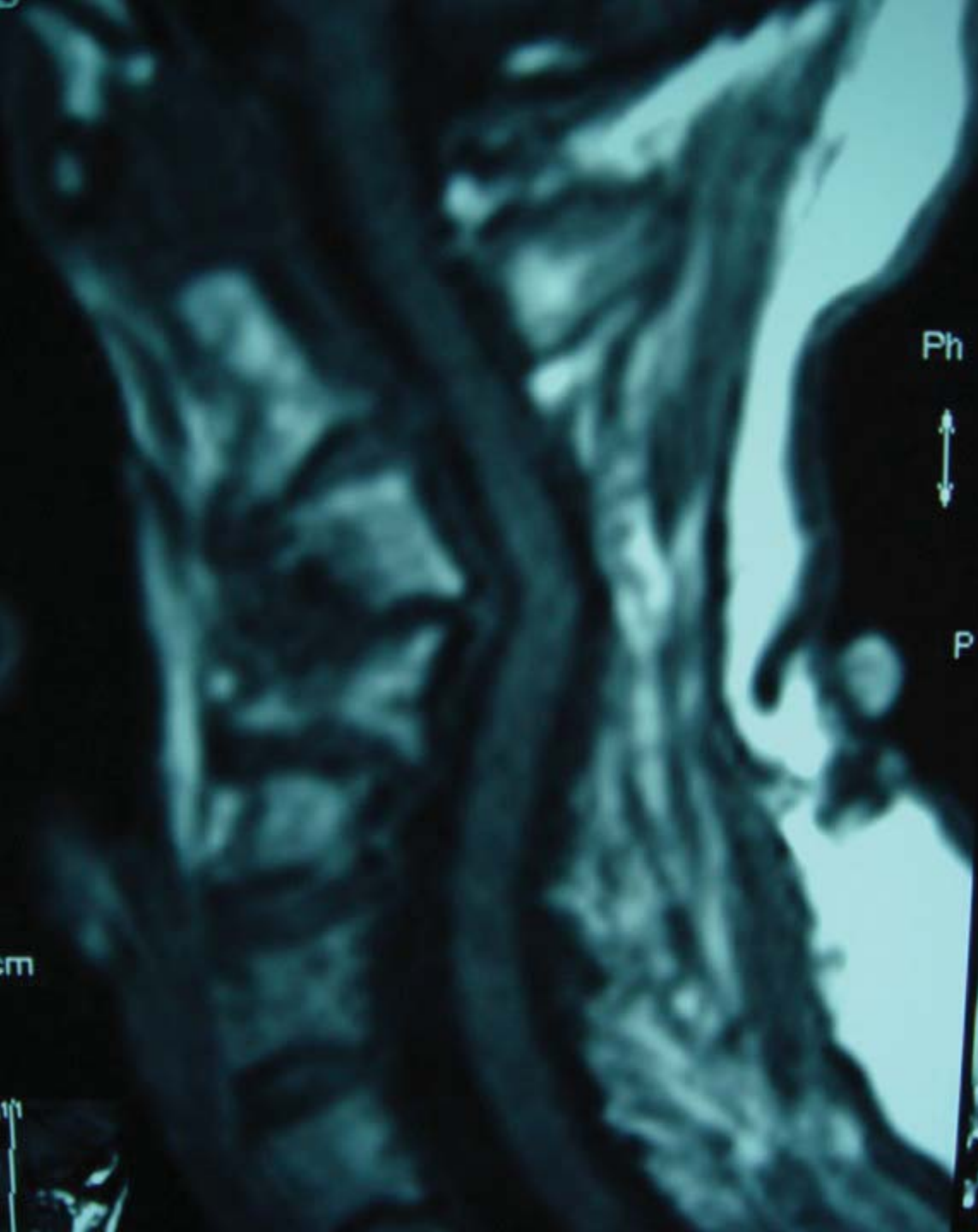
SA  
1041

Please  
MAYO  
Rochester, MI

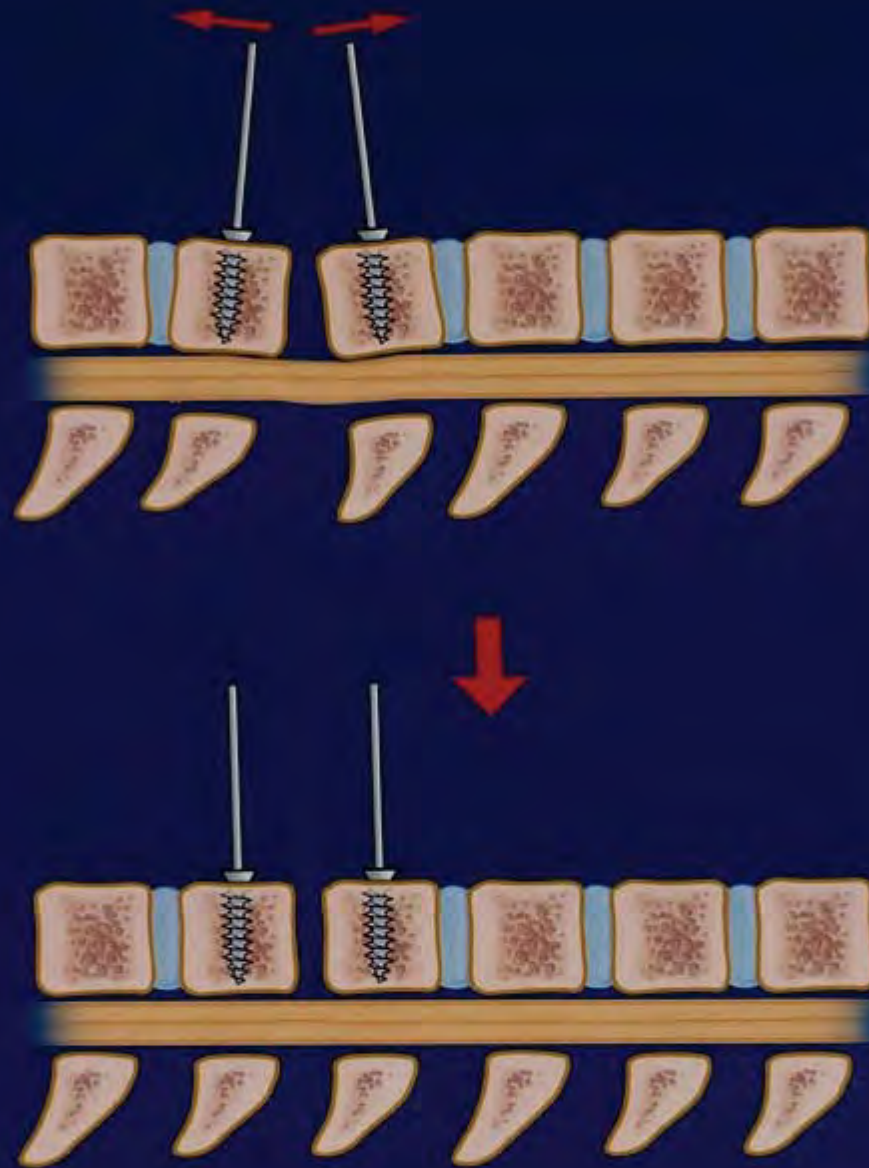


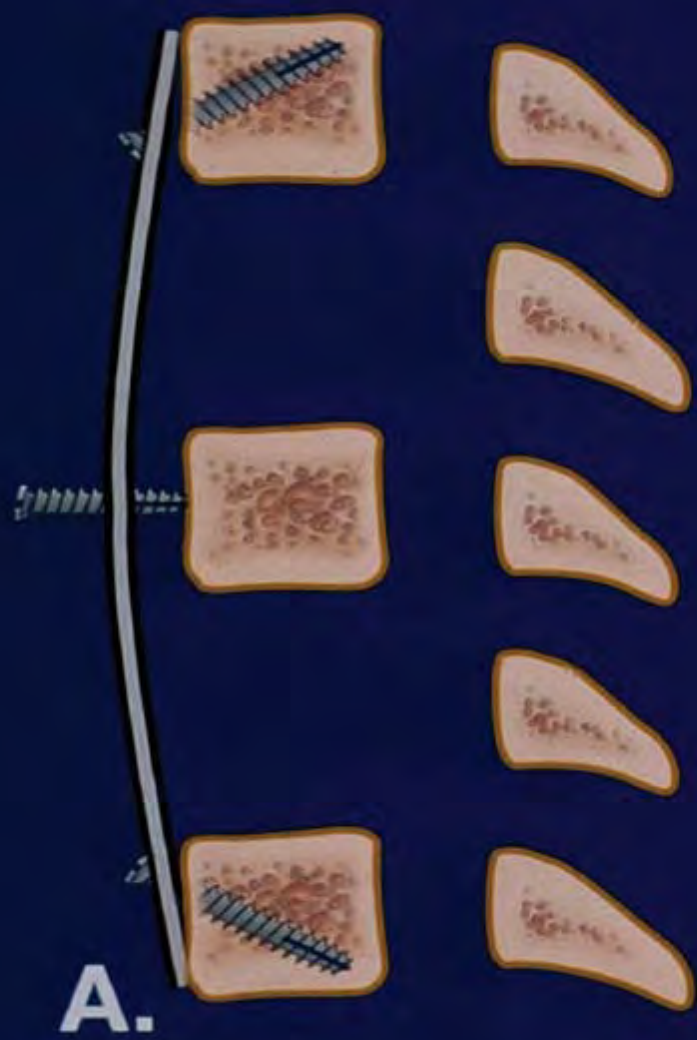


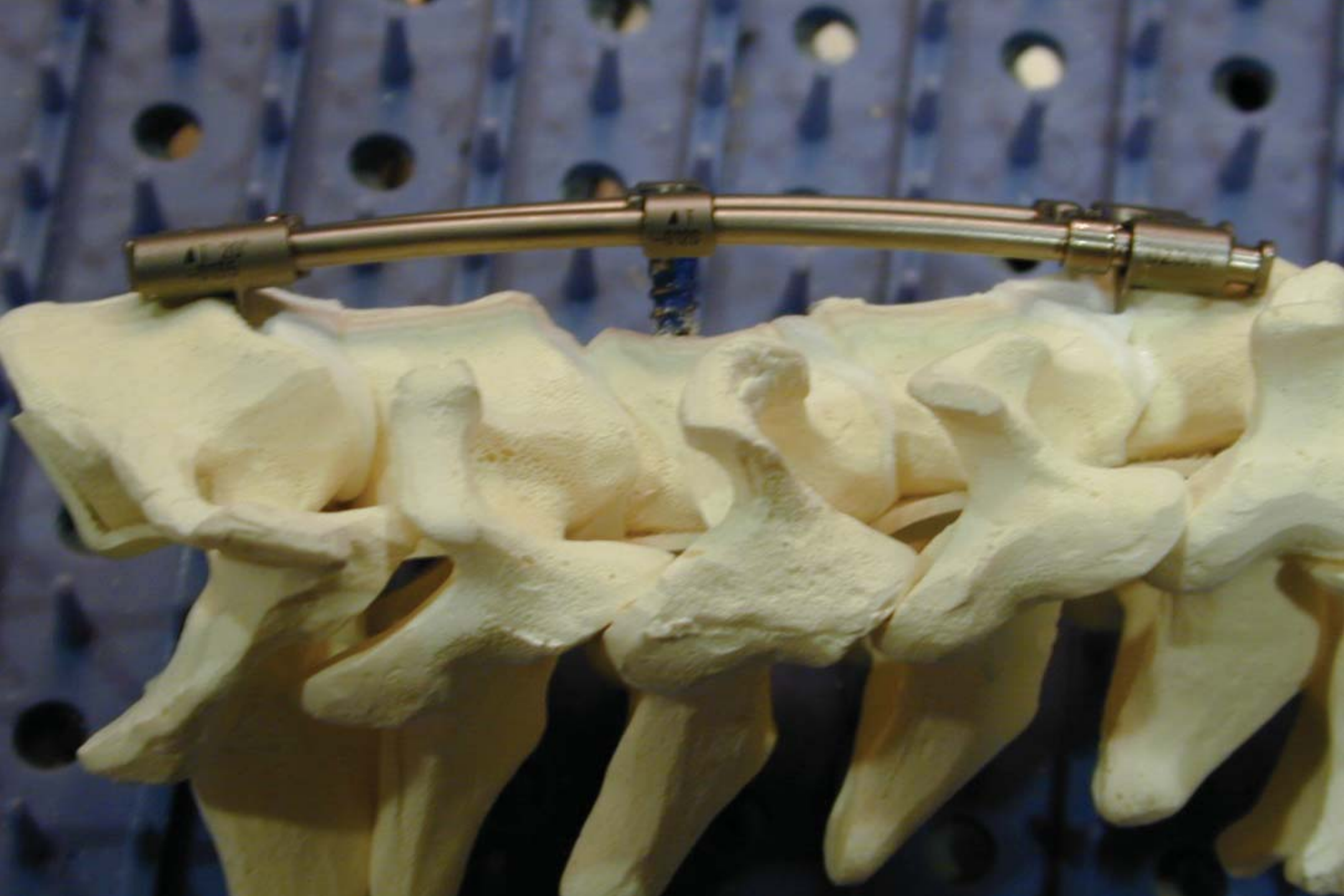










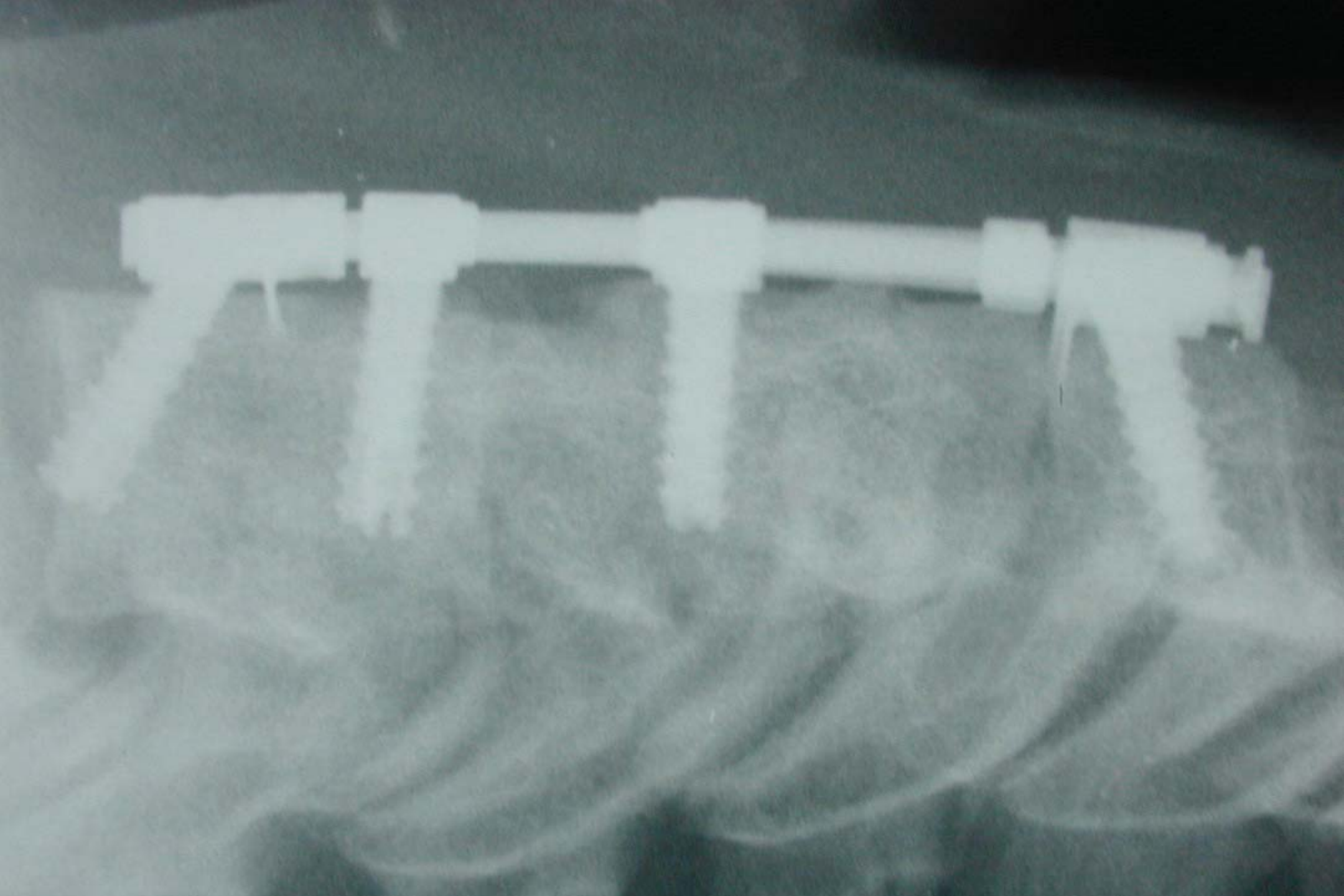












# Gravity





93270349045  
25-SEP-1940  
11:14  
11-SEP-1999  
IMAGE 11  
SER 1-2

HL

Woodland Diagnostic  
H-SP VB33A  
+ : F A L

93270349045  
25-SEP-1940  
11:14  
11-SEP-1999  
IMAGE 12  
SER 1-2

HL

Woodland Diagnostic  
H-SP VB33A  
+ : F A L

A

A

tse1\_7  
\*R  
1 SAT  
TR 4000.0  
TE 114.0/1  
TA 07:05  
AC 2

BVOMR  
TECH:MLP

SP -0.0  
SL 4.0  
FoV 228\*260  
182 \*256o  
Sag>Tra -1

W 1162  
C 478

tse1\_7  
\*R  
1 SAT  
TR 4000.0  
TE 114.0/1  
TA 07:05  
AC 2

BVOMR  
TECH:MLP

SP 5.3  
SL 4.0  
FoV 228\*260  
182 \*256o  
Sag>Tra -1

W 1162  
C 478





**Could Correct  
Ventrally**

**Because Facets not Ankylosed**





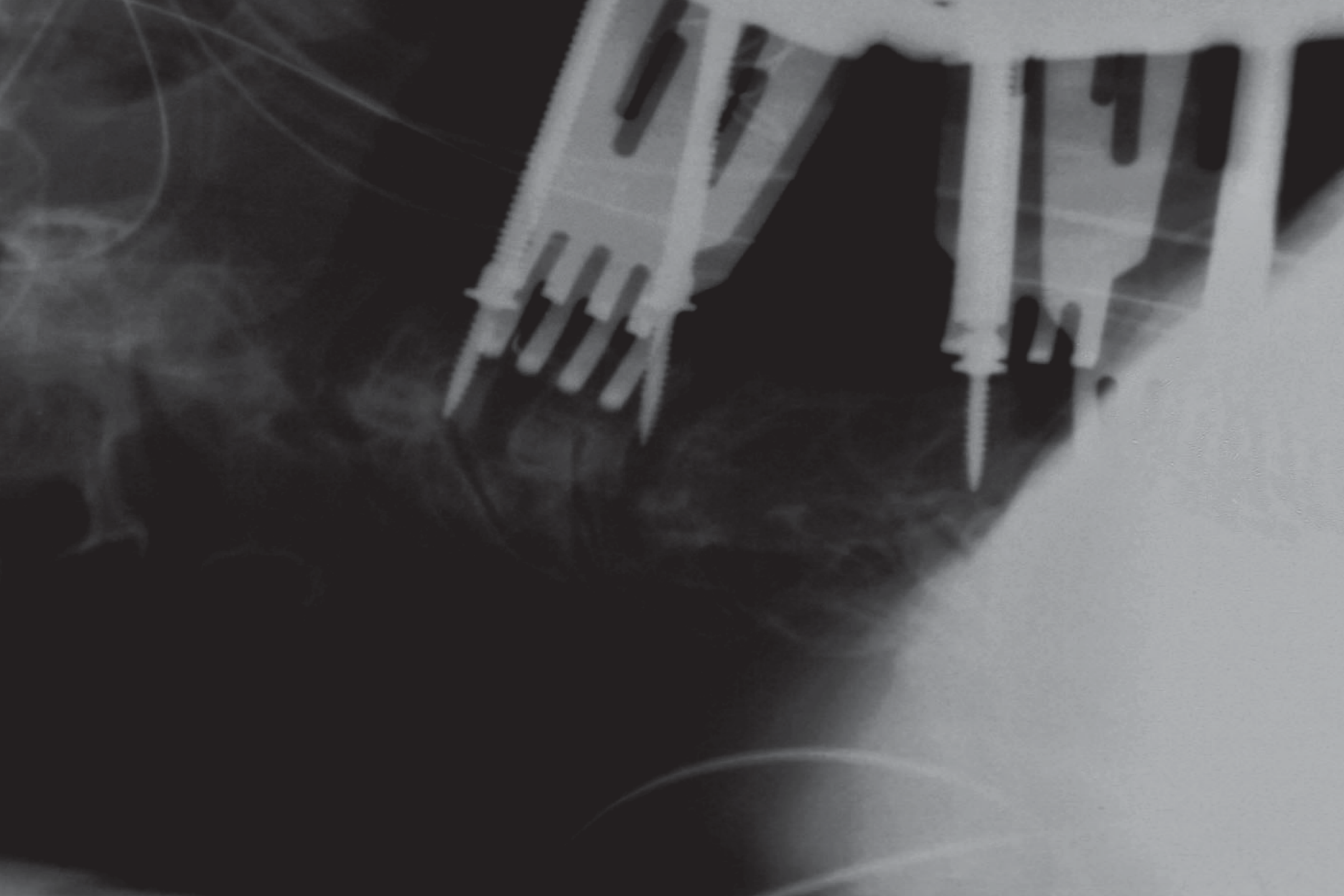


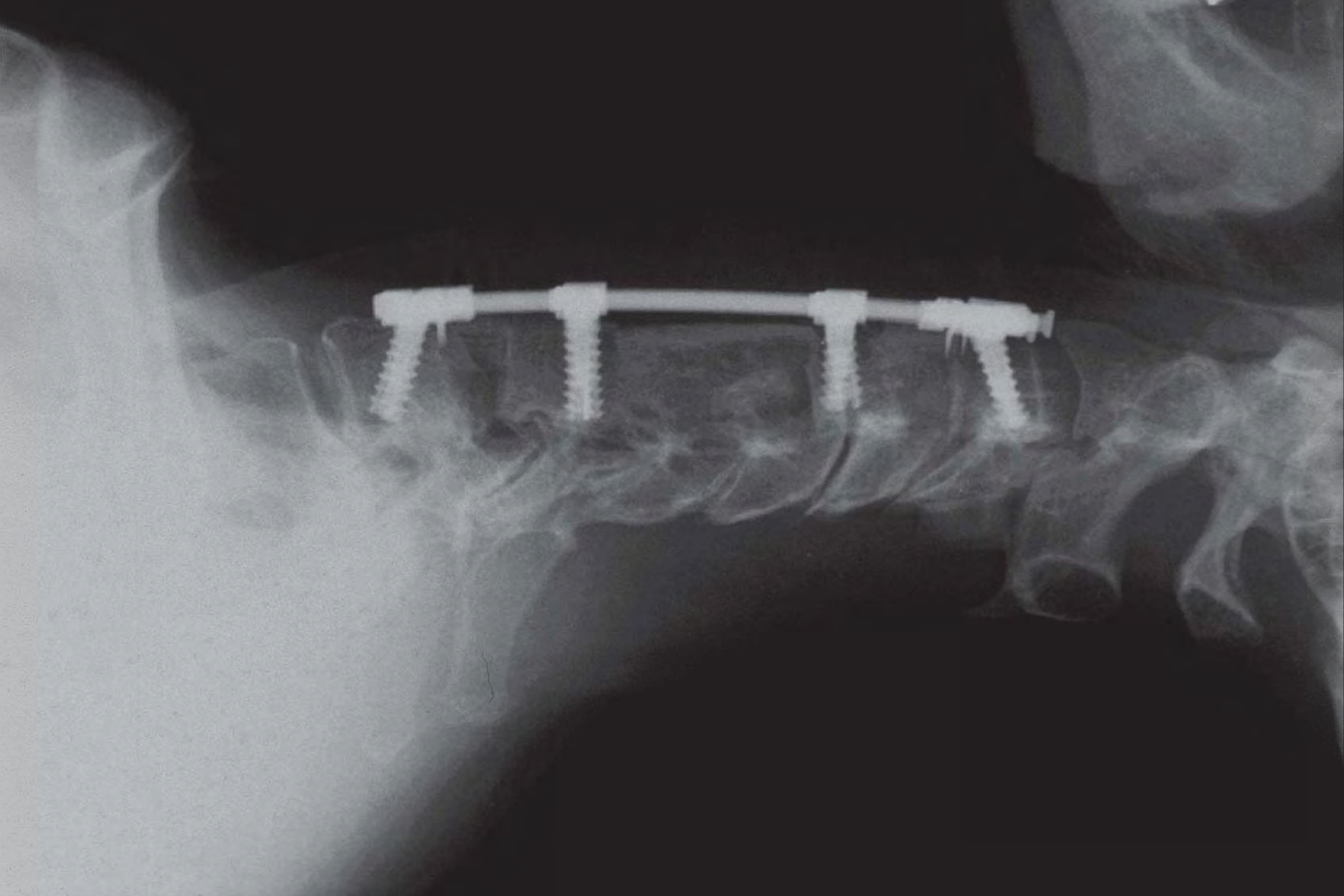


0455

FILMS







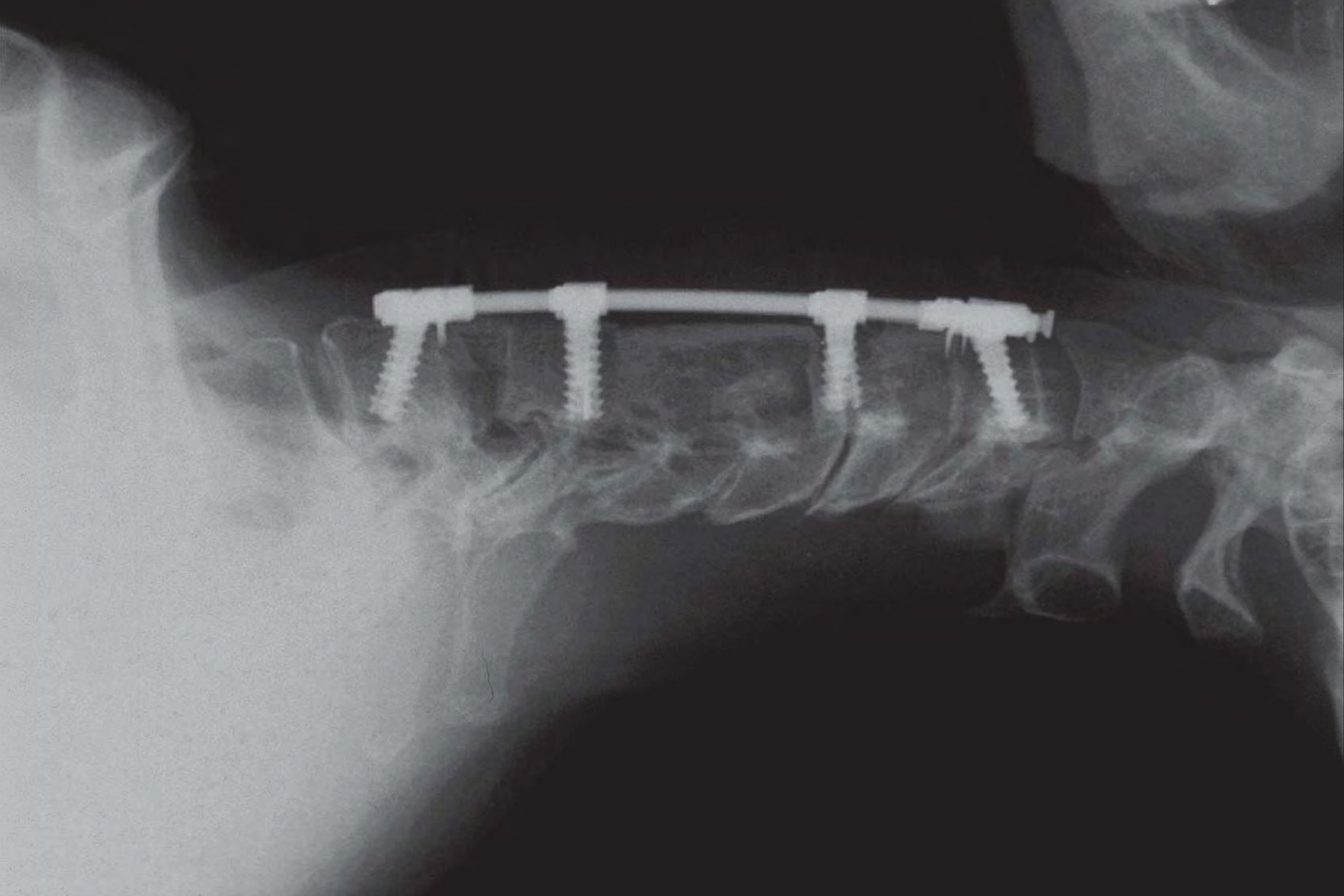
**Its all about leverage!!!**

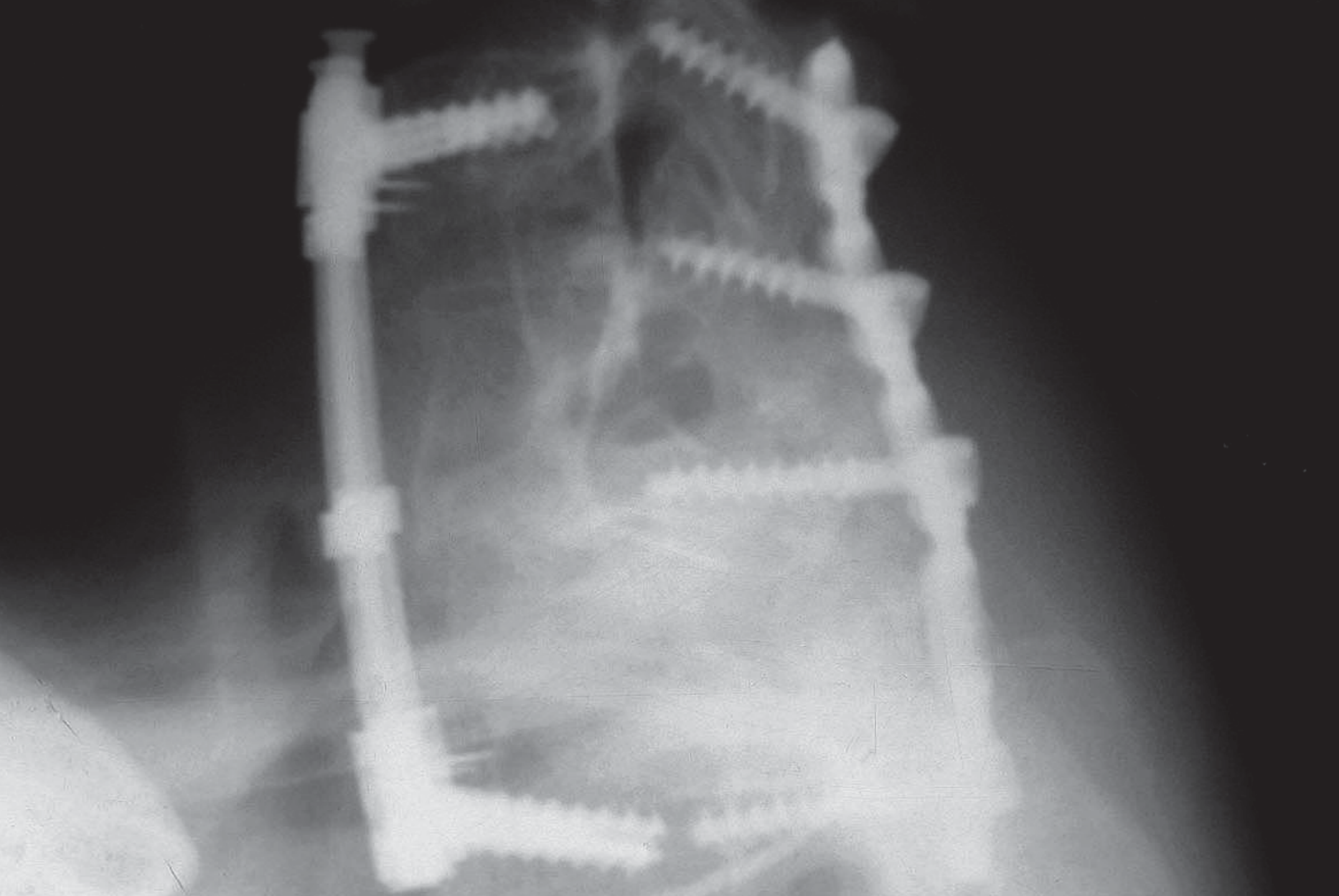


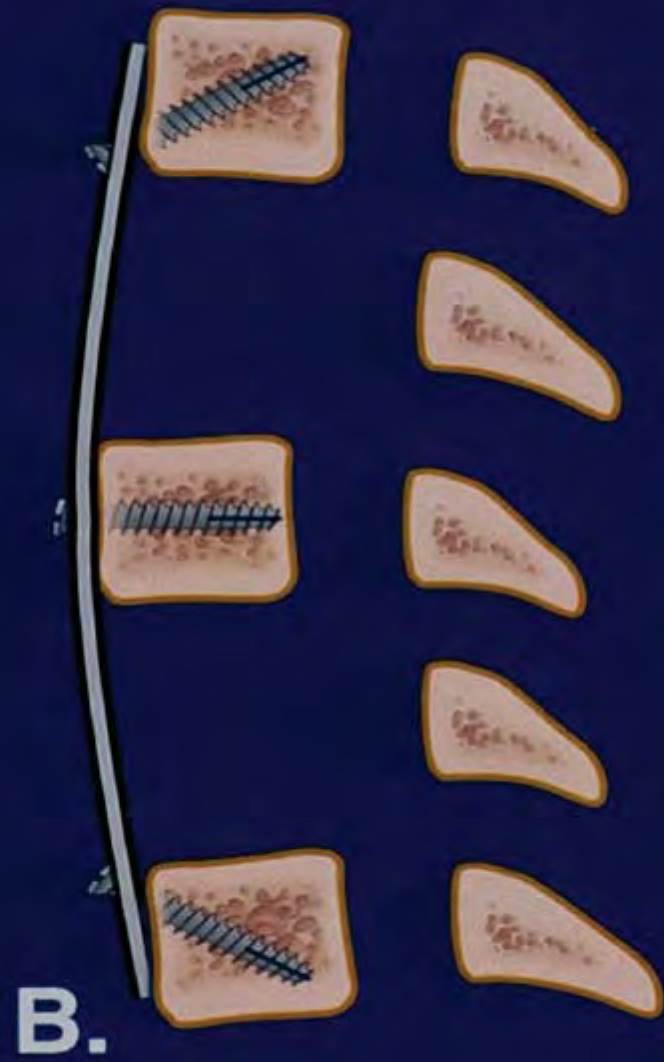
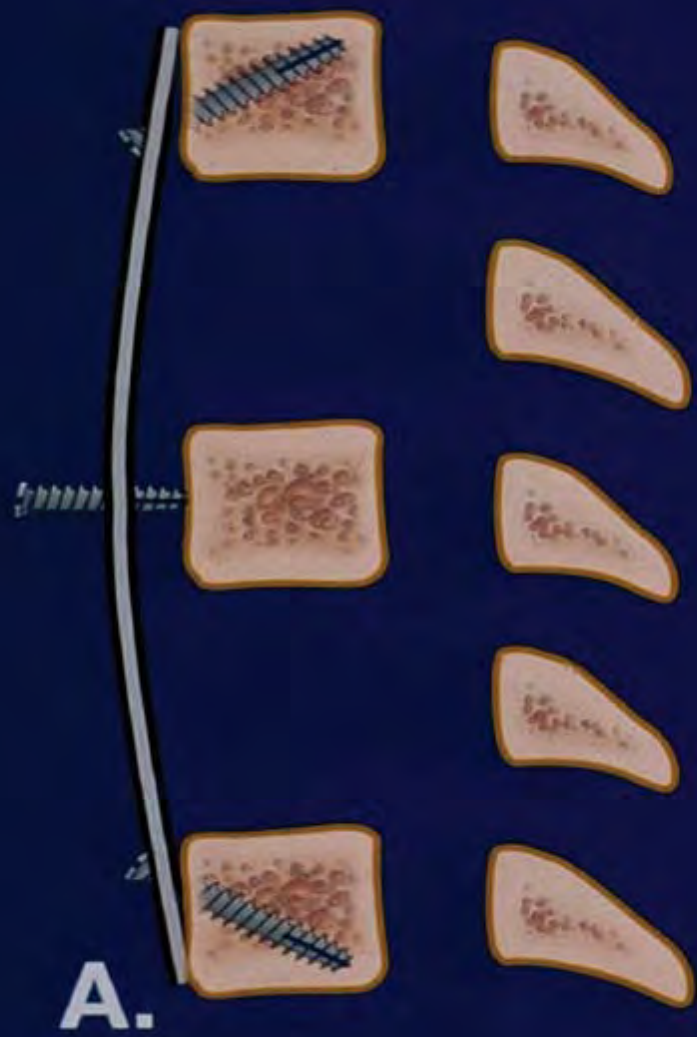
# Fixation Follows!!!



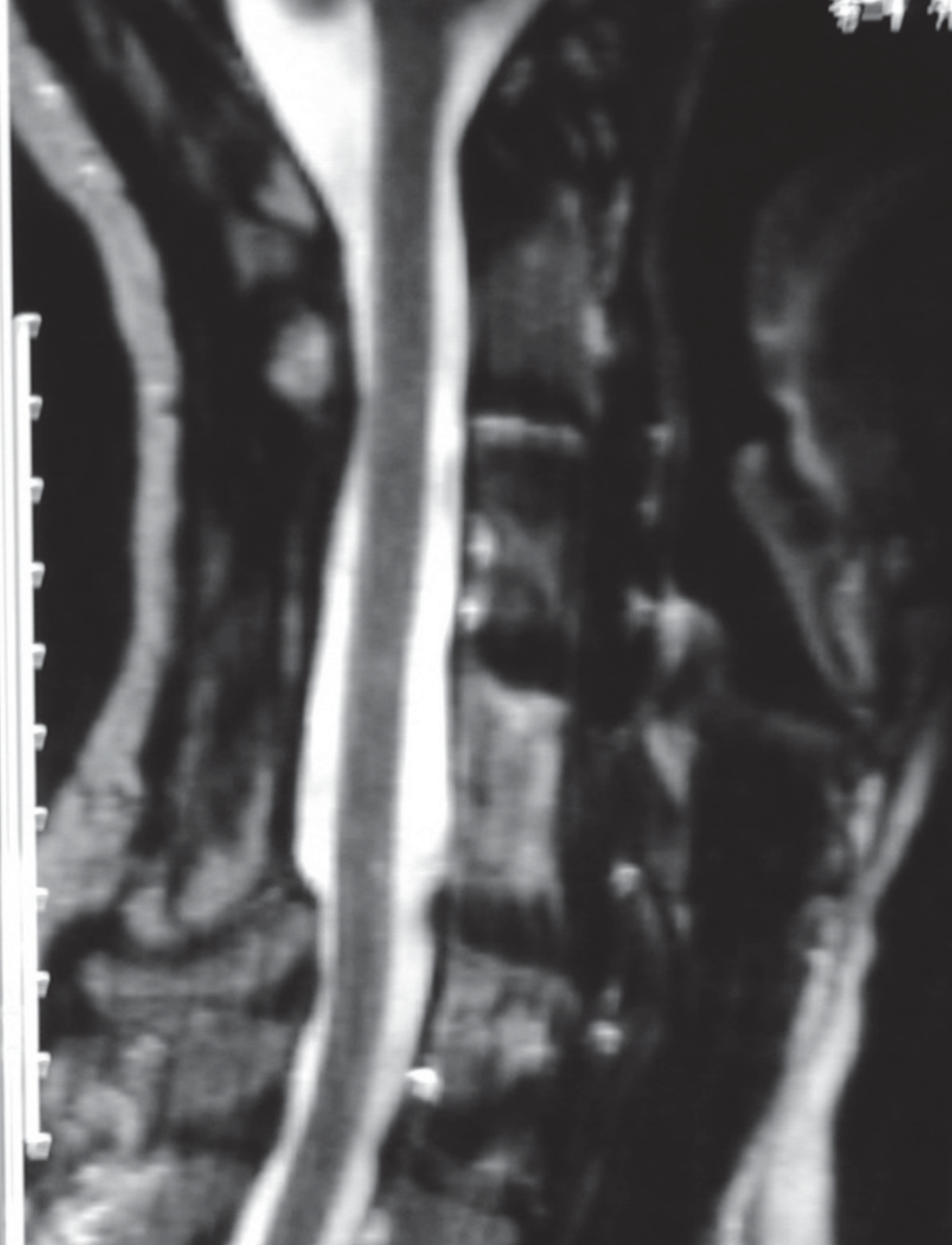
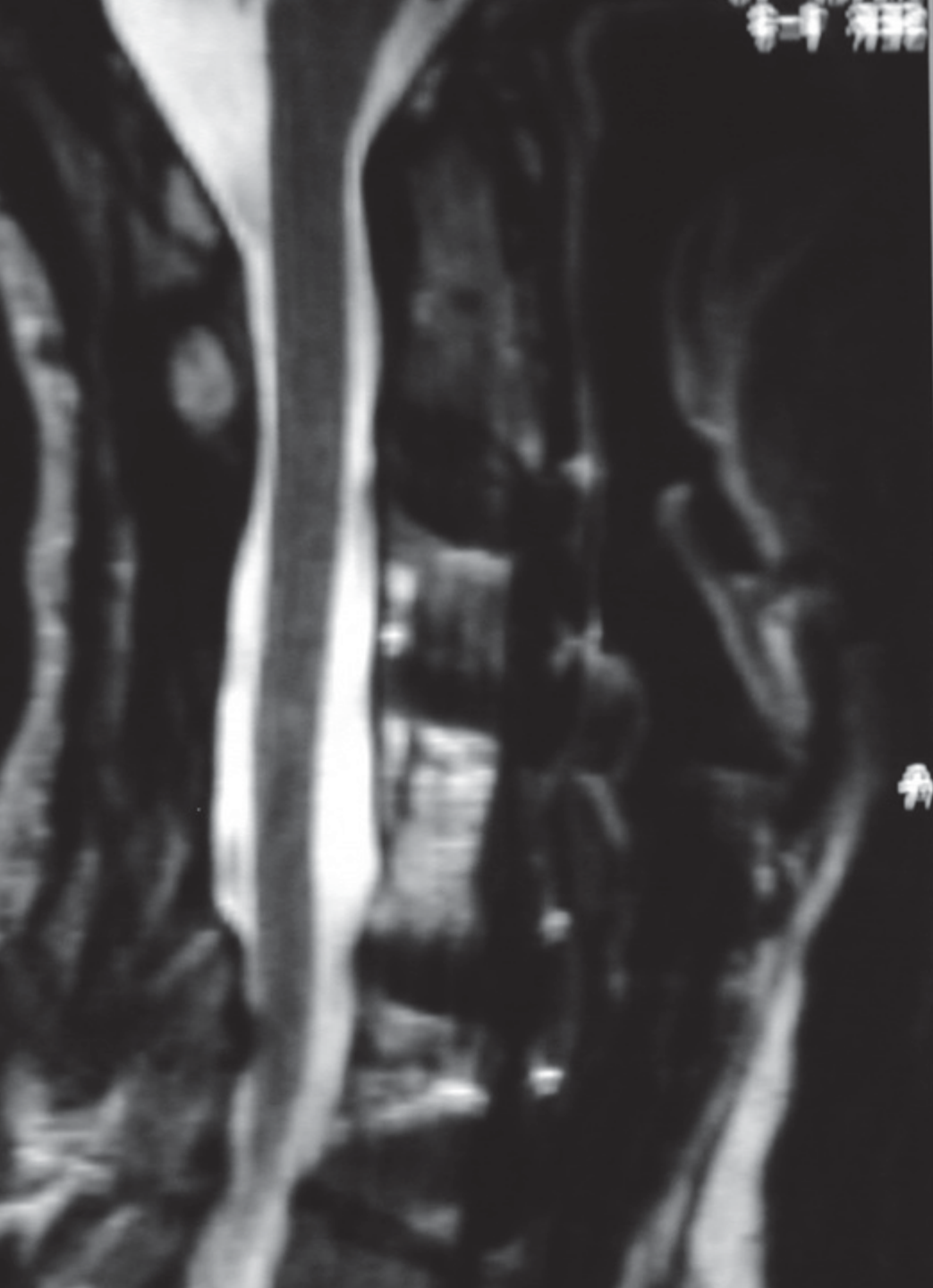












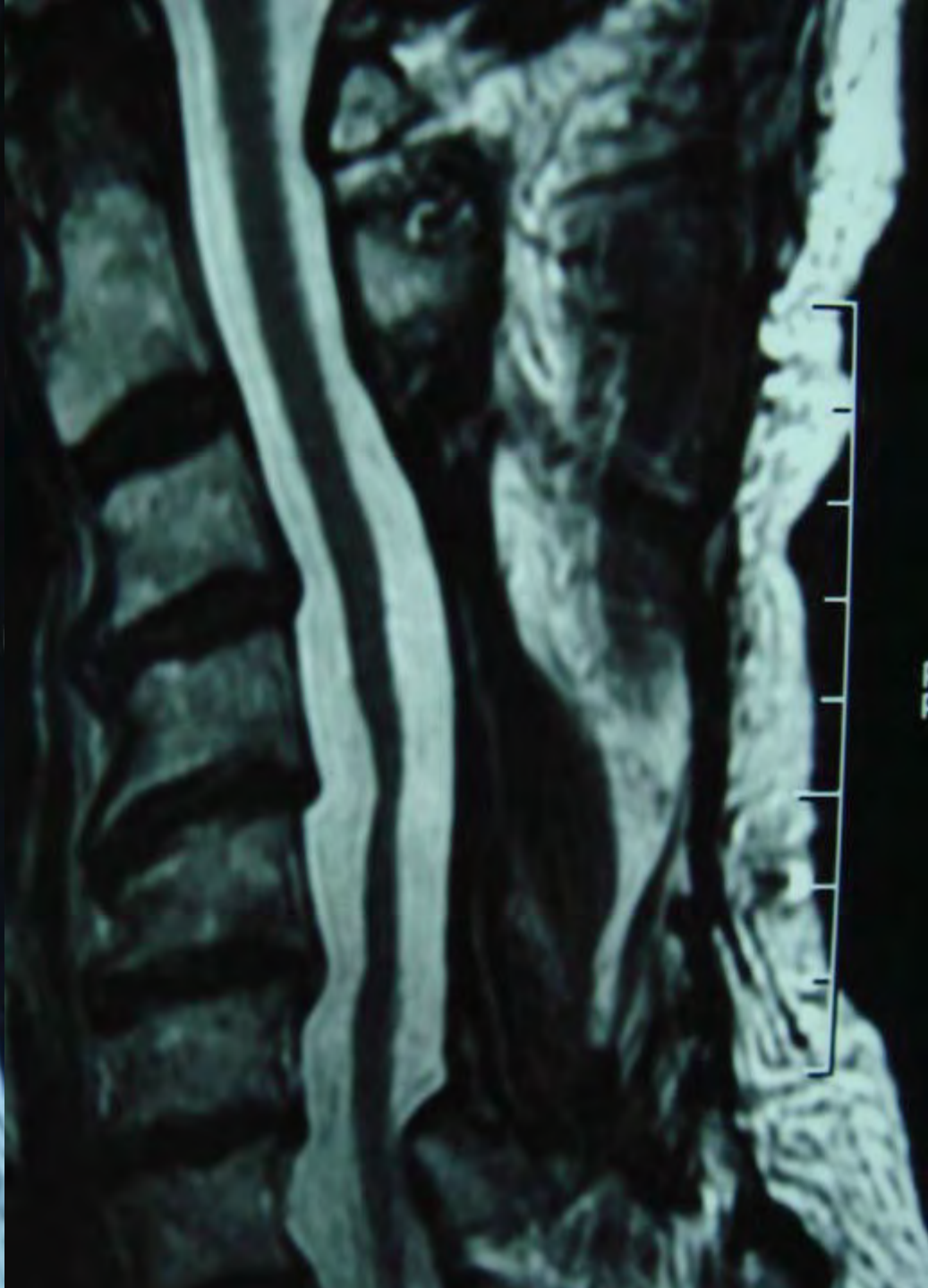












**CSM**

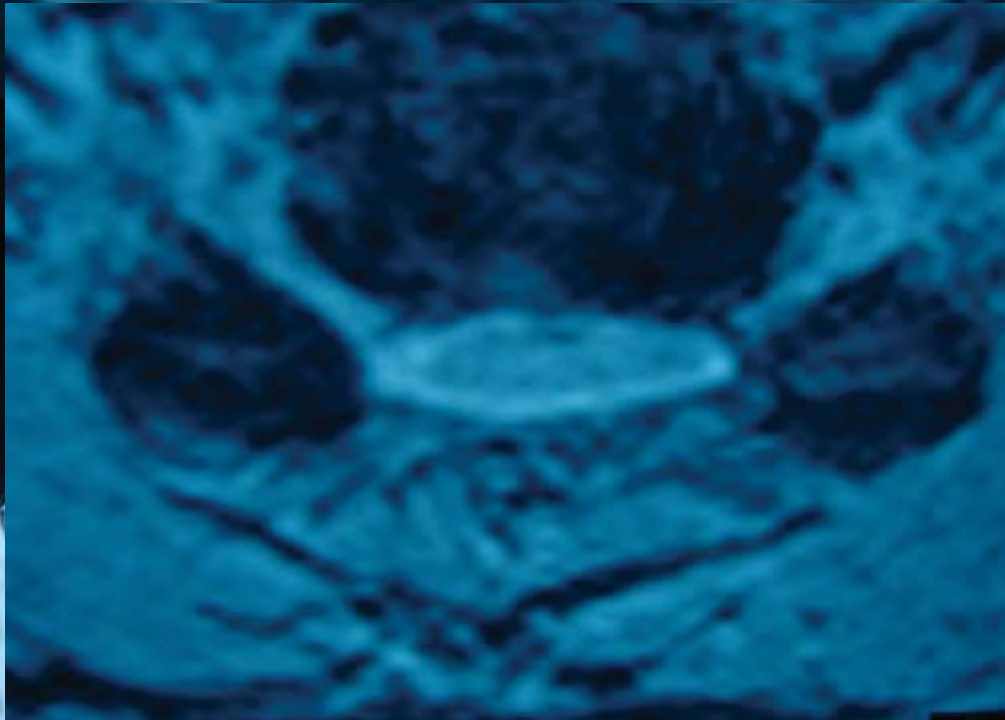
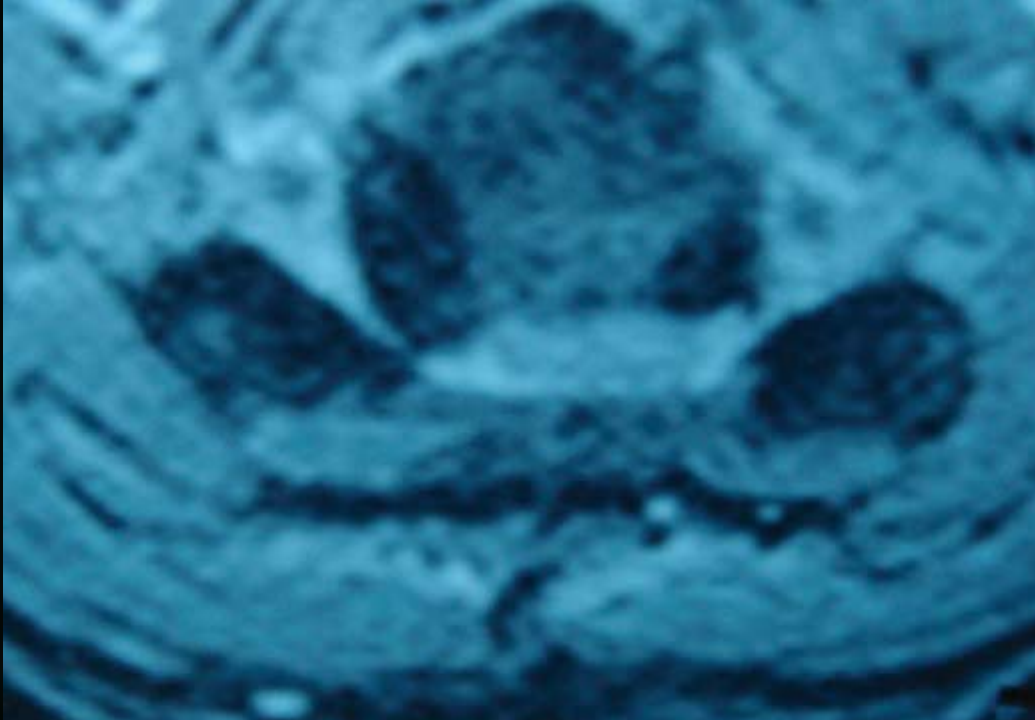
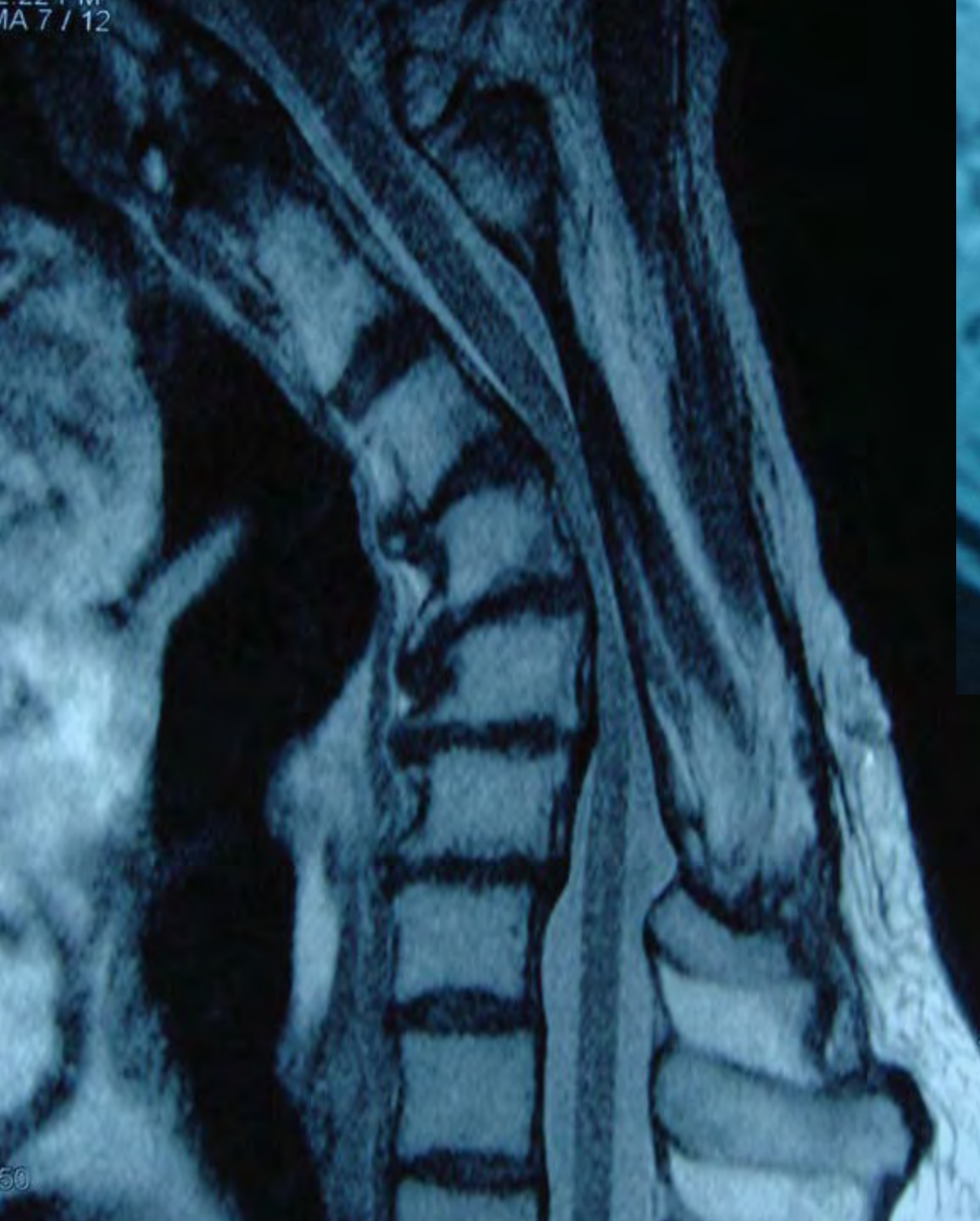
**Repetitive Trauma  
and**

**Tethering / Distraction**

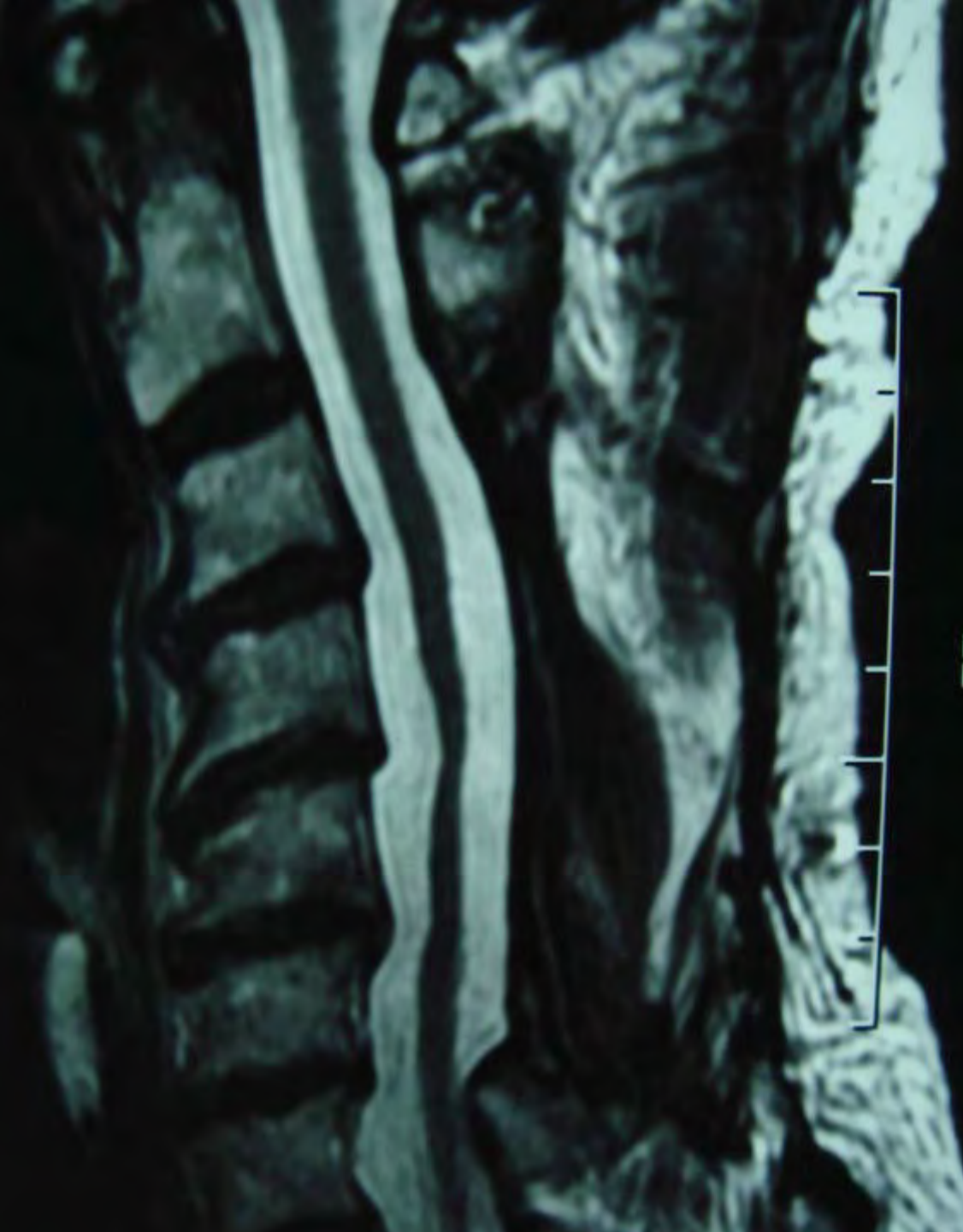














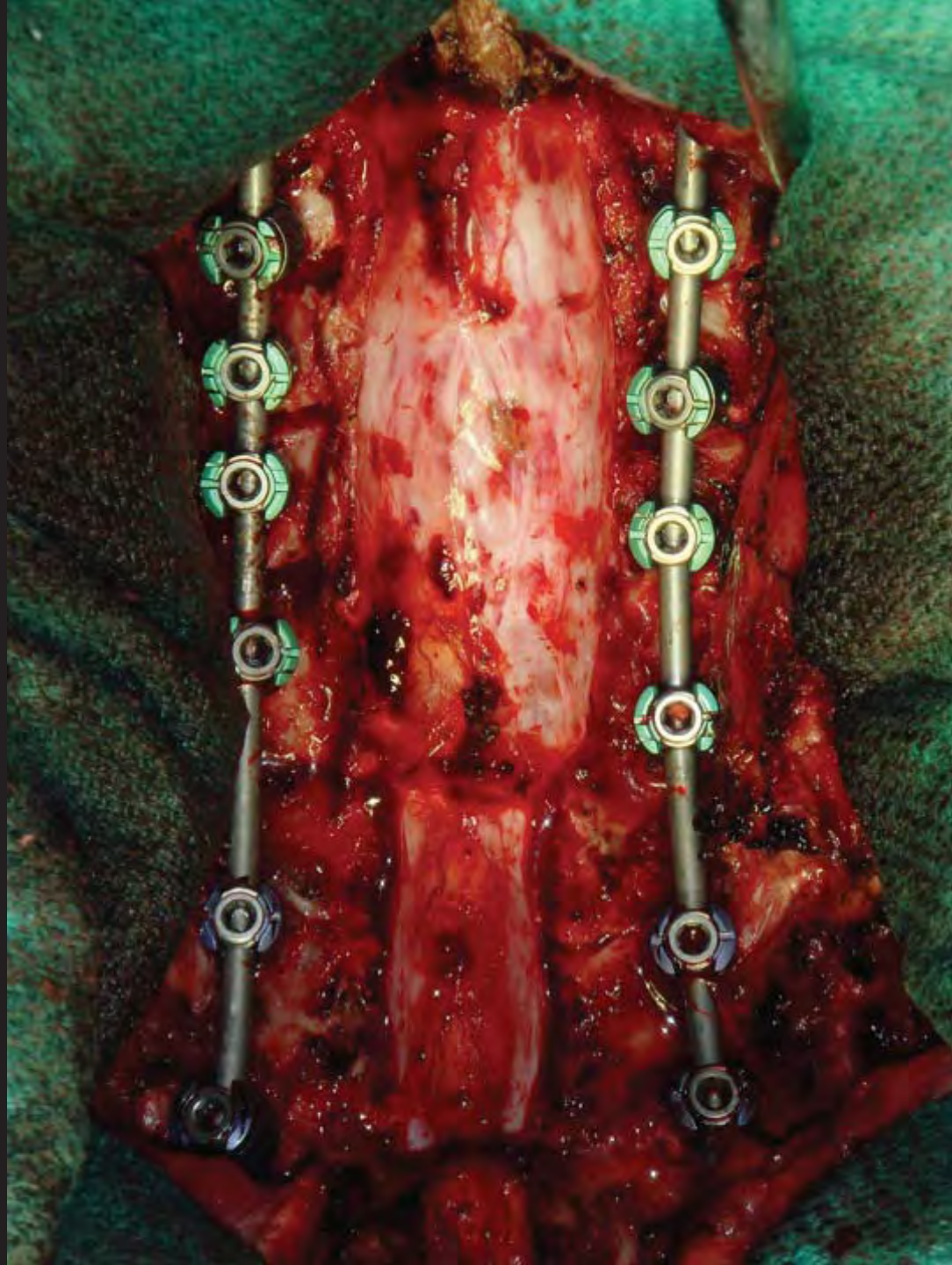


**Could Correct  
Dorsally**

**Because Relaxed/Released**















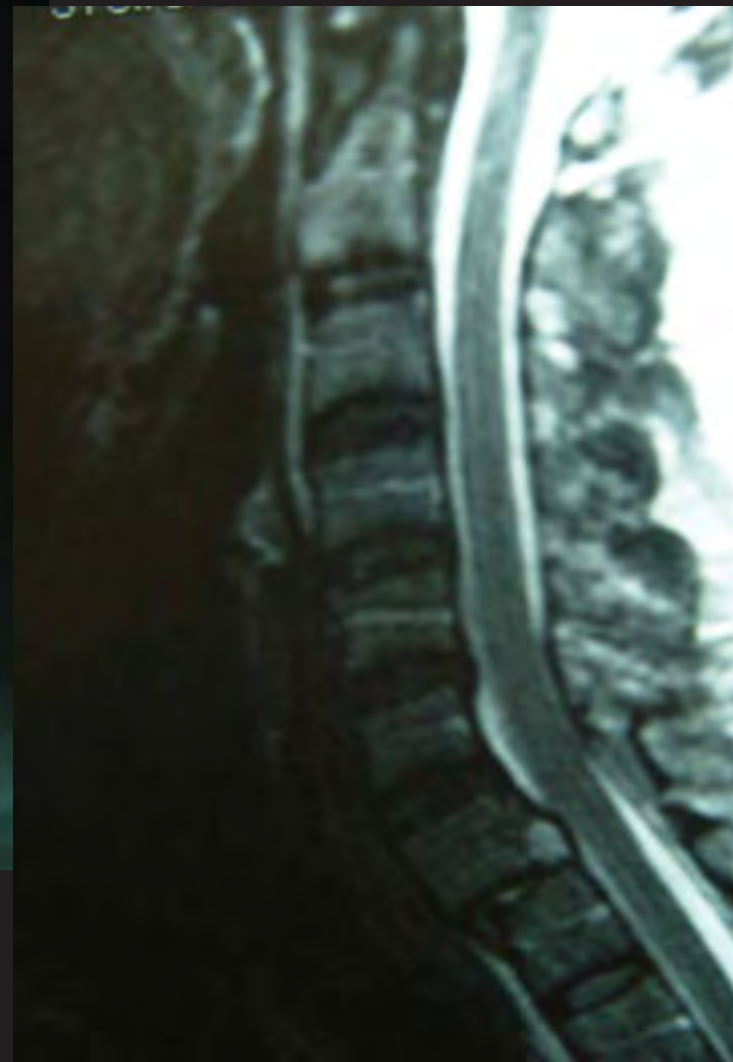


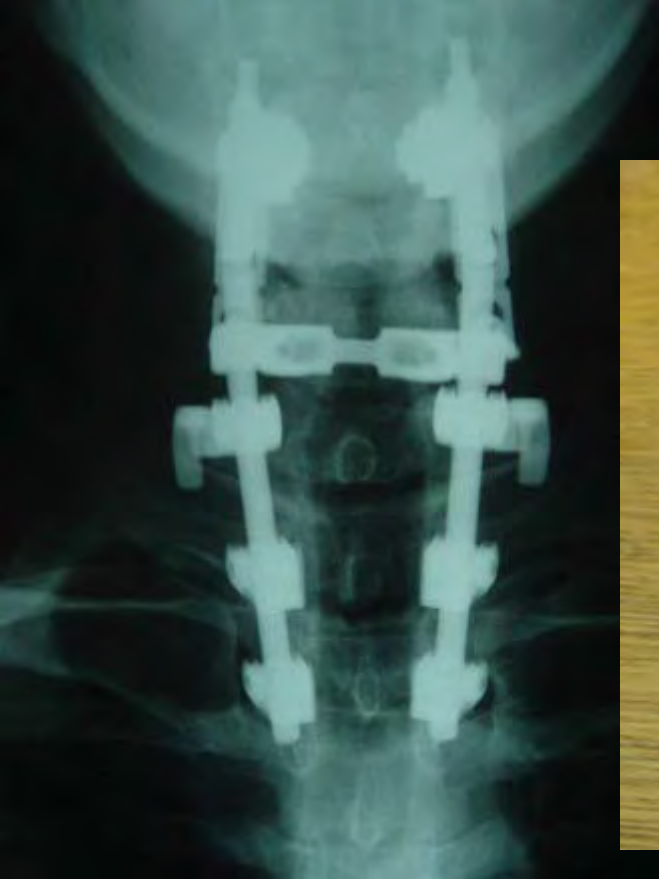


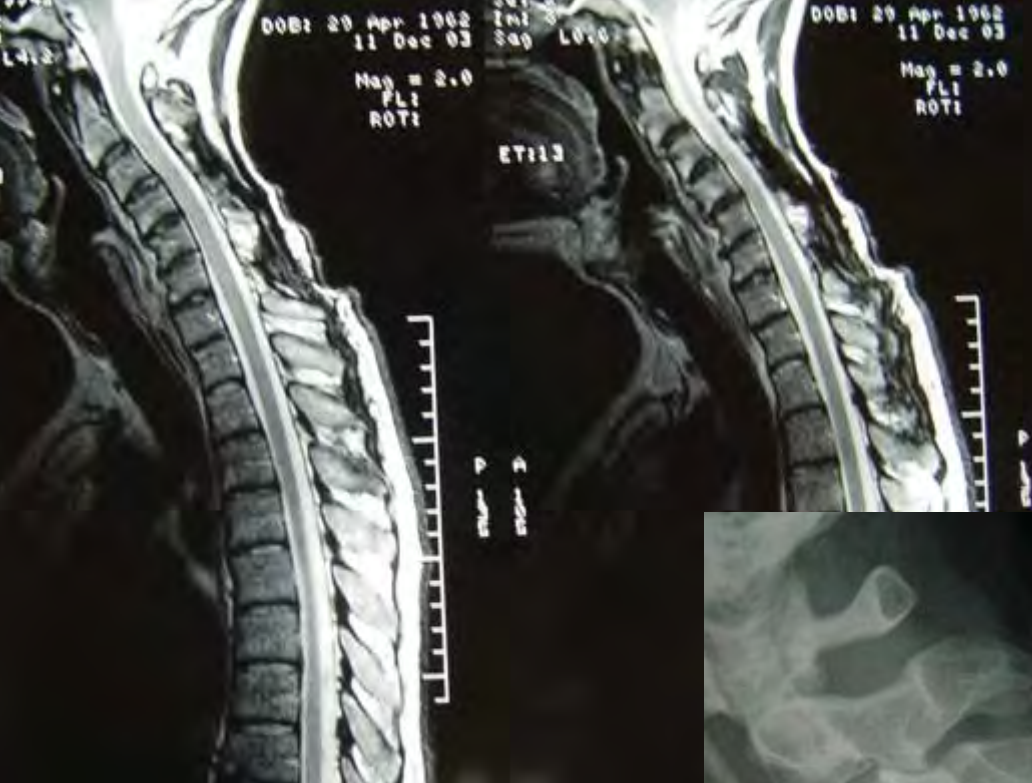




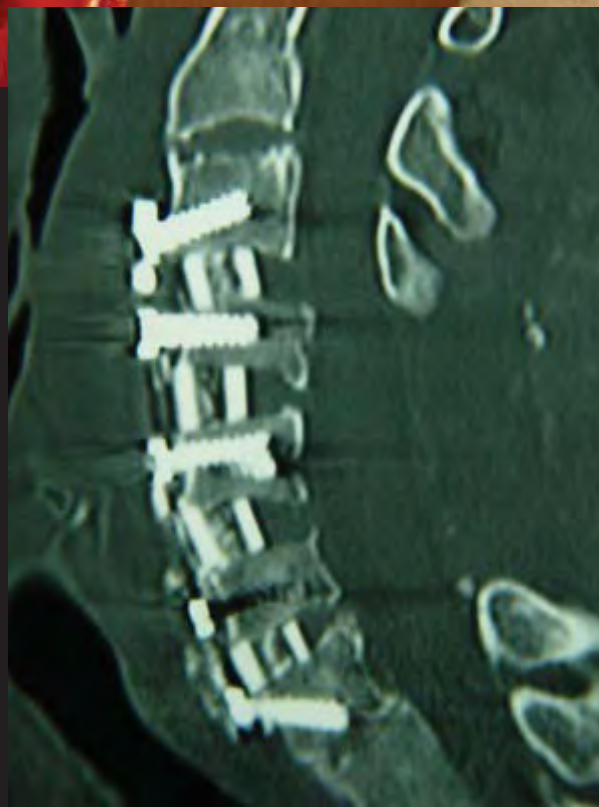
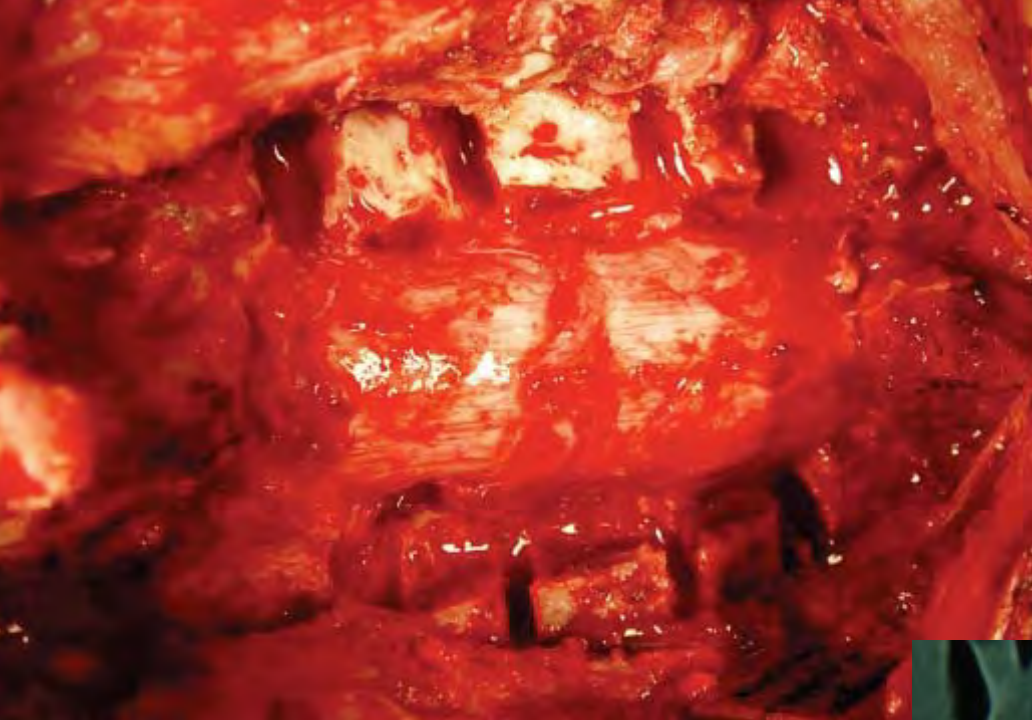
















**Correct**  
**at**  
**Another Level**

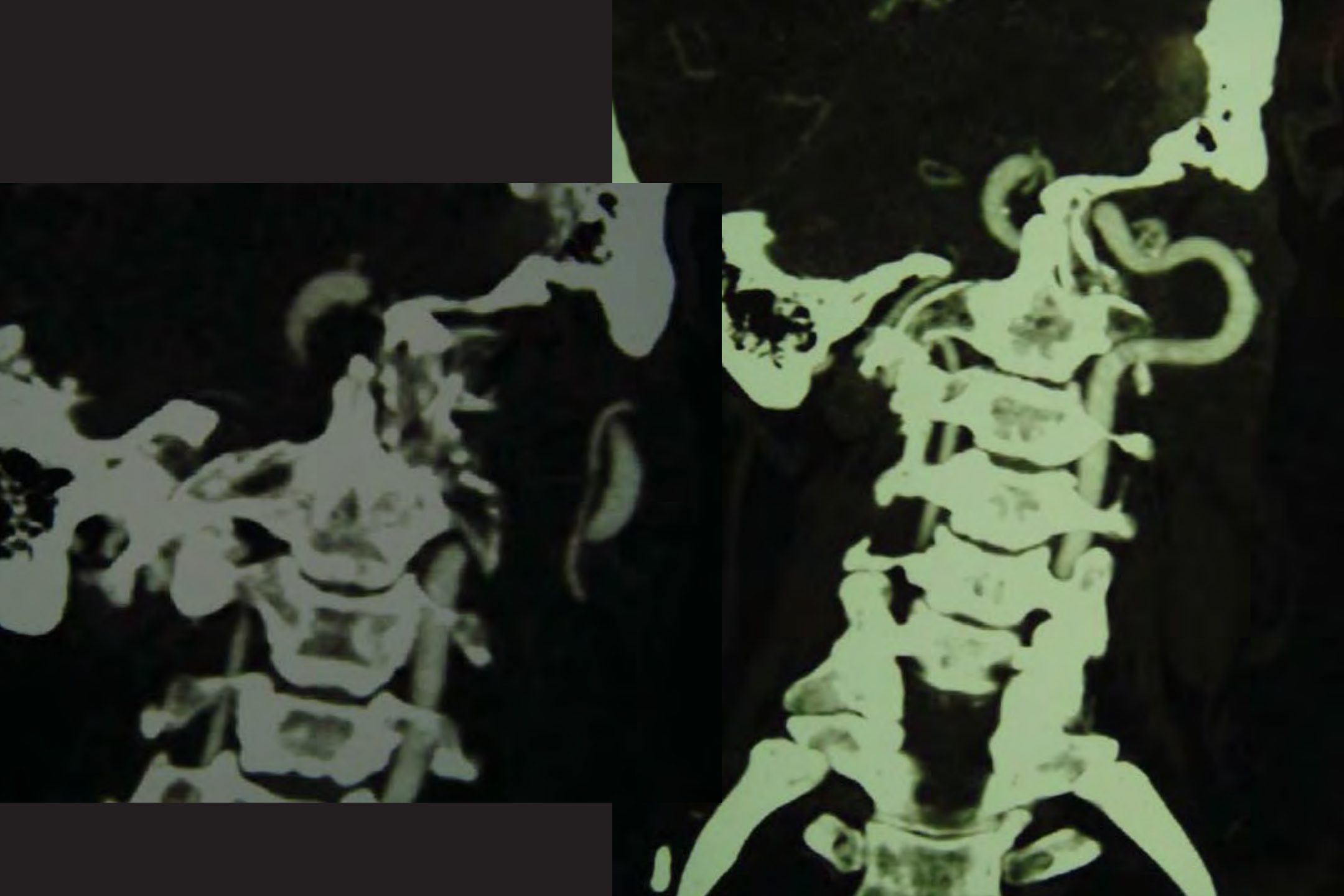


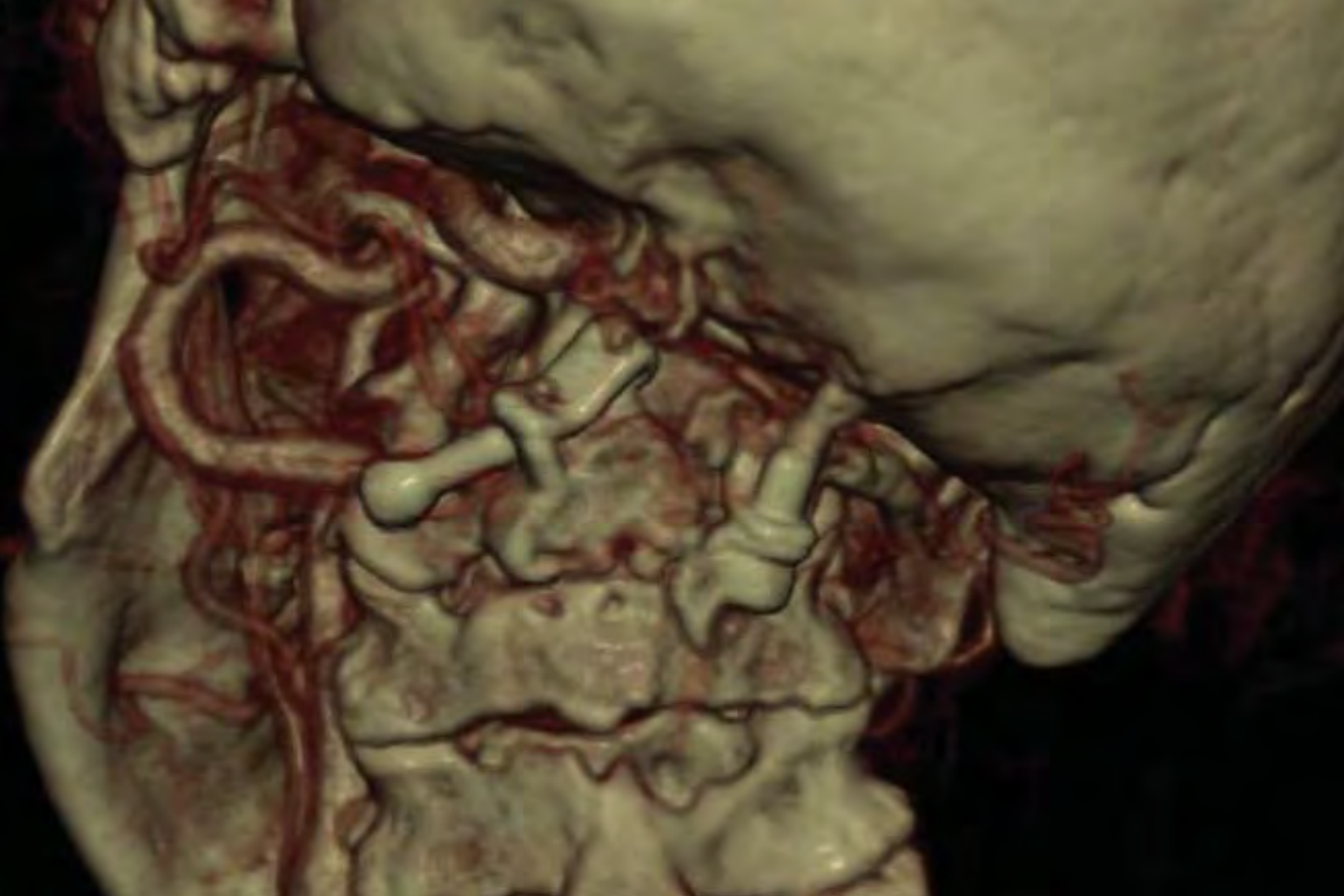






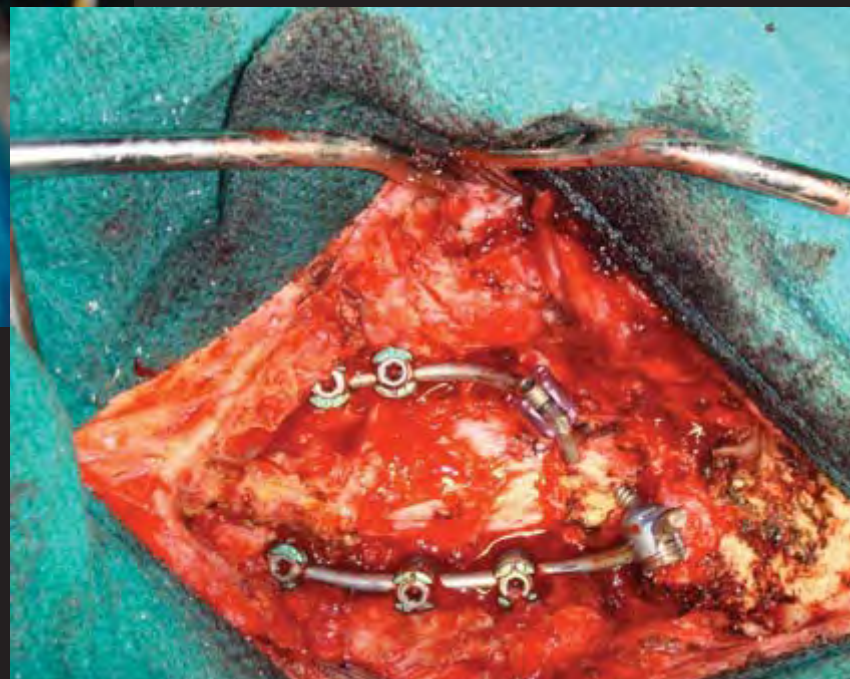
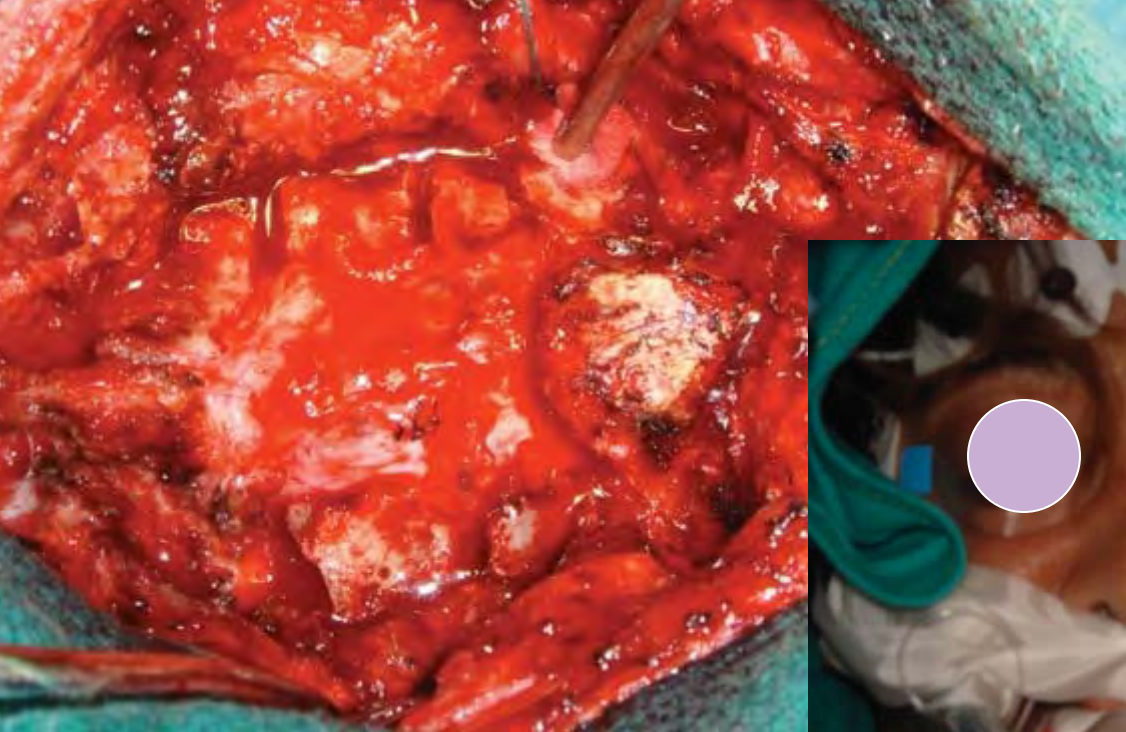


























DUMONT\*KAREN\*F\*\*  
00043296523  
CERVICAL 0.75 620i  
Cleveland Clinic CT4  
Sensation 16  
18-Oct-2006  
CT

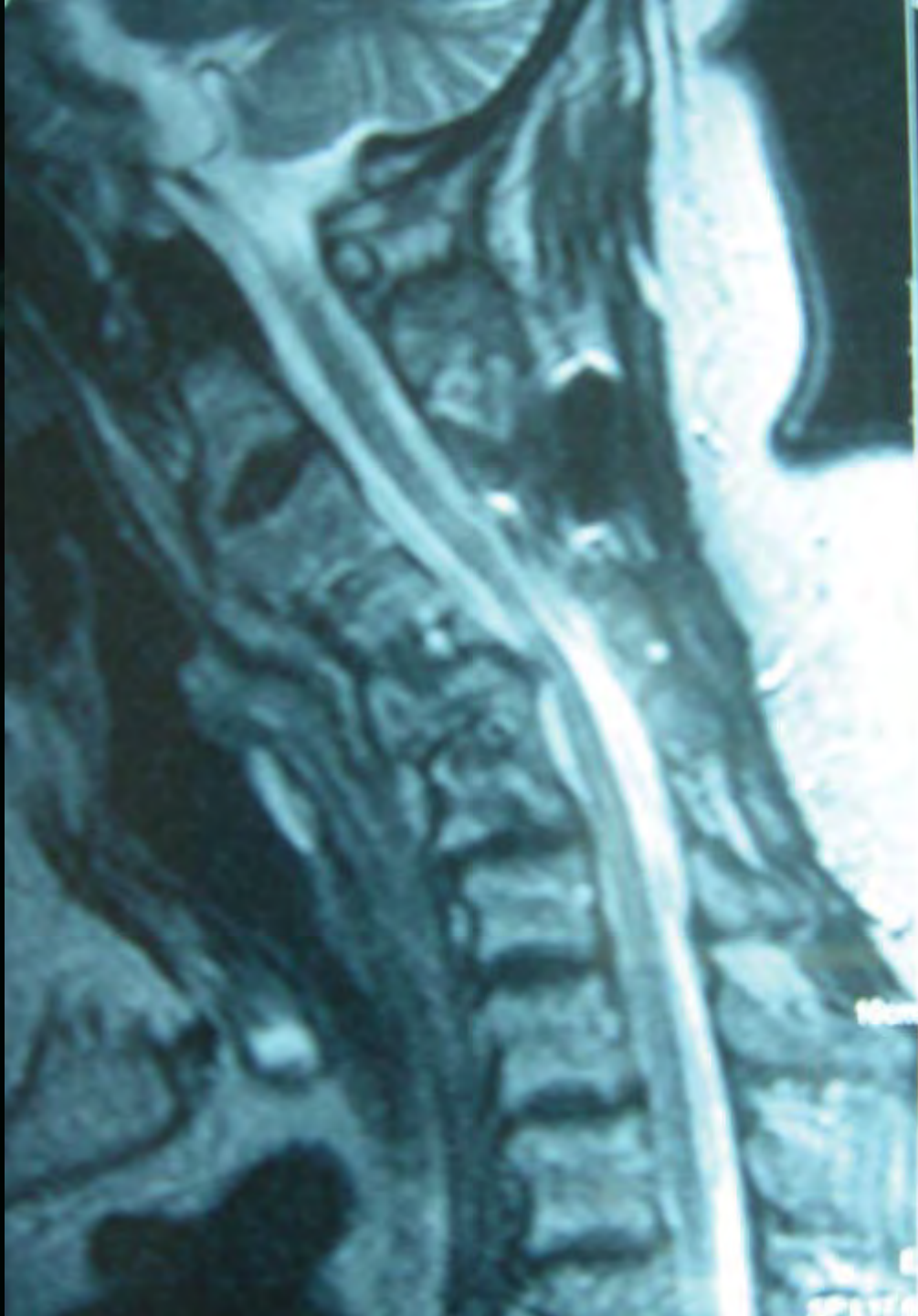
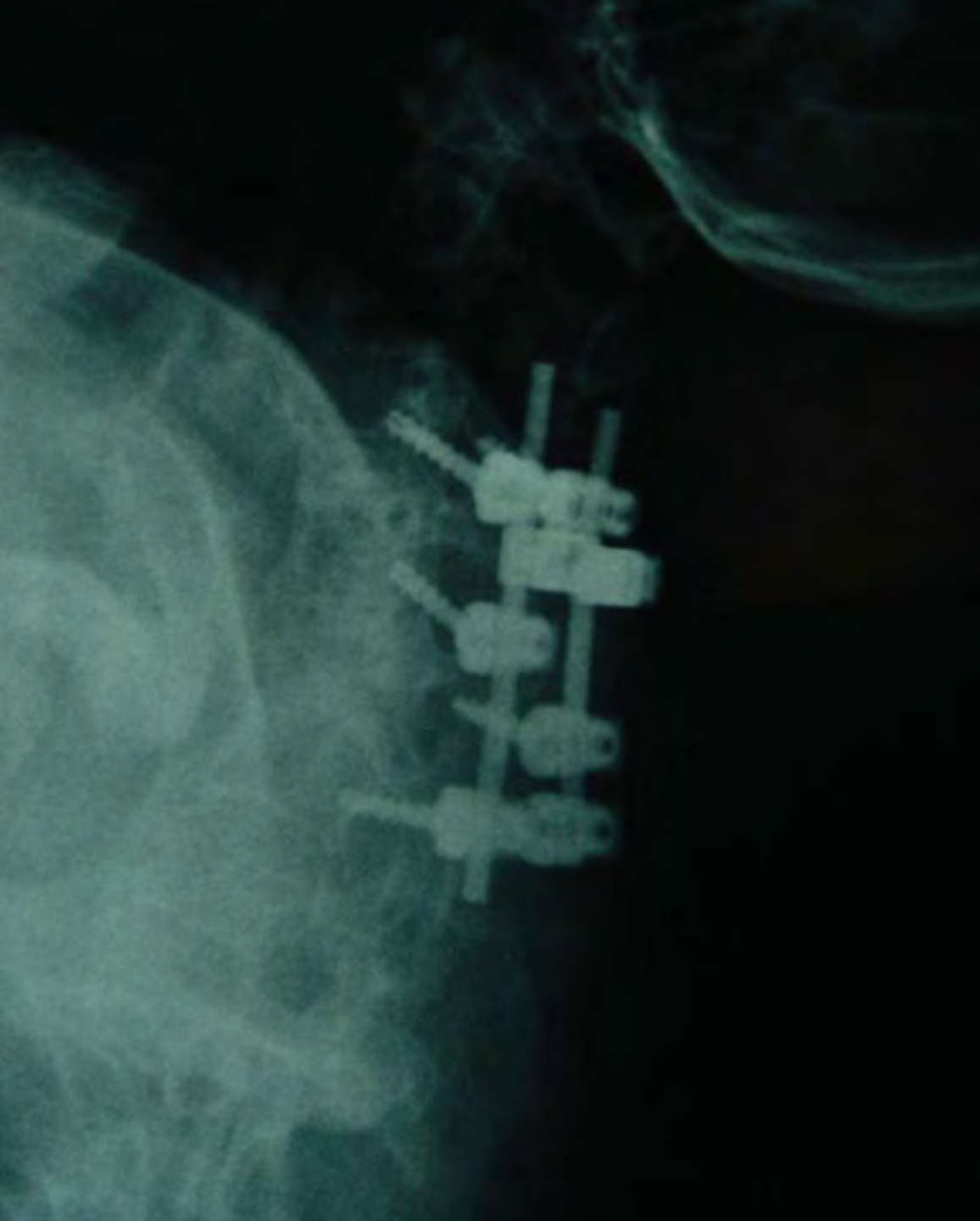


DUMONT\*KAREN\*F\*\*  
00043296523  
CERVICAL 0.75 620i  
Cleveland Clinic CT3  
Sensation 16  
18-Oct-2006  
CT



# STAGING?

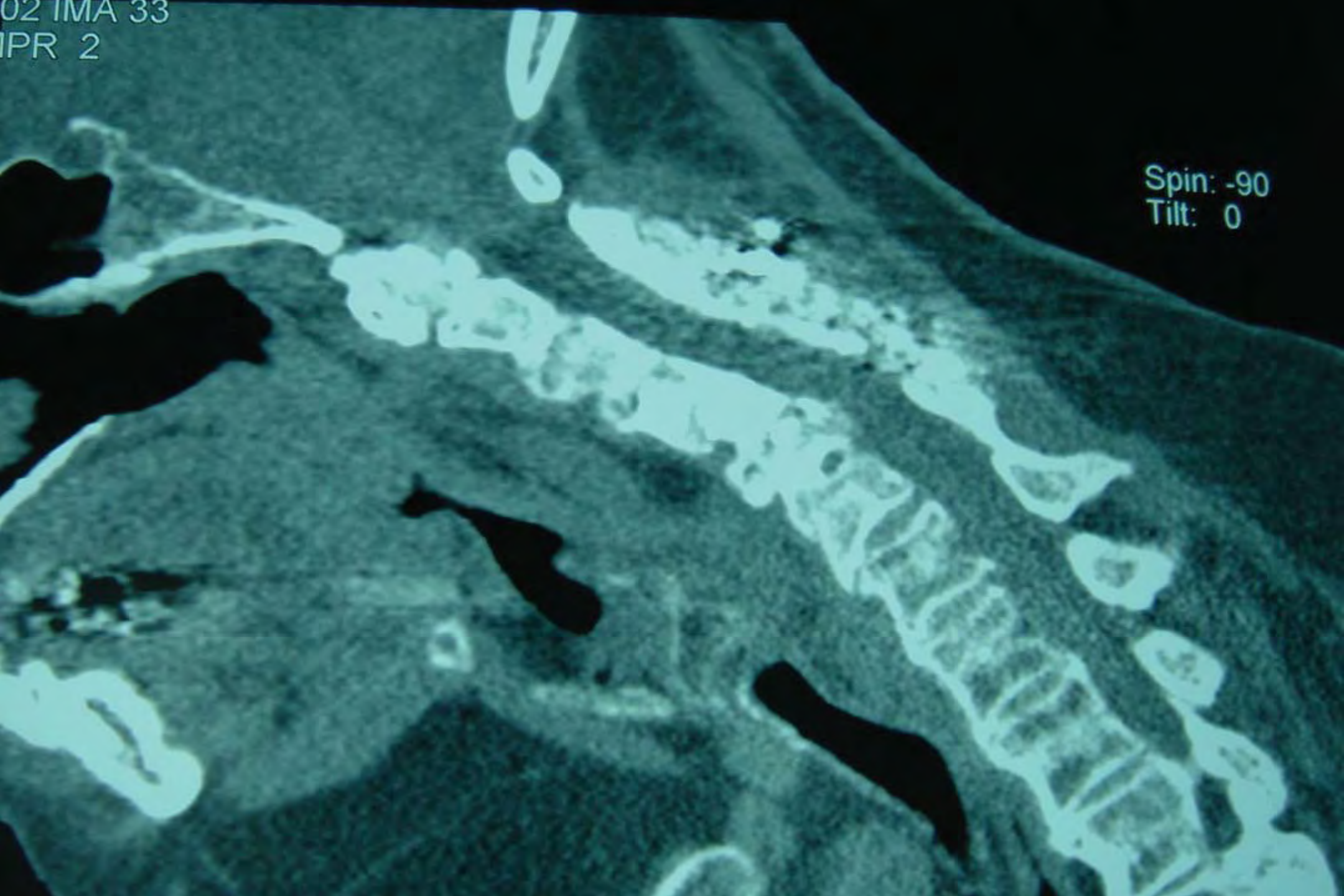






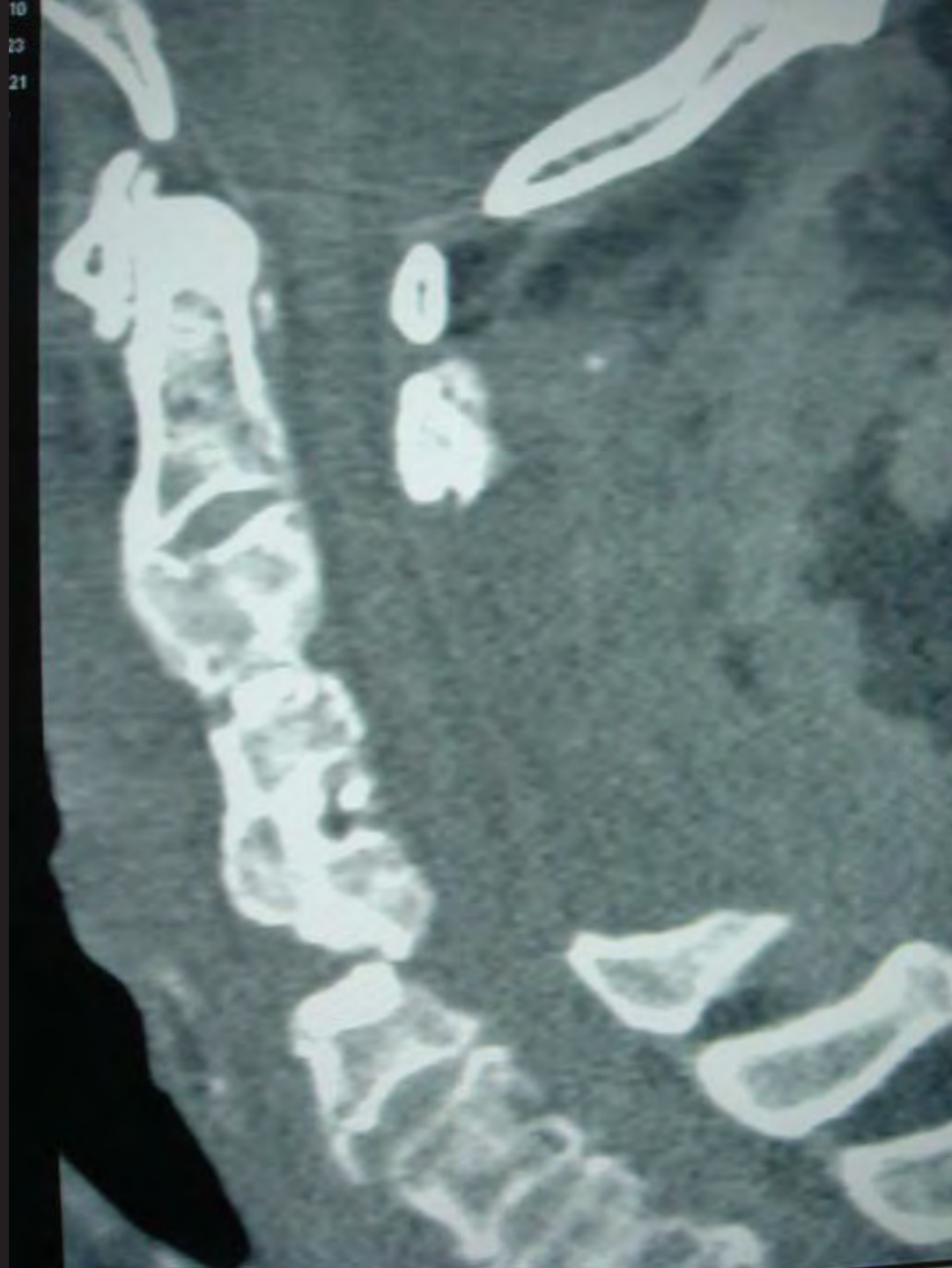
02 IMA 33  
IPR 2

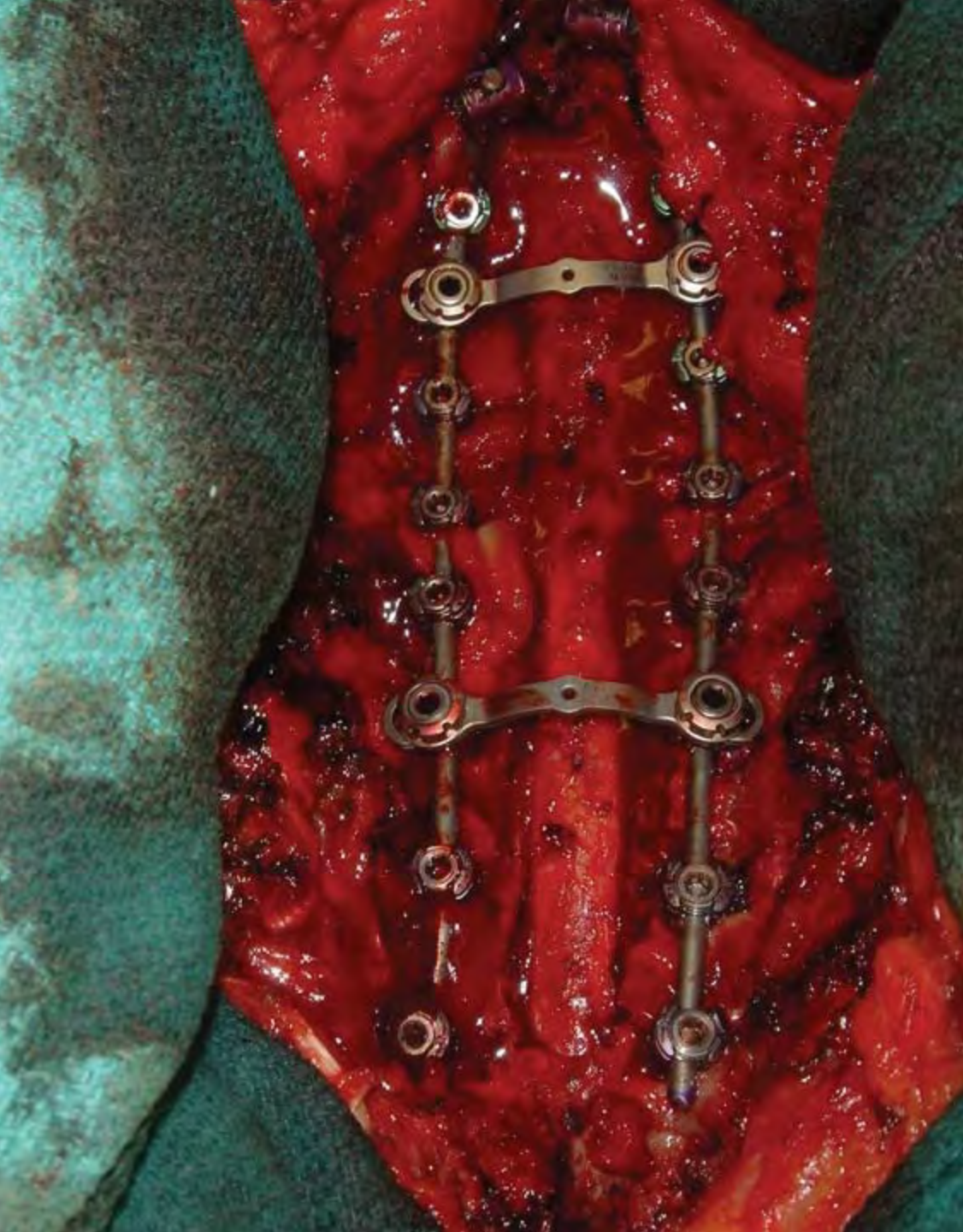
Spin: -90  
Tilt: 0





























**Dorsal  
Releasing (eg Osteotomy)  
Fixation**

**Ventral  
Releasing  
Fixation  
Correction**





# **Case Against Cervical TDA**





# Adjacent Segment Degeneration



# Adjacent Segment Disease



ASDeg

VS

ASDis



**3 Studies – Ave Followup 4.5 Years**

**Prevalance of ASDis – 9-17%**

**Prevalance / years followed  
Annual Incidence of ASDis Requiring Surgery**

**1.5 - 4% / year**

**Hilibrand AS, Robbins M. Adjacent segment degeneration and adjacent segment disease: the consequences of spinal fusion? The Spine Journal 4 (2004) 190S-194S**





846 Patients – PLF – f/u 2.8 yrs

Prevalance ASDis - 9%

Annual Incidence ASDis - 3%

Henderson CM, Hennessy RG, Shuey HM, Shackelford EG. posterior lateral foraminotomy as an exclusive operative technique for cervical radiculopathy: a review of 846 consecutively operated cases. Neurosurgery 1983; 13(5):504-12



253 Patients ACD w and w/o F  
f/u 3 years

Prevalance ASDis – 7%  
Annual Incidence ASDis – 2.5%

No Difference - w and w/o

Lunsford LD, Bissonette DJ, Jannetta PJ, Sheptak PE, Zorub DS. Anterior surgery for cervical disc disease, part 1: treatment of lateral cervical disc herniation in 253 cases. J Neurosurg 1980;53:1-11



Hilibrand AS, Carson GD, Palumbo MA, Jones PK, Bohlman HH. Radiculopathy and myelopathy at segments adjacent to the site of a previous anterior cervical arthrodesis. J Bone Joint Surg 1999; 81A(4):519-28



## 409 ACDF f/u 2-21 years

Prevalence ASDis – 14%  
Annual Incidence ASDis – 3%

### Risk Factors

Neural Element Compression at Adjacent Levels  
Surgery Adjacent to C5/6 or C6/7

Multilevel ACDF Lower Incidence of ASDis  
(12% vs 18%,  $p \leq 0.001$ )

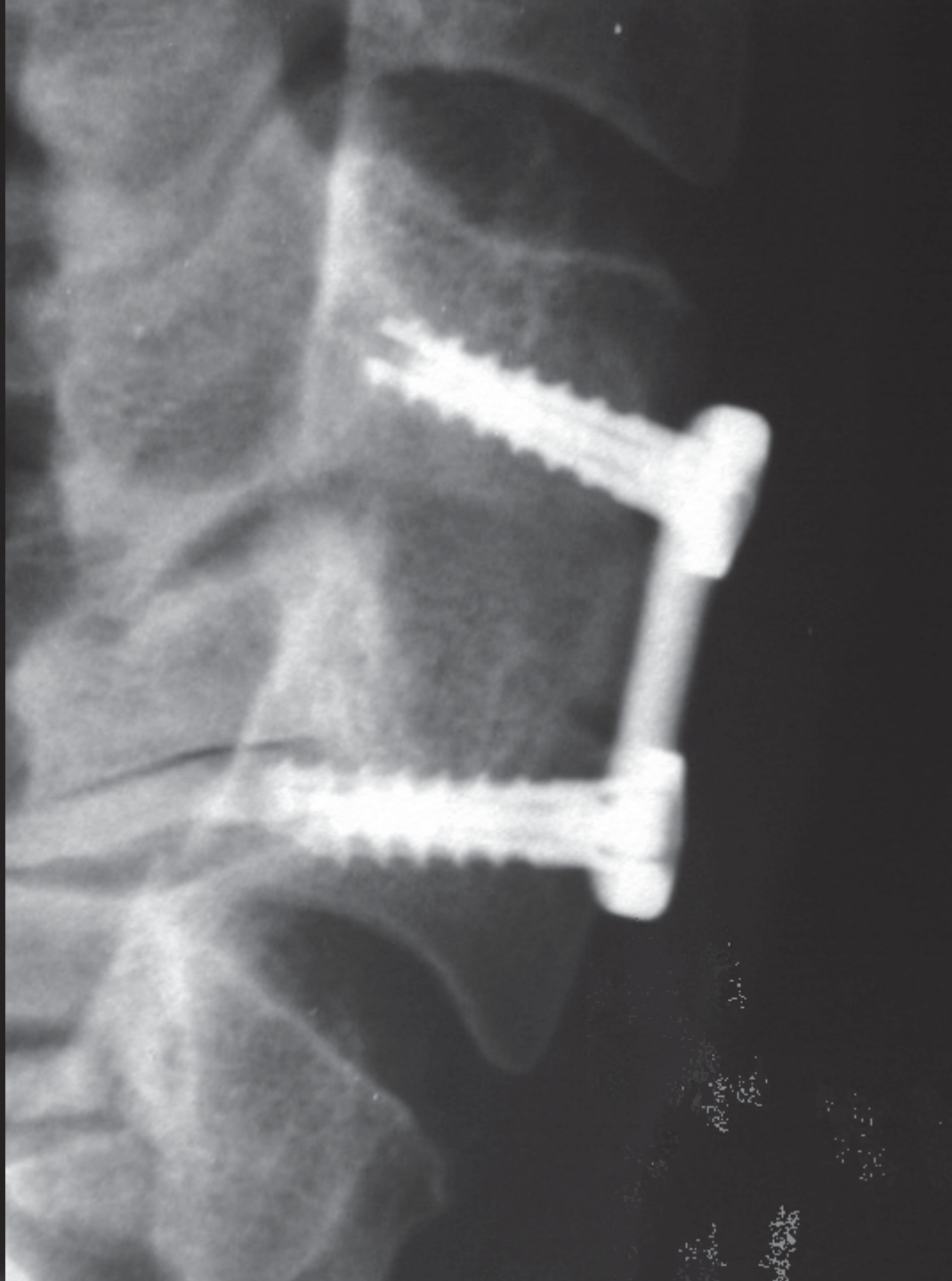
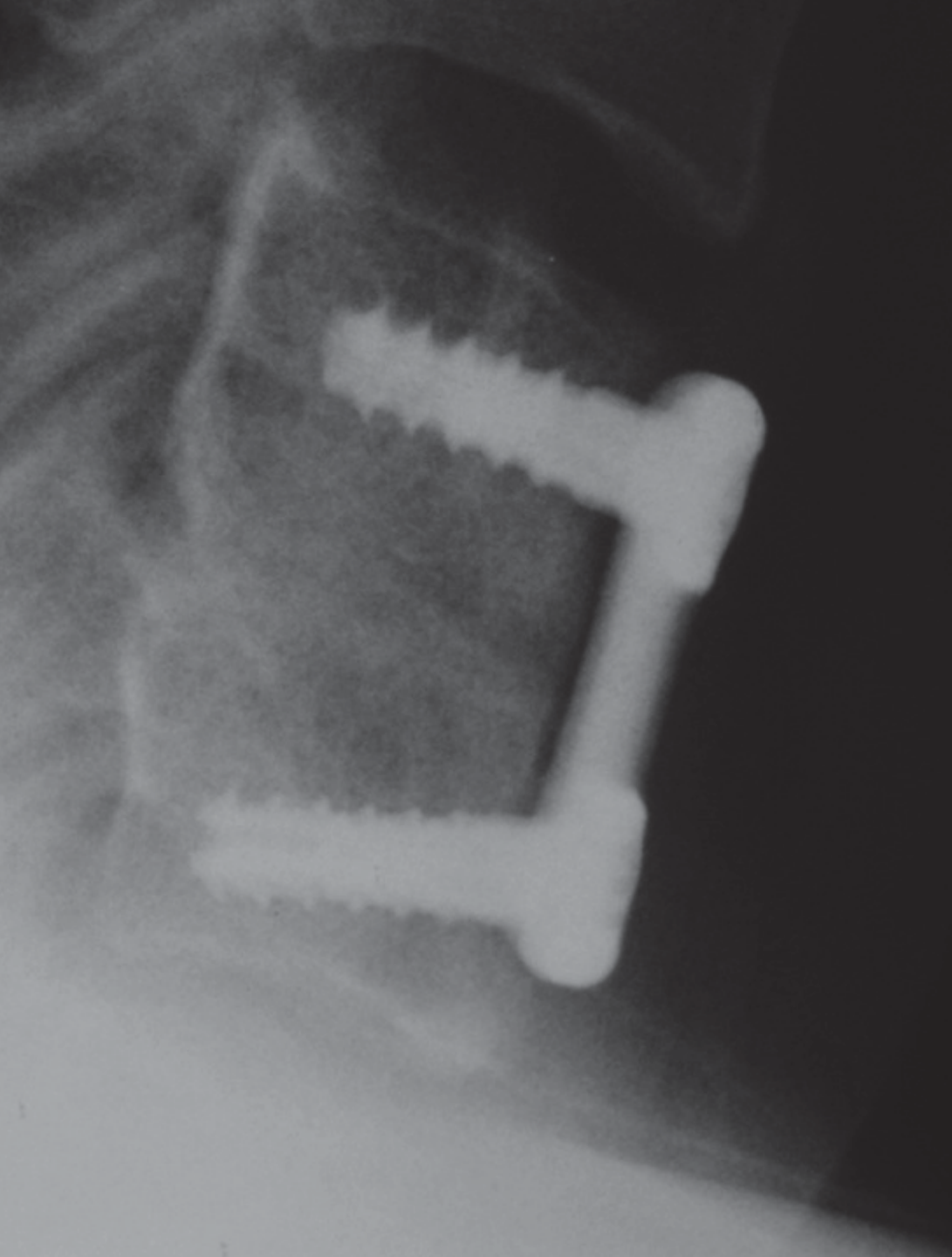




# Posture







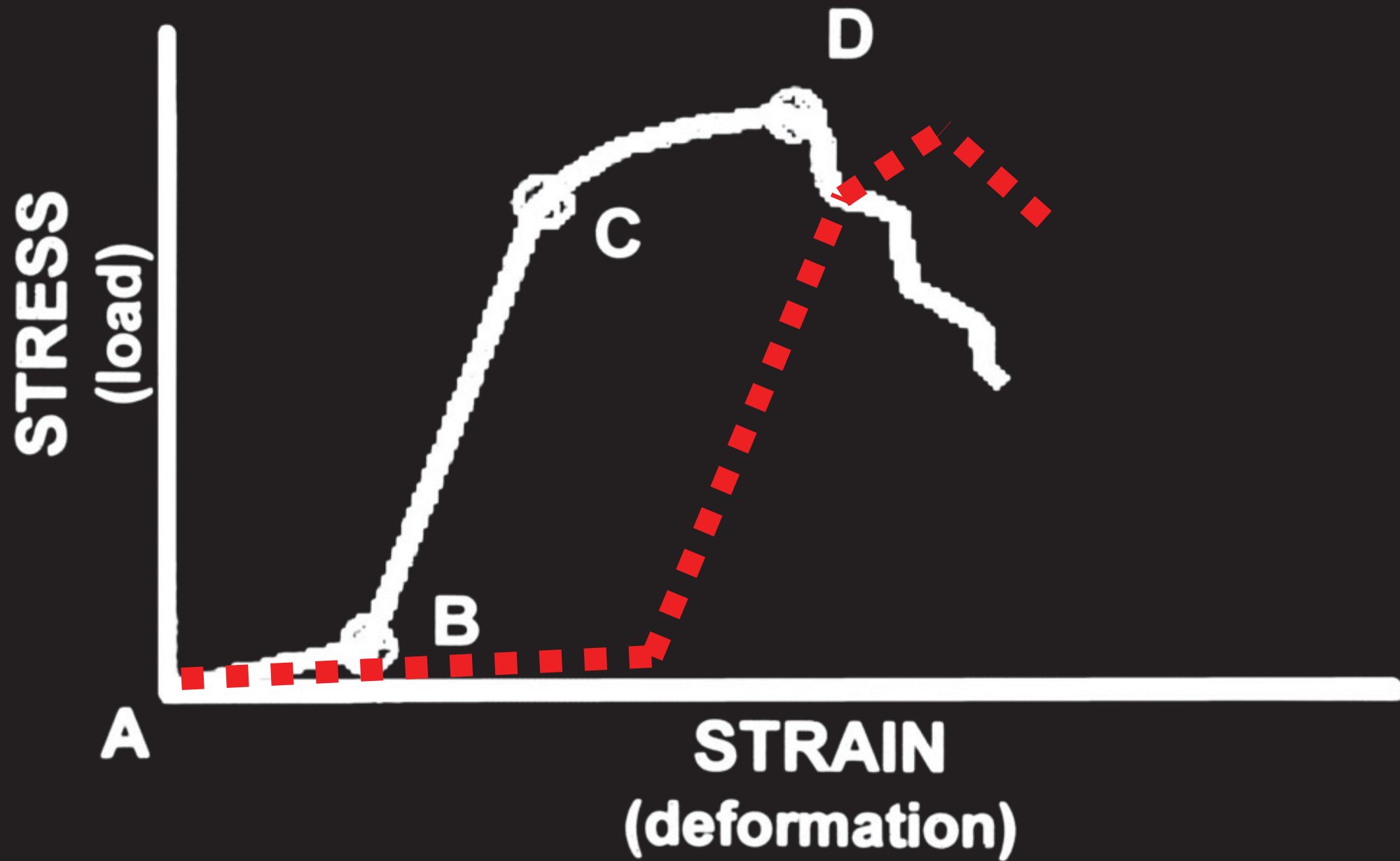
*The art of medicine is  
amusing the patient  
until nature cures the  
disease.*

*Voltaire*



**THANKS!!!**





# FLEXION AND EXTENSION

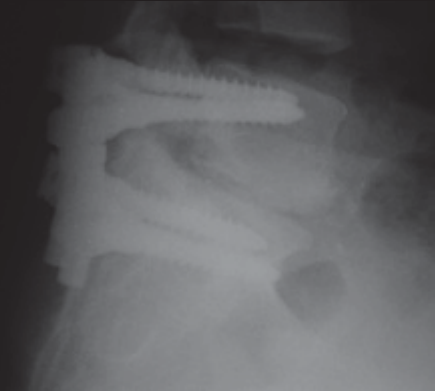
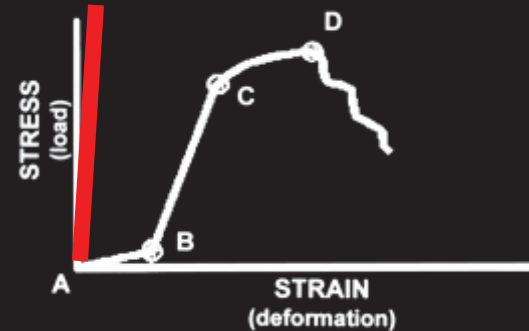
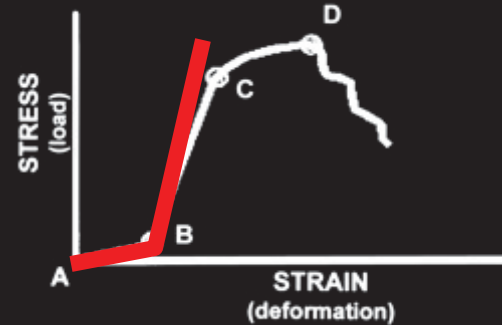
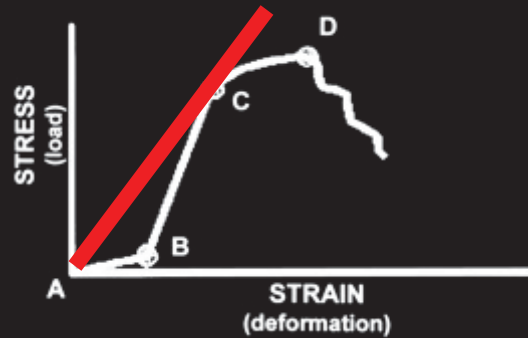
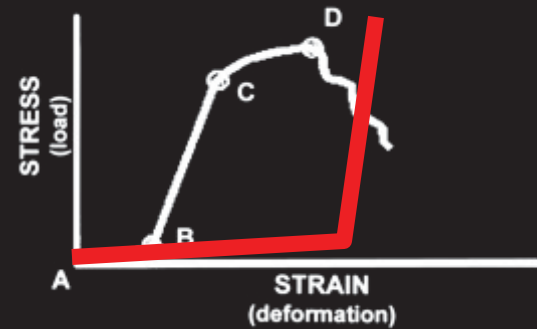
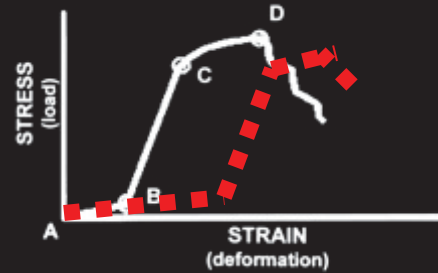
Unconstrained

Semiconstrained

Constrained

Disengagement

Engagement



# FLEXION AND EXTENSION

Unconstrained

Semiconstrained

Constrained

Disengagement

Engagement

