Brainstem (BS) tumors in adults focusing on direct microsurgery



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BS tumors: Overview Differences by age

Children

- incidence: 10-15%
- diffuse intrinsic glioma
- specially affecting the pons
- typical MRI findings are common

Adults

- incidence: < 2%
- wider variety of pathological findings

Guillamo JS et al, 2001 Laigle-Donadey F et al, 2008

Age of presentation

- median : 32.5 years old
- age ranged : 16-70 years old

Overall survival

- median: 59-85 months
- range: 9-180 months

Bricolo A et al, 1991 Landolfi JC et al , 1998 Guillamo JS et al, 2001 Kesari S et al , 2008 Laigle-Donadey F et al, 2008 Rosenthal M et al, 2008 Salmaggi A et al, 2008

Symptomatology

Headaches 44%
Gait disturbances 61%
Cerebellar symptoms 37%
Weakness in both distal limbs 42%
Cranial nerves impairment 87%
Hydrocephalus 20-30%

Guillamo JS et al, 2001 Laigley-Donadey F et al, 2008

Classification

- Historical review: Epstein (1985); Epstein &McCleary (1986); Stroink et al (1987); Barkovich (1990); Albright (1996); Fischbein et al (1996)
- Since 2000, Classification of Choux M et al is wordlwide used:
 - I Diffuse
 - II Focal intrinsic
 - III Exophytic
 - IV Cervicomedullary

Preoperative work-up

- MRI
- MR spectroscopy
- Systematic MRI exploration of the neuroaxis
- Angio-MRI or angiography are rarely necessary

MRI findings

- 50 % Diffuse infiltrating lesion without Gdenhancement
- 31 % Focal lesion with Gd-enhancement
- 8% Tectal lesion
- 11 % Other presentations

Guillamo JS et al, 2001

Diffusion tensor imaging and tractography

will contribute to surgical strategy





Phillips NS et al, 2005 Lui YW et al, 2007 Chen X et al, 2007 Helton K et al, 2008 Oppenheim C et al, 2007

Factors of better outcome

- < 40 years-old
- Duration of the symptoms > 4 months
- KPS =>70
- MRI: "no" Gd-enhancement and "no" necrosis
- Tectal localization
- bad prognosis: tumor affecting more than one segment of the BS

Guillamo JS et al, 2001 Laigle-Donadey F et al, 2008

Surgical management

Controversies in the management of BS tumors in adult patients arise because of:

- Their low incidence.
- The dismal prognosis in children has probably discouraged treatment in adults for many years.
- The complexity of the brainstem surgery. It is assumed that the surgical neurological risk would be too high.

- Since the first article of resective surgery for BS tumors in the English literature (*Bricolo A et al . Acta Neurochir Suppl (Wien) 53: 148-58, 1991);* other reports about promising surgical outcome have been published.
- However, many centers persist unwilling to perform microsurgery or even stereotactic biopsy for BS tumors in adults.
- This concern and the rationale about surgical treatment led us to treat a group of patients.

Objectives of discussion:



. the surgical management

- microsurgery
- stereotactic biopsy
- empiric treatment

Comments differences, similarities ?

Our Surgical Indications



Stereotactic biopsy for:

• diffuse infiltrative tumors

We will focus on:



Microsurgery for:

- focal tumors
- exophytic tumors
- with cystic component
- or for differential diagnosis

Surgical strategy

The principal factor determining which approach to choose is the location of the lesion.



Surgical planning focus on passing through as little normal tissue as possible and on avoiding critical structures.

Tumors of the Tectum



- Low grade glioma is the most frequent tumor
- Generally they have indolent behaviour
- 9-25% have calcifications
- Symtomatic patients or with growing lesion should be operated on.
- Surgical approaches:
 - infratentorial supracerebellar approach
 - occipito- transtentorial

Sun B et al, 1996 Lazaro BC et al, 2006 Chaddad Neto F et al, 2007 Ammirati M et al, 2002 Hauck EF et al, 2009

Illustrative Case 1

A 30-year-old patient was operated on by infratentorial supracerebellar approach with good results.



Tumors of the Mesencephalum

There are different surgical approaches according to the location of the tumor:

- anterior location: transsylvian-subtemporal (orbitozygomatic craniotomy)
- posterior location: infratentorial-supracerebellar (below the inferior colliculli and through the superior medullary velum)
- lateral location: subtemporal or transsylviansubtemporal

Shi-Ting Li et al, 2007 J.Zhong S et al, 2007 Yeh DD et al , 2002. Smith ER et al, 2003 Recalde RJ et al, 2008 Hauck EF et al , 2009

Illustrative Case 2

29 -year-old patient was operated on by infratentorial supracerebellar approach below the inferior colliculi. The tumor was partially removed.

Later on, disseminated gliomatosis cerebri was confirmed with bad outcome.





PAS 40X - Pilocytic astrocytoma - PAS 400X

Tumors of the Pons

There are different surgical approaches according to the location of the tumor:

- for lateral or anterolateral lesions: retrosigmoid approach or subtemporal-presigmoid approach
- for posterolateral or posterior lesions: inferior to the level of middle cerebellar peduncle: telovelar approach
- for posterior lesions: transvermian (less used to avoid injury to the nuclei of the VI and VII cranial nerves).

Deshmukh VR et al, 2006 Sala F et al, 2007

Illustrative Case 3

A 38-year -old patient harboring a pontine tumor.

Pre-operatively, she had an intratumoral bleeding. So, angiography was performed.

Then, she was operated on by retrosigmoid approach without complications.











Suboccipital retrosigmoid approach was performed. Electrophysiological monitoring included the monitoring of cranial nerves, and somatosensory, motor, and brainstem evoked potentials









Pathology: Cellular Hemangioblastoma



HE:cellular proliferation, atypias, xantomized cells





Scarce perivascular reticulum

Pre op MRI

24 hs post op MRI



The patient in rehabilitation 10 days after surgery



Tumors of the medulla oblongata



Surgical approaches

- for posterior medullary tumors: a suboccipital craniotomy and subtonsillar approach is appropriate
- for anterolateral medullary lesions: a far-lateral suboccipital approach might be neccessary

Kellogg JX et al, 1997 Mussi AC et al, 2000, Jean WC et al, 2003 Kyoshima et al, 2004 Morota N et al, 2006 Parker F et al, 2009

- For tumors of medulla oblongata, we performed microsurgery that offers simultaneously diagnostic confirmation and posterior fossa decompression.
- The subtonsillar approach provides an ample surgical view to the foramen of Luschka laterally and up to the middle cerebellar peduncle.
- Tumors of the medulla oblongata produce "per se" a mild elevation of the tonsils making the access easier.

Illustrative Case 4

- 41- year-old woman. KPS 90
- 6-month history of : headaches, vertigo, unsteadiness and persistent cough.



Subtonsillar approach was performed





Pathology: subependymoma







Illustrative Case 5

- A 29-year-old man.
- KPS 70
- 2 months history of: rt hemiparesis, rt hypoacusia, rt facial palsy, dysphagia, dysphonia.







Pathology: Inflammatory demyelinating disease (IDD)

Long term follow-up: the patient developed a CNS demyelinating disease (MS)





Illustrative Case 6

- 30-year-old man
- KPS 60
- 2-month history of: headaches, vomiting, gait ataxia, dysphonia, dysphagia, urinary incontinence.



Pre-op MRI



Post-op MRI





There was no complications. Post operatively, he received chemotherapy and radiotherapy.

In conclusion

• Awareness of the histopathology of BS tumors is crucial to define:



- the course of treatment
- the prognosis
- and could avoid the disastrous consequences of empiric treatments

However, we need to know more...



- Although we are encouraged to approach BS tumors in adults,
- we recognize that well evidence-based studies will be conducted in order to define the surgical outcome in large series of patients.



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